

IFS CONVERSATIONS



Special Edition 2014-16

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MESSAGE FROM THE PRESIDENT



Dear Friends,

I wish to put on record my gratitude and sincere thanks to all you wonderful people for the support given to me during my presidential term.

I had inherited the legacy left behind by my amazing predecessors and it was indeed a challenge to take their good work forward. With your help and guidance, I was able to do so. We do hope that the sincere efforts of Team 2014 - 2016 have made a difference to IFS. We helped complete the projects of the team just before us - the most prestigious being our Clinical fellowship, Journal and establishment of an independent Ethics committee.

We launched the webinars in order to reach the un reached, revived the newsletter, made good clinical practice guidelines, conducted seminars, symposia and workshops. We represented the society in both national and international conferences of other specialities in order to network with them and we have been successful in making our presence felt amongst our colleagues in other societies. Similarly we also represented to the Govt on the issue of the ART bill. We hope this too will make a difference. Most importantly, the strength of the society has grown from 900 to 1400 with 15 chapters across the country! This speaks volumes of our popularity and is all due to our joint efforts to make IFS a truly national society!

Fertivision '14 and 15 were both fabulous events one better than the other! A reputed international faculty, superb scientific content, live workshops and courses made Fertivision an event to remember in both the years.

IFS as we all know is now recognized as a national academic body engaged in promoting good ethical practises and we wish to be further recognised similarly in the international circles. I am sure with our whole hearted participation and presence in the upcoming IFFS this will also come true.

I say adieu to you all and my team with many thanks and wish the incoming team an extremely successful term!

Long live IFS!

Dr. Sonia Malik, *President IFS*

MESSAGE FROM SECRETARY GENERAL'S DESK

Dear colleagues and friends

Welcome to Fertivision 2015 - IFS News Letter!

Since 2005, The Indian Fertility Society has paved a way to awareness and expertise development in Infertility and Human Reproductive Biology for the medical guild. It provides a platform for interested professionals to interact, share knowledge, and keep up with vast advances in this field on a continuing basis.



Today, it has become a well reputable academic society with more than fifteen hundred members in fifteen chapters spread all over the country. IFS is affiliated to the International Federation of Fertility Societies (IFFS) since 2007 and has been given the honour of hosting the International meeting of IFFS jointly in 2016 in New Delhi, NCR.

IFS believe that progress lies in training and research. The society has been holding regular CMEs and workshops in the field of artificial reproductive technologies to promote the latest innovations. The IFS conference 'Fertivision' is held annually and attended specialists and experts in the field from all over the world. True to its goal to foster research and education, the IFS ART clinical fellowship was started in 2014 at various centres of excellence in India. In the near future we intend to begin IFS clinical Embryology course.

The IFS team set down the first Consensus on Evidence-based Good Clinical Practice for the management of Polycystic Ovary Syndrome in India, which has proven to be a key guide in its management for the medical fraternity. We have been publishing regularly updated quarterly e bulletin-IFS Vision, as well as conducting periodic Webinars. This IFS - Vision e- bulletin has been consistently brought to you by our web editors and provides much scope for encouraging discussions and better clinical approach. To continue this commitment we have also introduced a peer-reviewed online biennial journal -Fertility Science and Research.

Dr. Sudha Prasad, *Secretary General IFS*

MESSAGE FROM THE TREASURER



I am privileged and proud to have responsibility as a Treasurer , Indian Fertility society (2010-2016).IFS since its formation have been dynamic in updating professional working in infertility treatment through prestigious conferences. Our society is becoming the first choice amongst Indian Infertility Professionals which is proven by a continuous increase in memberships and extra ordinary attendance of delegates in all Fertivision Conferences.

As Treasurer, I am pleased to inform, that IFS has now been registered under 'Section-12AA' on 09/07/2012 & 'Section- 80G' on 02/07/2014. Registering under both these income tax sections, now entitles IFS to exemption to Income Tax as applicable to entitlements. At the same time, the yearly filing of returns of IFS has now been streamlined & systemized, which is now being done religiously year after year.

IFS encompassed several objectives which turned into a roadmap that we plan to attain for serving the profession. These objectives vary from effective presence to professional development. This could well be achieved by intensifying our training courses, activating and strengthening our cooperation & coordination with all international regulatory as well as professional bodies. This goes in parallel to our active international presence of Stalwart Infertility Specialists and monitoring of professional development.

The advancement of the Association is our objective and the latest milestone in this direction is IFS Fellowship and Embryology Preparatory Course for ESHRE exams. IFS fellowship has shown a great response and stands successful in creating qualified specialist in treating infertility among Indian population. Embryology Preparatory Course is a breakthrough in achieving international certification for embryologists and it is followed by numerous embryologists as well.

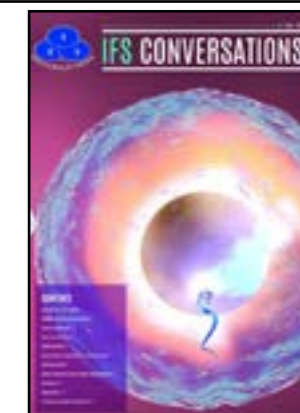
On behalf of Indian Fertility Society I wish best of luck in your objectives to contribute, share & enhance your knowledge in the field of infertility management.

Dr. K.D. Nayyar, *Treasurer, Indian Fertility Society*

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FROM THE EDITOR'S DESK



Dear friends ,

Finally the time has come to say good bye to you all after a wonderful stint as editorial staff for conversations .Time has flown by and we have learnt a lot in past year and a half . We took out our first edition of conversation a year back and this has been an amazing experience for the entire editorial team . Organizing messages , images and articles all across the chapters of IFS was not only challenging but provided us with rare experience of reaching out to all of you and putting across your thoughts to nearly every one in country. These were the initial few bulletins we had edited and were distributed electronically and personally through our esteemed chapter secretaries. We made an sincere attempt to bridge the gap between the secretariat and Nation wide members with constant two way communication in order to project IFS activities.

Our previous issues have been focussed and theme based covering different aspects of infertility treatment and response has been very encouraging and positive. This issue is focussed on the achievements of our society in past 2 years. We have tried to cover various programmes of IFS at national and chapter level and also touched on various flag ship programmes of IFS. Emphasis is on networking programmes with other National and international societies , pharmaceutical industry and more than anything our friends in far flung territories of India .

True attempt has been made to highlight the achievements of the outgoing governing body and our pan India chapters . Our chapters secretaries have worked extremely hard and this special editorial issue will make appropriate attempt to highlight there enormous achievements . As with all of us we may have done some mistakes or had lacunae which we are sure would be corrected by the new editorial team .As aptly said 'Rome was not built in a day ' our team will always strive hard to take this little initiate forward forever .

The generous support from Merck Serono Mumbai, India has been considerable and made our Newsletter a success story. Besides our graphic designers and printers who have been there at eleventh hours with their inputs put their best efforts and fine-tuned our pages. Overall it has been a great experience for the editorial team interacting with all who made IFS Conversation a success. Aptly it has been a platform where we have expressed and conversed with our colleagues in all means.

We wish you all a wonderful Holi the festival of colours which is just a few days away . May this festival fill our lives with vibrant shades of happiness , contentment , personal growth and foremost of all thanks giving to all who touch our lives everyday .

Jaihind !



Dr. Neena Malhotra
Editor IFS



Prof. (Dr.) Pankaj Talwar
Joint Editor IFS

ELECTION REPORT

Election was held for the post of President 2018 -2020 and Dr. Gouri Devi was elected with Dr. Sonia Malik as the election officer. The current team of 2016 - 2018 is being led by Dr. Sohani Verma.

TEAM IFS 2016-2018 :-

President Elect	Dr. Gouri Devi
Vice President	Dr. Sudha Prasad Dr. Sushma Sinha
Secretary General	Dr. K.D. Nayar
Joint Secretary	Dr. Pankaj Talwar
Treasurer	Dr. Neena Malhotra
Joint Treasurer	Dr. Rashmi Sharma
Editor	Dr. Bharti Dhore Patil
Joint Editor	Dr. Surveen Ghumman
Web Editor	Dr. Leena Wadhwa



Dr. Sohani Verma



Dr. Gouri Devi



Dr. Sudha Prasad



Dr. Sushma Sinha



Dr. K.D. Nayar



Dr. Pankaj Talwar



Dr. Neena Malhotra



Dr. Rashmi Sharma



Dr. Bharti Dhore Patil



Dr. Surveen Ghumman



Dr. Leena Wadhwa

NEWS LETTER
IFS CONVERSATION

Neena Malhotra

Editor, Indian Fertility Society

It's time to recon for the editorial team as we move forward to the last quarter of our tenure with the executive team. Looking back time seems to have moved at a rather fast pace as Dr. Pankaj and me from the editorial team got down at the beginning of the term in April 2014 conceptualizing the first edition of our newsletter to compiling and editing the recent issue of the newsletter.

Truly the Brain child of our President Dr. Sonia Malik, the newsletter was a make-over of the ones which came from the society in previous years. Not only was the content added or modified, it was christened as "IFS-Conversation". The editorial team including Dr. Pankaj Talwar and me geared up to remodel the content and also the frequency of newsletter. It has been a quarterly event with three issues published and the fourth one to be released during the 11th Annual Conference-FERTIVISION 2015. While a lot of effort was put in the style and format we changed the content as well. Some of these included a theme topic for each issue, news from our chapters, Gagget watch, conference alerts and Updates on National and International events including participation at the same by our members at the same. The theme topic was the focal point of our newsletter with contributions from an international faculty-someone who was an authority on the subject, and by National faculty on the theme. The themes included Quality assurance in IVF, Male infertility and Endometriosis. Dr. Adrienne Pope, the past President of Fertility Society of Australia, who deliberated on Quality management in ART practice contributed to the first issue. Dr. Sandro C Esteves from Brazil an authority in andrology contributed to the edition with surgical sperm retrieval techniques when male infertility was the theme of our newsletter. Prof. David Adamson, past president of ASRM and chair FIGO infertility committee was our guest for the edition with the theme on Endometriosis. His article on the much accepted Endometriosis fertility index was an excellent contribution from a pioneer on this subject. The National faculty from across the chapters and centre came out with their writing skills as we hardly edited what came from them on these theme topics. Case discussions and reports relevant to the theme topics that were published from the members this was an opportunity to share and discuss difficult scenarios and review literature on same. The academic impact of the newsletter has aptly improved with this section of the newsletter.

The chapter activities were highlighted in the section- "News from the chapters" which was a platform that show cased activities at the center including the webinar: HOPE a webcast training programme on infertility management, PCOS guidelines, clomiphene survey, IFS fellowship, to name a few. From the 12 chapters we had loads of activities which were compiled by us including CME, conferences, updates and IUI workshops conducted regularly. Truly the newsletter was a boost to our chapters and each chapter excelled trying to outperform each other. Looking back at each edition there seems a sense of accomplishment while at the beginning we compiled activities from few chapters to finally 12 chapters enthusiastically

sending their performances both as text and pictures.

The icing on the cake was the "Gadget Watch" compiled painstakingly by Dr. Pankaj Talwar, where-in inputs not only on the specifications relevant to equipment but the contacts of Indian and international dealers were provided to our readers. This has guided many of us as regards updating our labs in andrology and embryology alike on key equipment's as Time lapse imaging system, bench-top and triple gas table-top incubators. This I am sure would have helped our IFS member's clinicians and embryologist alike.

The section on conference alerts was a serious endeavor of the editorial team to hunt from all possible websites and sources on events International and National on activities relevant to Reproductive medicine so that our members could make the most of it. Needless to say attendances at International and National conferences was remarkable as we had note-worthy presentations at ESHRE and ASRM in 2014 and 2015 besides others.

IFS ART
FELLOWSHIP (CLINICAL)

Dr. Umesh N. Jindal

Vice president IFS, Chandigarh

India's first officially reported IVF baby was born in Mumbai in 1982. Even before that, "Durga" was born in Kolkata in 1978 just a few months after the birth of "Luis Jo Brown" world's first IVF baby. Twentieth century witnessed the growth of IVF centres parallel to the increasing success rates and social acceptance. Since then, IVF has slowly progressed and now, nearly 1-4% of all births in developing nations occur as a result of in-vitro fertilization. IVF in India has grown at an enormous pace. Thousands of centres have come up even in second and third tier cities.

In late eighties and nineties, many IVF centres in India started coming up in metropolitan cities. Most of the pioneers had visited centres abroad for training. Many centres developed IVF on their own after short visits to other places. Prof B.N. Chakravarty's centre in Kolkata is one of those rare centres which opened their doors for training for others who were interested in developing IVF. There was hardly an IVF specialist in India who had not visited him and his centre at least once. An expansion of centres required trained doctors, embryologists and technicians to run the services. The centres which were established by the turn of century received numerous requests from the young OBGYN postgraduates for training. I myself conceived the idea of starting a formal training program after observing the success of IVF centres started or managed by a few doctors who had earlier worked with me at my clinic in Chandigarh and had learnt IVF procedures during their service.

As a pilot project, I started fellowship programme at my centre. There was instant response. Over a three year period, 7 fellows were trained who could start their own IVF set ups. Presently, more than 5000 centres are likely to be functioning in India. However, only a handful of training program has opened up. Some of the recognized training programmes include the Fellowships of National Board, Manipal University and Rajiv Gandhi University, Karnataka. The Federation of Obstetrics and Gynaecology Societies of India had also started a six month training programme. But these programme were too few to fulfil the demand.

Since IVF was not on the priority list of Government health service, only a handful of IVF centres exist in the government sector. Therefore, Post-doctoral training programmes in ART could not develop in most of the recognized training institution. Considering all these facts, the IFS took initiative in starting the ART clinical fellowship.

I submitted a draft proposal in December 2013 to the Executive Body. The proposal was accepted in principle. An Education Committee was constituted to finalize the proposal. The Committee included Dr. Nalini Mahajan as convener, Dr. Pankaj Talwar, Dr. Sandeep Talwar, Dr. Kuldeep Jain, Dr. Sonia Malik and Dr. Sudha Prasad and myself as course co-ordinator.

The outline was prepared and accepted after many revisions. Second step was to invite applications from the executive committee members for their centres to be recognized for training centre. After scrutiny of 18 applications, 12 centres were short listed depending upon the work load, commitment to teach, facilities and adequacy of teaching faculty of the centre. Of these 12 centres, one centre of Maulana Azad Medical centre had to be cancelled due to the bureaucratic hurdles.

The next step was to invite applications for fellowships. First entrance examination was held in Pune during Fertilisation 14. The centers were allotted according to the merit list and candidates preference. Eleven candidates joined w.e.f. 1st March 2015 at 7 centres in Delhi and one each in Chandigarh Jodhpur, Pune and Lucknow. (Table)

A detailed curriculum and guidelines for teaching were prepared. Theory course was divided in seven monthly modules. Taking turns, one centre organized one meeting each. The Fellows were given the opportunity to present seminars. A research methodology class was also organized with the help of Abbot India Ltd.

The satisfaction and popularity of the programme can be judged by the number of applications received for 2016-17 batch i.e. 49 for 11 seats.

The successful start of fellowship programme is also a testimony of and able leadership provided by Dr. Sonia Malik President IFS, Dr. Nalini Mahajan a great teacher and very constructive suggestions given by Dr. Abha Majumdar, Dr. Kuldeep Jain and Dr. Shweta Mittal. Untiring efforts for planning and conduct of examination by the Team Incharge, Dr. Pankaj Talwar, Dr. Sudha Prasad and Dr. Sandeep Talwar is remarkable.

The fellowship programme has given an opportunity for the young aspirates to learn the science and art of ART. At the same time, it has also brought IFS at par with many international societies like ESHRE and ASRM in fulfilling the social obligation of dissemination of knowledge and supporting young scientists. The clinical fellowship programme also opens doors for starting other programme in clinical Embryology, Nursing, and Counselling, etc.

I also like to profusely thank all the colleagues in the IFS, the training centres and IFS Fellows for whole heartedly supporting the programme.

"The wealth you accumulate and leave behind will be used by somebody. The knowledge will go with you unless you pass it on the next generation."

The legacy must continue.

CENTER ALLOTMENT LIST 2014-2015

S. N.	Name	Center
1	Rhythm Ahuja	Sir Ganga Ram Hosp. Old Rajindra Nagar, New Delhi
2	Deepika Jagga	RIDGE IVF , 30 Malka Ganj Road, Jawahar Nagar, Delhi
3	Isha Khurana	Institute of Reproductive Medicine and IVF Centre, Chandergupt Road, ChankayaPuri, New Delhi
4	Simrandeep Kaur	NOVA IVI, B 2/1 A Safdarjang Enclave, Africa Avenue, New Delhi - 110029
5	Sheetal Jindal	Jindal IVF & Sant Memorial Nursing Home, # 3050, Sector 20 D, Chandigarh
6	Archana Singh	Vasundhara Hospital, 11/II Nandanwan, Chopsani Housing Board, Jodhpur
7	Kiran	Kuldeep Jains IVF and laparoscopy Center, 23-24, GaganViharMain Road (Near Karkardooma Flyover), Delhi - 110051
8	Anika Mohan	Akansha IVF Centre, Mata Chanan Devi Hospital, C-1 Janakpuri, New Delhi, India - 110058
9	Neeti Chhabra	Southend Fertility Centre, HOLY Angels Hospital, P No- B, Behind Priya Cinema, BasantLok, Vasant Vihar, Delhi
10	Monica Gupta	Ssmile IVF Center, 1162/3, Shivaji Nagar Behind Shimla Office, Pune-411005
11	Tripati Bansal	Ajanta Hospital, IVF Centre, 765, ABC Kanpur Road Alambagh, Lucknow



CENTER ALLOTMENT LIST 2016-2017

NAME	CENTER
Jasneet Kaur	NOVA IVI
Garima Sharma	SGRH
Rachna Jindal	Southend IVF
Anudeep Arora	Akansha IVF Centre
Anju Madhavan	Primus
Suyasha Vyas	Vasundhra Hospital
Manisha Jain	Jindal IVF Center
Divya Kumar	KJIVF
Sajad Khaliq Wani	Ridge IVF
Shweta Rattilal Shingi	Ajanta IVF Center

IFS JOURNAL

With the Launching of "Fertility Science and Research" an official journal of Indian Fertility Society, we initiate a conceptual framework for thinking and writing about research, in different areas of infertility and Assisted Reproduction. The framework takes the form at three levels: (1) Focus areas of the research practices through which the journal aims to achieve excellence and strengthen its profile and visibility (2) Strong base of the editorial Team, a mix of highly acclaimed academicians professors and dedicated experienced reviewers (3) Active readers will be able to be useful for the clinician, researchers, embryologist and reproductive Biologist with Gynecologist.

The publication is a peer-reviewed online journal with semiannual print circulation. The journal's full text is available online at <http://www.fertilityscienceresearch.org>, allows free access to its contents and permits authors to self-archive final accepted version of the articles on any OAI-compliant institutional/subject-based repository, with facilities like Time bound-peer review system, Triple Blind Peer reviewed method. This journal will have Editorial, Review articles, original articles from clinical, embryology and newer technology areas, Case reports and Book reviews, with aim to publish original articles, critical review of Published articles in Indian perspective, to promote debate & consensus in controversial field and make a stand in the world academics and make FSR journal in the Index Category with High Impact factor.



IFS ART FELLOWSHIP (EMBRYOLOGY)

After the great success of the IFS clinical ART course the society is launching another flagship teaching Programme for training of embryologist in India. As per the rough estimate nearly one-lac IVF-ET cycles are carried out in India every year. The exact number of Egg sharing cycles is not known but approximately they will amount to 10% of the IVF cycles. This entails proportionate amount of Andrology work. Out of total cycles bring carried out approximately 20,000 cases will require cryo banking and 40,000 cycles may require ICSI. As per rough estimate equal amount of IUI cycles are carried out in our country. New IVF centers are opening up at a very fast pace. However our country has very little number of qualified embryologists. As per our calculation approximately 450 embryologist exists for 4000 centers in India. We have less than 50 MCE qualified embryologist and only 100 have more than 10 years experience. Roughly one embryologist is visiting nearly 6-8 centers in the country and this is affecting the outcome of the IVF cases. There are very few post-doctoral structured training programs in embryology in India and thus a huge unmet need for such courses exists.

Keeping this in mind IFS clinical embryology programme is being designed to train future generations in the sub specialty. We plan to train 12 candidates every year as per ICMR guidelines. The course will be conducted at IFS accredited centers and would be of 1 year duration.

2nd Announcement

**Indian Fertility Society
ART FELLOWSHIP (Clinical Embryology) 2016-2017**

Entrance Exam

Date: 25th March 2016, 3 PM
Venue: ART Centre, Army Hospital (Research and Referral), New Delhi
Viva: 130 marks
Theory (MCQ): 170 marks

Course starts: 1st week of April 2016
Number of seats: Ten (10)
IFS will not pay any expenses toward travel or stay for the examination.

Course Charges and details

Entrance exam: Rs 1500 (One thousand five hundred only)
Course charges: Rs 2,50,000 (Two lac and fifty thousand)

The candidate will be required to complete urgent testing in an IFS recognized center for 4 months followed by post-semester for 2 months (6 months).

The candidate must be a member of IFS. If he/she were not a member then candidate would be required to become a member.

Syllabus for entrance exam

ICMR Guidelines, Basic Human embryology, Human cell culture, Genetics, TQM, basic sermenology and Anatomy, pathology, Physiology of reproductive system.

Eligibility for the course

Full time Postgraduate / Graduate or PhD/MSc in medical sciences from a recognized Institute in India.

Distance learning / Part time qualifications or Trg./Correspondence degree holders are not eligible.

Address for correspondence and contact details

secretariat/Examination cell - Indian Fertility Society, IVF & Reproductive Biology Centre, Dept of Obstetrics and Gynecology, MAMC, New Delhi.
FS web site: www.ifsindia.org Ref for centre list and 1st announcement
Course director: Prof Kuldeep Jain (9810018951)
Course coordinator: Prof Pankaj Talwar (9810790663)

IFS SUGGESTIONS FOR ART BILL

Indian Fertility Society ("IFS"), being an academic body comprising of professionals pursuing Assisted Reproduction Technology ("ART") in the country felt that it must give an opinion on the ART bill. IFS went over the bill clause by clause and took legal clarifications and guidance on the document. All executive members gave their inputs each of which was important considering their vast experience in the field. The IFS is also fully cognizant ethical issues arising out of third party reproduction more due to emergence of unregulated ART banks that are being run by any unqualified and under qualified persons. It is imperative that the government first lays down strict regulations for the formation and functioning of these banks before any regulations are clamped on the ART specialists

In this regard IFS put forward its opinion that, any regulatory framework must seek to strike a balance between the care of patients and the autonomy of doctors to provide the best possible healthcare. The Bill, providing a strong foundation for regulation, has a number of shortcomings, which if remain unaddressed, may have dire consequences for the sector and stunt the development of ART as a whole in India.

The broad comments on the position of the Bill is

Foreign surrogacy: The prohibition on surrogacy for foreigners except for NRIs, PIOs and Indians married to a foreigner is welcome and will lead to a reduction of unethical practices.

Establishment of National - and State-level Advisory Boards and Registry: The establishment of the various regulatory bodies to regulate the practice, research and policy surrounding ART is a welcome move and the IFS would extend its support to the success of these bodies.

Liability of ART clinics: The provisions relating to liability of ART clinics and placing burden of proof on them to prove otherwise is draconian, vague and will severely limit the development and expansion of the ART field. Similarly, the criminal offences

and punishments are extremely vague and disproportionate. Going by the current draft, an ART practitioner could be imprisoned even for failing to file certain-non-essential documents.

In relation to specific policy decisions:

- The prescribed age limits for any ART procedures for males and females is now 23 to 50 years. There is a mismatch especially on the lower side as the legal age for marriage is 18 years. As a result, a woman will have to wait for 5 years, even if there is tubal block or severe OATs.
- Egg sharing status between 2 patients not mentioned in the new draft.
- Embryo donation is not mentioned in the draft. It is mandatory that we limit the upper age for women under-going pregnancies by both procedures that is by oocyte donation as well as by embryo donation. This will play a significant role for the health of both the gestational mother and the unborn child.
- The composite age of intending parents have to be limited to 90 - 105 years for pregnancies resulting from oocyte or embryo donation. The upper limit for pregnancies from oocyte donation; this should be made clearer and must be emphasized for embryo donation as well.

Most irregular practices in IVF and ART arise in respect of surrogacy or oocyte/embryo donation. This is largely due to the involvement of unregulated / unlicensed agencies calling themselves ART banks. Regulation must be focused at this level to check malpractices and ensure that strict standards are followed.

Of the different rights that have been read into the Right to Life included are the reproductive rights of women to procreate, to choose not to. The Supreme Court as well as various High Courts have commented on this right in detail and have clarified its scope - including in relation to ART such as IVF and surrogacy. Keeping that in mind, IFS hopes that there would be action on these points.



IFS - IUI WORKSHOPS 2014-2015

Indian Fertility society in collaboration with Sanofi conducted IUI workshops in various parts of India in 2014-2015. The chairperson was Dr. Kuldeep Jain and Co Chairperson was Dr. Rashmi Sharma for these workshops.

It is an endeavour to create awareness for infertility treatment in a comprehensive manner so that development and progress of this field can spread over. It was hugely appreciated by the delegates of the workshop as the information provided was for the enhancement of IUI practices. Below given is the Time table as when and where the workshops were held.



Chairperson Co-Chairperson



IFS - IUI Workshops 2014-15				
	Date	Place	Organizing Secretary	No. of delegates
1	18.4.2014	Bhopal	Dr. Randhir Singh	40
2	27.5.2014	Varanasi	Dr. Ritu Saxena	33
3	27.7.2014	Mumbai	Dr. Rajan Vaidya	28
4	31.8.2014	Bareilly	Dr. Latika Agarwal	79
5	11.10. 2014	Dehradun	Dr. Sumita Prabhakar	35
6	23.11. 2014	Gwalior	Dr. Yatinder Verma	75
7	6.3. 2015	Delhi	Dr. Sudha Prasad	100
8	15.3. 2015	Chennai	Dr. Priya Kannan	28
9	4.4. 2015	Gurgaon	Dr. Ila Gupta	40
10	16.5.2015	Udaipur	Dr. Simmi Sood	36
11	4.7. 2015	Faridabad	Dr. Kuldeep Jain	20
12	13.9. 2015	Solan	Dr. Alok Sharma, Dr. Kumud	80



These workshops were having set module which included 9 lectures covering all the aspects needed for clinical practice of IUI followed by live demo and hands on training for semen preparation. The course material was approved by the executive committee of Indian Fertility Society and it was appreciated by the beneficiaries for its simplicity and practical usefulness especially hands on training for various preparation techniques.

LIST OF INDEPENDENT ETHICS COMMITTEE, MEMBERS

S. No.	Members Name: First M.I Last	Highest Degrees Earned	Sex	Primary Scientific (PS) or non Specialty (NS)	Affiliation with Society Yes/No	Designation & Affiliation
1	Dr. Raksha Arora	MD	F	Obstetrics and Gynecology (PS)	No	Chairperson
2	Dr. Sudha Prasad	MD	F	Obstetrics and Gynecology (PS)	Yes	Member Secretary
3	Dr. Vijay K. Arora	MD	M	Medicine (PS)	No	Member
4	Dr. Gouri Devi	MD	F	Obstetrics and Gynecology (PS)	Yes	Member
5	Dr. Kuldeep Jain	MD	M	Obstetrics and Gynecology (PS)	Yes	Member
6	Dr. Shalini Chawla	MD	F	Pharmacology (PS)	No	Member
7	Dr. Arun Gupta	MD	M	Paediatric (PS)	No	Member
8	Mr. Yogesh Kumar	PhD	M	Embryologist (PS)	Yes	Member
9	Mr. Rajesh Kajila	LLB	M	Legal Advisor (NS)	No	Member
10	Ms. Ranjana Sharma	MSW	F	Social Worker (NS)	No	Member
11	Mr. Vinay Kumar	B.Pol Sci.	M	Public Person (NS)	No	Member

Dr. Sonia Malik is president of IFS will be authorized signatory of clinical trial agreement.

THE REPORT BY CHAIRPERSON, ADVOCACY COMMITTEE

We have been active on this front.

First was the establishment of an independent Ethical clearance committee under IFS, thanks to the intense efforts of Madame secretary, Dr. Sudha Prasad. The committee will meet once or twice a year so that any research project one has can be put to them for clearance. You will be informed by E mail, prior to the sitting of the committee. It is mandatory to have people from other specialities like medicine, Paediatrics, Law, NGO etc and the Chairperson cannot be from IFS.

Those who wants to do drug trials have to take prior permission from DCGI, before submitting the paper to Ethical committee.

We have had a number of meetings with PC-PNDT authorities. It looks as though there is no consensus among different zonal authorities, as to what forms to be filled for what procedure. Dr. Sonia Malik, Dr. Susha Prasad and Me had a meeting With the Director and CMO, and as per their wish, we have conveyed in writing our apprehensions. But we have yet to get a written reply. On top of that, Dr. Sonia Malik says to apply to ICMR for ART centre, we have to have a valid PC-PNDT certificate and PC-PNDT says to get their registration, we have to have ICMR registration number- yet another confusion.

Under the leadership of Dr. Prabhjyot, there was a 1 day seminar only on PC-PNDT, but it looked as though the central committee members and the zonal committee had different viewpoints and different interpretations of the same law. Meanwhile, it should be our endeavor to preach and practice very ethically, as the general impression of public and authorities are that very unethical practices are going on. We are trying to get in the media to clarify the issues regarding egg and sperm donation, third party reproduction etc. I would request those who are in Government service, whenever they get an opportunity, they should speak to the media and to the news as it carries more weight.



INTER SPECIALTY NETWORKING CONFERENCES

ISUOG

Workshop on Ultrasound in Gynecology & Infertility was conducted under the aegis of ISUOG & IFS at AYURVIGYAN Auditorium, Army Hospital (Research and Referral), New Delhi on Friday, 1 May, 2015. The workshop was inaugurated by Dr. Sonia Malik and attended by well known national and international faculty. Workshop started with live tour of ART Centre, Army Hospital(R&R) followed by video lecture session. Post tea session had case presentations with live ultrasound demonstrations by eminent ultrasonologists. Key note addresses were delivered by Dr. Sonia Malik and Dr. Narendra Malhotra.

Live demonstrations of various interventional procedures in IVF and HyCoSy were conducted. Panel discussions on fibroid in ART and Endometriosis were moderated by Dr. Neena Malhotra and Dr. RK Sharma respectively. Ultrasound has become ever more important in the diagnosis and treatment in infertility programs.



MEN'S HEALTH WORLD CONGRESS 2016

The 10th Annual Congress on Men's Health was held from 26th -28th of February 2016 at new Delhi. The conference was a landmark in the program for upliftment of health of men and was attended by over 800 delegates. More than 25 national and international organizations came under one roof to advocate men's health at Hotel Pullman, Aerocity, New Delhi. The Congress integrated esteemed faculty and specialists across all fields of medicine concerned with Men's Health and bring issues



concerning men across the world into focus with the aim of creating a positive change for men globally. Theme of this years conference was "Cancer and Men's Health: Genome to Geriatrics". Infertility Subspecialty Meet Session under aegis of IFS was held on 26 February, which was attended by nearly 125 delegates. This was a major collaborative event of our society and was appreciated by all.



PATHCON 2015

The event was organized by Association of Practicing Pathologists (APP) on 12th -13th Dec., 2015 at India habitat center. IFS organized a 5 hr hands on workshop titled Seminogram Demystified at Magnolia Hall, India habitat centre as co-partners in the event. We had nearly 50 dedicated delegates who came to attend the course which was entirely hands on being conducted by learned faculty of IFS comprising of Dr. Kuldeep Jain, Dr. Randhir Singh, Dr. Ved Prakash, Dr. Sarabpreet Singh and Dr. Vijay Kumar.





and practices related to these commonly noted clinical conditions in routine clinical practice. We hope. These initiative will help us to generate the Indian data quickly and will help us to understand current situations of these conditions at real life scenario

WEBINAR PROGRAMME

HOPE: Webcast Based Training Course in Infertility Management



Infertility is an important public health concern and commonly encountered in day-to-day practice and needs to be addressed scientifically. Considering the burden of infertility across the country there is a need of many infertility experts to address infertility and other associated socioeconomic issues. Training courses for infertility management are not easily available and accessible at primary care level. Even many practicing infertility experts find it difficult to cope up with extensive developments in this field.

When most of the pathologist started their practices nearly 25 or more years ago, Semen Analysis was more or less relegated to the background. However with the emergence of ART, the onus is on Pathologists, to get abreast of the new WHO Guidelines while doing a Semen analysis. In addition there is a need to update our pathology colleagues regarding the newer advents in Sperm Function Tests, DNA fragmentation tests, morphology etc. We hope that such workshops will facilitate a more comprehensive dialogue between the Fertility experts and the Pathologists.

IFS introduced a web based training program called "HOPE" for Management of Infertility aiming to lay a new blueprint for infertility management. This course encompassed all essential aspects of infertility management using an interactive platform. It was a webcast-based course telecasted live across 30 major locations in India. The live webcast had two to four lectures, with total duration of 2.5 hrs in every telecast. There were 06 web casts in total assembling a gamut of over 1500 doctors across the country. It was supported by an unrestricted educational grant from Unichem Laboratories Ltd. These web casts were segregated into 2 different sets of 15 locations each and were telecasted on scheduled dates. First webcast at 15 locations was scheduled on 10th Jan 2015. All participating doctors were certified by IFS.

This program was organized in following locations: Amritsar, Aurangabad, Bangalore, Bhopal, Burdwan, Chandigarh, Chennai, Coimbatore, Delhi and Gurgaon, Hubli, Hyderabad, Indore, Jaipur, Jodhpur, Kanpur, Kolkata, Lucknow, Meerut, Mumbai (C), Mumbai (W), Nagpur, Patna, Pune, Raipur, Ranchi,

NOVEL INITIATIVES

CLOMIPHENE SURVEY

Clomiphene Citrate is approved for induction of ovulation in patients with persistent ovulatory dysfunction. This drug is available in India since 1974. This drug has unique place in therapy and used (and misused) extensively in routine clinical practice. Even a resistance to Clomiphene is been reported. There is paucity of clinical data related to safety, efficacy and resistance pattern of Clomiphene in routine clinical practice. In this situation, Indian Fertility Society (IFS) would like to generate the data related to Clomiphene quickly. This survey was initiated in Nov. 2014 and presently ongoing. Unichem Laboratories Ltd is taking care of operational part of this survey. During this survey, we are planning to contact approximate 3000 practising gynecologists across the country with specially designed folders which contains invitation letter from IFS for participation, undertaking form for participation and one page specially designed survey questionnaire. With successful initiation and positive response of this survey, IFS is planning to initiate two more surveys on endometriosis and recurrent abortion. The objective of these surveys would be to understand current knowledge, attitude



PCOS CONSENSUS MEETINGS

PCOS : Health Problem PCOS is an important emergent public health problem in India that represents a unique trans-generational risk of transmission of a variety of systemic chronic diseases. It has not been possible in contemporary Indian clinical practice to formulate a comprehensive response, which is commensurate



with the scale of problem that PCOS poses. This has been mainly due to a lack of strong public and academic discourse centered on the proper management of this gargantuan, yet ill-recognized problem. A strong evidentiary foundation is the cornerstone on which the academic discourse on PCOS must be based. In addressing a key driver that feeds the inertia surrounding PCOS, the current GCPR seek to fundamentally redefine the paradigms of PCOS care in India. The approach of current recommendations is to provide a strong rationale for harnessing the mutual synergies in a modern multidisciplinary clinical setting to deliver quality PCOS care while providing an evidence-based structure to standardize the approach to PCOS management across treatment settings. The committee has 76 members, and Multispecialty Meeting was held in North East (New Delhi); South West (Mumbai) in April and June 2014. The programme is supported by Bayer Zydus and was initiated in April 2014.



PCOS

PCOS :Management of Infertility in Patients Good Clinical Practice Recommendations PCOS is one of the commonest causes of female infertility, and its management often poses a significant challenge to the clinician.

In continuation with the PCOS guidelines initiated by Indian Fertility Society in 1st quarter of 2015 meeting was held for framing of "Management of PCOS-related Infertility in India: Good Clinical Practice Recommendations", as an addendum to the previous guidelines. It is our sincere belief that these guidelines will aid experts across the country to define the best therapeutic approach towards management of this medical dilemma.

The Meeting was held at Hotel Le Meridien, Delhi on the 20th of December 2015.



ABBOTT KNOWLEDGE GENIE - IFS ACADEMIC PARTNERSHIP

Abbott India partners with IFS in providing scientific information access via their online resource viz. Knowledge Genie.

This is an initiative by Abbott Healthcare Pvt. Ltd. aimed at bringing the latest insights and key developments in medical education to Physicians and the medical community. Knowledge genie is a virtuoso virtual friend that has features like-

- Access to full text articles from more than 3000 Journals across 90 specialties
- More than 2000 full eBooks across specialties
- Over 300 simulation cases accredited by the European CME CPD Academy
- Updated medical news across 22 specialties
- Resources section with more than 400 of the latest Clinical Guidelines
- Conference calendars & above than 40 ready to refer & use Power- point presentations.



LIVE WORKSHOPS

TIME LAPSE IMAGING

ART Centre AHRR and Vision diagnostics under aegis of IFS conducted a conference on TIME LAPSE IMAGING at Hotel Lalit on 16 Sep 2015. Dr. Marcus Montag took a series of lectures on importance of time lapse imaging in ART, followed by hands on workshop. Approx 70 delegates attended the conference and 40 had the opportunity of hands on training in time-lapse imaging.

Dr. Marcus Montag stated that Time-lapse technology has the potential to raise a clinic's success rate. The Embryoscope is an incubator that maintains the necessary physiological conditions required by a living embryo while they are in the IVF laboratory. It has an incorporated time-lapse system that has a camera that continuously captures images and records them as a video of the embryonic development. This system allows the embryologist to monitor embryo cell divisions while the embryos are still in the incubator and we can carry out a study of the development of the embryos. Based on recent studies, the cell division pattern of the embryos is becoming a valid alternative for selecting the embryos, which have the best potential for implantation. There is growing evidence suggesting that certain cell time points and events are especially important for predicting further development potential, and pregnancy potential of embryos. Using these time points we can choose the best embryos among all the embryos of the patient and also give a lot of information regarding the viability of those embryos. These time points can only be recorded fully if it is done under a time lapse camera and routine observations under the microscope does not allow us to capture all of these time points since they can vary between embryos.

It has been shown that embryos with specific division times and certain development patterns can have up to 15 – 20% better chance of pregnancy. The optimum times for cell division can be checked more easily and the chances of implantation improved in cases in which selection using Embryoscope technology is possible.

It acts as an additional decision-making tool for embryo selection for transfer. The Embryoscope serves as an excellent tool for predicting which are the best embryos for transfer without the need to leave the embryos for extended periods in culture. This could help in preventing any abnormalities related to extended blastocyst culture.



SPERM FUNCTION TEST

Department of Obstetrics and Gynecology and ART centre Army Hospital (Research and Referral) conducted a workshop on Sperm Function Tests at Army Hospital (Research & Referral), Delhi Can't. On the 24th of MAY 2015 from 9 AM – 5:30 PM under the Aegis of Indian Fertility Society, ACE & Infertility Committee AOGD.

In the era of ICSI sperm function testing is taking secondary role and many believe it may not be necessary to test sperm function. But newer evidence is pointing towards importance of certain function tests which may be necessary to get full insight in fertilization (IUI, IVF & ICSI) and even selection of sperm for ICSI.

Workshop was a dialogue and exercise in collating, discussing along with demonstrations of some of the various sperm function tests available. It was a platform for stimulation of new knowledge and research in the field of sperm function so as to gain new knowledge in mechanism and molecular biology of sperm and fertilization and newer insights in male subfertility.

The programme was started with warm welcome address by Dr. Sonia Malik. Dr. Surya Kant Hyatnagar gave a knowledge packed key note address on SFT: THE WAY AHEAD.

Dr. Kuldeep Jain delivered a wonderful lecture on



clinical application of SFT and Dr. Shweta Mittal spoke on SFT and ICSI outcome during first session.

Second session was chaired by Dr. Mala Arora and Dr. Punit Arora consisted of wonderful lectures by national level faculty as mentioned below:

Sl No	Topic	Speaker
1	Sperm DNA fragmentation and its clinical correlation	Dr Sanjay Shukla
2	ROS in Andrology	Dr Sarabpreet Singh
3	Semen preparation for bad sample	Dr Gaurav Chaudhry
4	QAQC for Andrology Lab	Dr Charu Dutt Joshi
5	Redefining OAT	Lt. Col Nagaraja N
6	Live Demonstration of SFT	Lt. Col Seema Rai

Dr. KD Nayar, Huber Joris, Vitrolife (Sweden) spoke elaborately on Human Oocyte Vitrification, recent developments and clinical results. Dr. Eszter Losonczi, Vitrolife (Hungary) delivered an amazing lecture on Foreseeing the fate of an embryo:



Two hands on Workshop were chaired by Dr. Kuldeep Jain and Dr. Pratibha Saini which included Hands on Workshop on Vitrification by Mr. Hubert Joris, Vitrolife (Sweden) and Hands on Workshop on Time Lapse Technology by Dr. Eszter Losonczi, Vitrolife(Hungary).

And the final feast was meet the experts which had the eminent national and international experts like Brig (Dr..) R K Sharma, Dr. Neeta Singh, Dr. Sushma Ved, Dr. Gaurav Majumdar, Dr. Eszter Losonczi, Mr. Hubert Joris and this interesting session was chaired by Dr. Sudha Prasad and Col Pankaj Talwar, VSM and the scintillating scientific session was concluded with the Vote of Thanks by Dr.. Arun K Singh.



Though workshop was meant for 50 candidates there was great interest shown by many young embryologists and the conference was attended by more than 125 participants from all over the country. It was a real scientific feast for the budding embryologists of the country and the programme was concluded with a take home message and vote of thanks by Dr. (Col) Pankaj Talwar.

VITRIFICATION: NEWER CONCEPTS

Live workshop and conference on was organized by Department of Obstetrics and Gynaecology and ART centre Army Hospital (Research and Referral) in collaboration with Vision Diagnostic (India) Pvt. Ltd. On 13 August 2014 from 19:00 PM to 21:30 PM at Hotel Lalit, New Delhi.

It was an event attended by renowned national and international faculty with a specific agenda to deliberate on two important aspects of IVF vitrification and Time lapse technology were discussed very well and hands on experimentation was conducted.



Programme started with a tribute to the nation in the form of National anthem and welcome Note delivered by Dr. Sonia Malik.

IFS & FOGSI COLLABORATION

Infertility and ART Workshop was organized by IFS, Sikkim Chapter under the aegis of FOGSI and IFS in Gangtok at Sikkim Manipal Institute of Medical Sciences on 27 November 2015.

The workshop was presided by Air Marshal (Retd) Dr. Gurdarshan Singh Joneja, VM, Dean Sikkim Manipal Institute of Medical Sciences and was attended by thirty delegates with great zeal and enthusiasm. The workshop was conducted from 0830 hrs to 1700 hrs. The lectures during the conduct of the workshop focussed on evaluation of both male and female partners, role of Laparoscopy and Hysteroscopy in ART, different stimulation protocols for IUI and basic lab techniques in ART by renowned speakers in their respective fields.

The lectures were followed by extensive hands on training for semen preparation for IUI by different techniques by Dr. Seema Rai and special focus on troubleshooting in IUI was deliberated on by Dr. Pankaj Talwar. Delegates were given the opportunity for hand on practice on semen preparation for IUI.

On 28 November 2015 a series of lectures were conducted under the aegis of IFS at Siliguri. The lecture covered various topics related to ART. Dr.. Pankaj Talwar, Dr.. Kuldeep Jain, Dr.. K.D. Nayar and Dr. Bharti Jain conducted the series of important lectures.



IFS & FOGSI REPORT

IUI Hands-on Workshops were organized by IFS U.P. Chapter under the aegis of FOGSI and IFS in Allahabad at MLN Medical College, Allahabad and at BMRD Medical College, Gorakhpur on 20th and 21st Nov. 2015 respectively.

IUI workshop in Allahabad at MLN Medical College Allahabad was presided by HOD (Obs and Gyn.) Dr. Amrita Chaurasiya & attended by 45 delegates of medical college & city infertility specialists with great zeal and enthusiasm. The workshop started at 9 am and continued till 3 pm on 20th Nov.

The workshop started with Lectures "Ovulation



induction for IUI" and "ICMR guideline for IUI" by Dr.. Ritu Khanna, from Varanasi.

This was followed by lectures on "Semen Analysis" and "Semen preparation techniques" by Dr. Pankaj Talwar from New Delhi.



After the lectures extensive hands-on training for Semen washing techniques was provided to the delegates. Special focus on troubleshooting in IUI Technique was given by Dr. Pankaj Talwar and Dr.. Ritu Khanna. The delegates were allowed to practice the various semen washing techniques on their own.

CHAPTER ACTIVITIES

TAMIL NADU & PONDICHERRY CHAPTER

Tamil Nadu and Pondicherry chapter of IFS was officially inaugurated at 11.30 AM on 09.08.15 by Dr. Sonia Malik, President, IFS and presided over by Dr. Pankaj Talwar. The key note address was delivered by Dr. Sonia Malik. The office bearers were unanimously elected and approved.

The following are the office bearers:

- Founder Secretary: Dr. P M Gopinath
- Joint Secretary: Dr. Rajapriya Ayyappan
- Treasurer: Dr. Ramani Chenniappan
- Joint Treasurer: Dr. Priya Kannan
- Patrons: Dr. Mirudhubashini
Dr. Geetha HariPriyadar Priyasan

Executive members:

1. Dr. Buvaneswari
2. Dr.. A Charmila
3. Dr.. Uma Maheswari
4. Dr. Krithika Devi
5. Dr.. Rajeswari
6. Dr.. Manu Lakshmi

A symposium on PCOS was organized on the same day followed by a public awareness programme. The symposium was a grand success with participation from all over Tamil Nadu. The scientific sessions from 9.00 AM to 4.00 PM covered the basics of PCOS including the newer aspects in the etio pathogenesis of PCOS and the trends in ART.



FIFTEEN AND STILL COUNTING

MAHARASHTRA CHAPTER

West Maharashtra Chapter Activity Report

Our Team:

Founder Chapter Secretary: Dr. Bharati Dhorepatil
Jt Secretary: Dr. Daruwala S.
Treasurer: Dr. Sachin Kulkarni

WMC Chapter installed by Dr. Mangla Telang our founder President IFS and Dr. Kuldeep Jain ,founder secretary IFS at International Fertility Conference at Pune in 2009.

Initial two years was formative years were helpful in streamline the administrative workup. Last four years it has been on the forefront with academic activities and Public programmes on various topics on Infertility and ART

Till today we have conducted

- Four Expert Group meetings
- Hands On IUI workshops
- CME's
- Advanced Semenology Workshops
- Infertility Quiz
- Three Regional Conferences at Satara, Nashik & Shrirampur
- One National Conference " Fertilvision 2014

Now the time has come to hand over the Batton to New refreshing Team under leadership of Dr. Rajan Vaidya as a Chapter Secretary from April 2016 At the end we would like to thank all office bearers of IFS for their constant support and encouragement throughout the tenure

Dr. Bharati Dhorepatil
Founder Chapter Secretary
West Maharashtra Chapter

MP CHAPTER

CME : 6th March,2016 - Hotel Noore-Saba, Bhopal (Medicolegal In Art)

CME: 11th October, 2015 - Hotel Ashoka, Bhopal (Endoscopy In Art)

CME : 20th September,2015 - Hotel Palash, Bhopal (PCOs)

CME : 13th September,2015 - Hotel Marriot, Bhopal (Oral Pills In Art)

IFS Webinar : Relayed from Delhi

17 January, 2015-Bhopal : Female Infertility

21 February, 2015 - Bhopal : Male Infertility

21 March, 2015, Cryopreservation in Infertility

23 November, 2014, Gwalior - IUI-Work Shop

IUI Workshop & Hands on Sperm preparation techniques ,was held on 23/11/2014 at Dr.Verma Hospital&Fertility Centre,GWALIOR by IFSMP Chapter & Gwalior ObGy Society. Guest faculty are Dr. Shweta Mittal, Dr. Leena Wadhwa, from Delhi and Dr. Anju Verma & Dr. Yatindra Verma from Gwalior, Dr. Shweta Kaul Jha from Indore, have given Lectures on different aspects of IUI. Around 70 Gynaecologists attended the CME. Chief guest was Dr. G.S.Patel, Dean G.R.Medical College.

5th October, 2014 - Central Zone (MP - CG Chapter) IVF - Connect

- All IVF experts only from MP & Chatisgarh, Participated In One Day Conference on 5th October,2014 - Raipur, (IVF-Connect)
- National Exec. Members - Dr. S Prasad & Dr. Gouri Devi inaugurated this Conference
- Total deligates-55-60

IUI Work Shop - Bhopal -18th April, 2014

- National Faculty : Dr. Kldeep Jain, Dr. Shweta Mittal
- Total Delegates : 55-60 Gynecologists, Venue : BTTB Centre



PUNJAB CHAPTER

Punjab Chapter of IFS was formed and inaugurated in the month of April 2014 by Dr. Sonia Malik .

Since the inauguration, the chapter is continuously working towards the goals of the IFS by organising

- CMEs
- Workshops
- General Body Meetings
- Life membership

Following are the details of the Program Conducted by Chapter:

- **Inaugural meeting & 1st CME** – This Was held on 6th April 2015, more than 200 delegates attended this meeting where Dr. Sonia Malik, Dr. Sudha Parsad, Dr. Neena Malhotra, Dr K D Nayar, Dr Umesh Jindal and other dignitaries attended the meeting besides the other delegates.

- **IUI workshop** - Hands on IUI workshop held on September 13, 2014 at Shivam IVF centre where more than 30 Gynaecologists were given training on Semen analysis Semen preparation & method of IUI

- **CME** – Chapter organised CME in Ramada Plaza Hotel on the topic of General Management to Infertility, where Dr. Sujata Sharma (Prof & HOD- Govt. Medical College Amritsar) delivered the talk. In this talk more than 50 IFS Member attended the talk

- **General Body Meeting** - General Body meeting was held on the same day followed by CME.

- **IVF – IFS Connect** –On April 5th 2015 Punjab Chapter annual Zonal conference “IFS – IVF connect” at Jalandhar, This marked the successful completion of a year of IFS at Punjab. It was meeting well attended by more than 50 IVF experts from all over the Punjab and they took active part in deliberations . From the centre Dr. Umesh Jindal, Dr K D Nayar, Dr Kuldeep Jain, Brigadier R K Sharma ,from the chapter Dr. Kumud Pasricha, Dr Amita Sharma, Dr, Jasmine Dr. Monica Vermaand other were present .

- **IFS Web Site Launch** – On the Same day of IVF- IVS connect website of Punjab Chapter was launched www.ifs-punjabchapter.com

- **Combined IFS & FOGSI CME** – CME organised on “Stimulation Protocols in IUI & IVF by Dr Pooja Mehta (Fortis Mohali) and Setting up of IUI Labs by Mr. Mahesh (Sanzyme –ART, Hyderabad)” in hotel Ramada - Jalandhar on October 28th 2015 where more than 30 IFS Member participated locally.

HARYANA CHAPTER

Indian Fertility Society Haryana Chapter organised One day Conference on Pcpndt Beti Bachao and ART professionals under the patronage of Hon'ble Health Minister Haryana. Organizing faculty and workshop for the Conference gave us an opportunity to visit Pcpndt Department of Ministry of Health and family welfare Nirman Bhawan New Delhi. Conference was a joint venture of pcpndt Department, Health department, Ministry of Health And Indian Fertility Society.

Many office bearers And Stalwarts of IFS Delhi Haryana and Chandigarh participated to Add to the glory of this very important meet at Hotel Noor Mahal Karnal. Our Special thanks to Dr Rajnikant Contractor from Ahmedabad who Contributed significantly by claryfying a lot of issues regarding pcpndt and ART professionals in collaboration with officials. A Souvenir dedicated to pcpndt Beti Bachao and ART professionals was published with the best of Articles from Doctors Of Delhi Chandigarh and Haryana highlighting the pitfalls of the Act, Plight of the Innocent professionals falsely incriminated under the garb of pcpndt Act for insignificant clerical Inaccuracies or insignificant formality completion errors And the need to make real difference by changing strategies to make sure criminals are not spared. The Souvenir is a beautiful collection of meaningful articles on PCPNDT.

An Academic event was organised under the auspices of Indian Fertility Society Haryana Chapter by Dr Neeru Thakral at Gurgaon on 3rd March 2016.

BIHAR CHAPTER



IFS EVENT CALENDAR 2016

ART DATA MANAGEMENT SYSTEM

IFS has designed ART management computer software with help from Unichem industries . The designing soft ware has been supervised by dr Bharti dhorepatil and would be provided free of cost to all IFS members from mid year. This will help in streamlining the data management at all ART centres of the country and bring uniformity in the documentation of the clinical and laboratory data.

HIMACHAL CHAPTER

CME & Inauguration of Indian Fertility Society, Himachal Pradesh Chapter with IUI Workshop

Indian Fertility Society, Himachal Pradesh chapter was inaugurated on 12 September 2015 at hotel Pinewood, Solan, Himachal Pradesh. It was followed by IUI workshop on 13 September 2015 at Maharishi Markandeshwar Medical College, Solan. Total delegates were around 80 from all over Himachal Pradesh.

Program and newly formed Executive council of the chapter is given below.

Saturday, 12th September 2015

Venue, Hotel Pinewood Resorts, Barog, Solan.

Registration 5:30 pm to 6:00 PM

Saraswati Vandana

Welcome and Inauguration

CME 6:30 PM onwards

1. Setting up of IUI program and basics of IUI - Dr kuldeepjain
2. Work up of patient for IUI - Dr Alok Sharma
3. Ultrasonography and Follicular monitoring - Dr Bharti
4. Stimulation Protocol for IUI - Dr Sudha Prasad
5. IUI procedure and luteal support - Dr Umesh Jindal

National Anthem followed by Dinner 9:00 PM

Sunday, 13th September 9:30 AM to 12:30 PM

Venue, Maharishi Markandeshwar Medical College, Solan.

Semen Preparation - Dr Kuldeep Jain

Hands On Training on IUI -

Dr Kuldeep Jain, Dr Sudha Prasad, Dr Umesh Jindal, Dr KumudBala Gupta, Dr Sandeep Singh Rathore.

Lunch - 1:00-2:00 PM

Valedictory - 2:00 PM- 3:00 pm

Organizing Chairperson: Dr Kuldeep Jain

Organizing Secretaries: Prof. Kumud Bala Gupta, Dr Alok Sharma



Scientific Committee	Reception Committee
1. Prof. Anupa Sood	1. Dr Anita Singh
2. Prof. SP Guraya	2. Dr Snehlata
3. Dr Satwant Kaur	3. Dr Nalneesh Sharma
4. Dr Monika Gupta	4. Dr Rohini Rao
5. Dr Yogita Dogra	5. Dr Meenakshi
6. Dr Jageer Kaur	6. Dr Monika Jindal
7. Dr Sakshi	7. Dr Archana
8. Dr Geetika Gupta	8. Dr Harjinder Singh

Executive Council IFS Himachal Pradesh Chapter
Patrons - Dr Ritu Sarin, Dr Pushplata Sood, Dr Neena Rana and Dr Anupa Sood.

Secretary - Dr Alok Sharma.

Joint Secretary - Dr KumudBala Gupta

Treasurer - Dr Nalneesh Sharma

Scientific Secretaries - Dr Rohini Rao and Dr Yogita Dogra.

Executive Members

1. Dr Suresh Verma, Tanda
2. Dr Anindita Singh Thakur- Hamirpur
3. Dr SushmaSood- Palampur
4. Dr Kapil Malhotra- Mandi
5. Dr NeerjaJamwal- Manali
6. Dr Geetika Gupta- Shimla
7. Dr Sandeep Singh Rathore - Shimla



KERALA CHAPTER

The team IFS Kerala Chapter is very grateful to the national Office bearers of IFS especially Dr Sonia Malik, Dr Gaouri Devi, Dr Sudha Prasad and Dr Pankaj Talwar who have whole heartedly supported us in establishing this state chapter and to kick start the academic activities in Reproductive medicine in our state in an impartial way.

1. Inauguration Indian Fertility Society – Kerala Chapter



Dr Sonia Malik, the national president of IFS, inaugurated the Kerala state chapter of the Indian Fertility Society on 18th September at Kochi. The function was held at Hotel Crown Plaza, Kochi.

Dr Sonia Malik inaugurated the function by lighting the lamp. Dr Venugopal, the Joint secretary of the state chapter welcomed the gathering. Dr K.U. Kunjimoideen, the Secretary of the chapter talked about the need of the state chapter and its importance. He has declared the list of executive members and treasurer who were nominated from among the life members. Dr Sonia Malik, the national president described about the aims and objectives of the IFS during the inaugural speech and also the future plans of IFS. Dr Gouri Devi, the national Vice President and Dr Pankaj Talwar made the felicitation speech. Dr Parasuram Gopinath expressed the vote of thanks.

The inauguration was followed by a Panel discussion on 'How to improve the results in ART?'. Dr Sonia Malik and Dr Gouri Devi moderated



the discussion. Dr Mridubashini(Coimbatore), Dr Mohan Kamath(CMC Vellore), Dr . K.K.Gopinathan(Kerala), Dr Mohammed Ashraf(Kerala), Dr Sathi M Pillai (Kerala) and Dr Sujatha Ramkrishnan (Chennai) were the panel members. The session was followed by an excellent audience interaction.

2. Hands on Workshop on 'Enhancing Success in Intra uterine insemination' and Live demonstration of ICSI held at Kozhikode on 15th November 2015. Prof. V.K. Chellamma, Hon'ble President Kerala Federation of O&G inaugurated the event. Dr Shweta Mittal represented the national IFS and spoke on Ovulation Induction strategies in IUI cycles. Dr. Kunjimoideen, Dr Venugopal, Dr Sreeja, Dr Vasundhara, Dr Sunil Nayar, Dr Feseena and Dr Jitha were faculties. Dr Sunil and Dr Feseena laed the workshop and demonstrated the ICSI procedure which was live telecasted from IVF lab. 41 delegates participated in the event. State Medical Council awarded the program with 2 hours of CME credit points.

3. Membership campaign: The chapter has initiated a membership campaign for the specialists practicing reproductive medicine in the state of Kerala. 10 new members have joint apart from the 20 founder members. The campaign will be a yearlong campaign, which is integrated with the district level half-day CME programs



4. Future plans – Till March 2016:

One full day CME on Infertility management for Gynecologists on 20.12.2015 at Thrissur
CME on PCO at Kozhikode on 10.1.2015
CME on PCO at Palakkad on 14.2.2015

Prepared By : Dr K U Kunjimoideen, Secretary, IFS Kerala Chapter

JAMMU CHAPTER

Two Academic Activities were held in year 2015

1. PCOS - Role of myoinositol Speaker - Dr. Madhu Nagpal - Amritsar - 25 Doctors attended CME and well appreciated the program.
2. Unexplained Infertility - Optimal Management Speaker - Dr. Kumud Pasricha - Jalandher. CME was a scientific feast attended by 30 doctors. Speakers elaborated on various facets of unexplained infertility and it was followed by crisp interaction.



FERTIVISION, 2014 REPORT

The 10th Annual National Conference of Indian Fertility society, Fertilvision 2014 on "Controversies & Consensus in ART Management" was organized by Western Maharashtra Chapter of IFS in association with Pune fertility Center in Pune on 19th, 20th and 21st December, 2014.

The main conference was preceded by 9 Pre-congress Workshops.

The Pre-congress workshop for paramedical staff was held at Command hospital on 17th December 2014. It was well attended with around 100 delegates.

Two live relay workshops were conducted on 19th December, 2014. IVF troubleshooting: Basic and advanced was relayed from Pune Fertility center to Hotel Four point Sheraton. 360 degrees live demo of Fertility Enhancing endoscopy surgeries was relayed from Shree hospital to Hotel Four point Sheraton.

Two Hands-On workshops were conducted at Hotel Four point Sheraton on 19th December 2014. IUI Hands-on and Vitrification Hands-on Workshops.

Workshop on Ovulation induction was conducted at Hotel Four point Sheraton on 19th December 2014.

Ultrasound in ART workshop was conducted at Command Hospital, AFMC on 19th December 2014.

Symposium on Genital Tuberculosis - The way forward was held at Hotel Hyatt Regency on 21st December 2014.

The Main conference was held on 20th and 21st December 2014 at Hotel Hyatt Regency, Vimannagar, Pune.

The conference was well attended with more than 850 delegates.

The conference was inaugurated on 20th December 2014. The chief guest invited was Dr. Shekhar Mande. The guest of honor was Dr. Rajeev Yeravdekar. Invited Special guest was Dr. Shivkumar.

Eminent International and National Faculty delivered lectures on various controversial topics in Infertility. Each Session had three speakers. First speaker spoke about the rationale behind the topic. Second speaker spoke about the available evidences. Third speaker gave the final consensus based on various guidelines, expert meets and opinions from authors and conferences. Special time was allotted for audience interaction at the end of each session.

The conference and the scientific content was well attended and well appreciated by all delegates and faculty.



FERTIVISION, 2015 REPORT

IFS geared up to academic activities from the 1st Dec. 2015. Our prestigious four days preparatory course for the ESHRE embryology certification course entered its third year. A healthy participation by budding embryologists and a renowned faculty led by Dr. Kuldeep Jain, the course co ordinator, the internationally well known faculty Dr Arne Sunde and Dr. Jayant Mehta, made the course very successful.

Parallel to this IFS conducted the first exit and second entrance exam of its clinical fellows on the 3rd Dec.. All our 10 fellows performed very well and qualified in the exam. With 50 candidates sitting for the entrance exam., the IFS clinical fellowship is now an academically recognized course. 10 candidates qualified and will be starting their term in March 2016. IFS is proud of its centres for maintaining a high academic standard.

Fertivision began on the 4th Dec.. with seven pre congress courses and the final round of quiz. With over 1700 registrations, Fertivision once again lived upto its reputation! The conference was inaugurated by Sh Bhanu Pratap Sharma Sec. Health Govt of India to a packed house. Life time achievement awards 2015 were given to two stalwarts who had contributed immensely towards women's health and particularly Reproductive medicine. IFS is proud to confer these prestigious awards upon Dr CN Purandare FIGO president and Lt. Gen. (Dr) Punita Arora. Awards were also given to the Best Fellow Dr Simran & Dr. Rythum. For the first time the Best chapter award was given to the UP Chapter for their excellent performance not only in academics but also in the membership drive.

The participation of a world renowned international faculty and an equally brilliant national faculty, made Fertivision a rollicking success. The IFS gratefully acknowledges the support of the IFFS in our meeting. We are indebted to the President elect Dr Richard Kennedy and Treasurer Dr Edgar Mocanu for making the meeting a success.

Panel discussions and free papers gave a chance to the young talent of IFS. Awards for the best papers clinical and embryology were given in the valedictory. IFS congratulates the winners for their brilliant performance.

The trade exhibition also generated lots of interest and IFS thanks the industry for its whole hearted participation and efforts to make Fertivision a grand success.



FERTIVISION AWARDS : 2015

NAME	AWARD	POSITION	TOPIC
Dr. Vandana Bhatia	Dr. Kuldeep jain BSV Award	1st Prize Clinical	Significance of Rise in Progesterone and Progesterone to Estradiol Ratio on the Day of Trigger with the Clinical Pregnancy Rate
Dr. Kalpana Singh	Dr. Kuldeep jain BSV Award	1st Prize Embryology	Pattern of Seminal Fluid Analysis In Male Partners of Infertile Couple At Igims
Nusrat Jahan	Dr. Kuldeep jain BSV Award	1st Prize E-Poster	Retrospective Analysis of Various Etiological Factors Infertility In Tertiary Care Hospital Of East Delhi
Dr. Neeti Tiwari	IFS- BSV Award	2nd Prize clinical	Comparison of DNA PCR Positivity For Myco Bacterium Tuberculosis Infertile Vs Fertile Women
Dr. Deepika Jagga	IFS- BSV Award	2nd Prize Embryology	Whether Imsi Gives Better Out Come Compared To ICSI In Cases Of Poor Semen Charac
Dr Anika Mohan	Dr. Umesh Jindal Award- best fellow award	1st Prize Paper Presentation among fellows	An OHSS Free clinic How it can be achieved
Vasudha Gupta	Dr. Mangla Telang- Best Paper Award-less than 35 years		Evaluation of Endometrial Scratching on IUI outcome & Endometrial receptivity

INTERNATIONAL FACULTY



Dr. Arne Sunde
NORWAY



Dr. Ashok Agarwal
USA



Dr. Edgar Mocanu
IRELAND



Dr. Cindy Farquhar
NEW ZEALAND



Dr. Denny Sakkas
USA



Dr. Hassan Sallam
EGYPT



Jayant Mehta
UK



Dr. Jose Horcajadas
SPAIN



Dr. Lars Johnson
DENMARK



Dr. Markus Montag
GERMANY



Dr. Nabil Aziz
UK



Dr. Raj Mathur
UK



Dr. Richard Kennedy
UK



Dr. Siladitya Bhattacharya
UK

2016 : GOING STRONG

UP CHAPTER

BAREILLY

A CME was held in Bareilly on 13th March 2016 at Hotel Amaya by BOGS in association with IFS UP Chapter. More than 75 delegates from the city and the adjoining areas participated. Dr Latika Aggrawal Secretary BOGS gave the welcome address. Dr Ritu Khanna, secretary IFS UP Chapter gave a presentation on "Pre-cycle adjuvant in poor responders". A Panel Discussion on "Tracking early pregnancy" was also moderated by Dr Ritu Khanna. The panel discussion seemed to be unending but had to be curtailed due to constraint of time. Intensive discussion took place on practical points in dealing with the patients. A quiz was conducted by Dr Ritu Khanna on Tracking early pregnancy. A short presentation on Fertilisation 2016 was shown.



GORAKHPUR

A CME was held in Gorakhpur on 5th March 2016 at Hotel Shevay by GOGS in association with IFS UP Chapter. More than 70 delegates from the city and the adjoining areas participated. Dr Madhu Gulati President GOGS gave the welcome address. Dr Ritu Khanna, secretary IFS UP Chapter gave a presentation on "Newer Modalities in Medical Management of Endometriosis". Doubt clearing on many aspects of medical management of endometriosis including the use of new drug Dienogest was discussed. A short quiz was conducted by Dr Ritu Khanna on how to tackle endometriosis. A short presentation on Fertilisation 2016 was shown.



JAUNPUR

A CME was held in Jaunpur on 12th Feb 2016 at Hotel Ramaswamy by the Jaunpur Obstetrics & Gynecological Society in association with IFS UP Chapter. More than 45 members of the JOGS enthusiastically participated in the CME. Dr Ritu Khanna, secretary IFS UP Chapter Presented "Indian Perspective of Managing male infertility". Dr Pankhuri of JOGS gave a presentation on "Semen Analysis". A short quiz was conducted by Dr Ritu Khanna after the two presentations.



KERALA CHAPTER

ARTCON 2016: Jointly organized by IFS Tamil Nadu Chapter, Salem O&G Society and ARMC IVF Salem, held on 13th March 2016 at Hotel Cenney's gateway. The theme of the conference was on 'Enhancing success in Ovulation Induction'. There was hands on workshop on Sperm preparations for IUI and live demonstration of ICSI telecasted from ARMC IVF Fertility Centre. The programme was inaugurated by Sree Sivamba Saraswathy of Salem. Dr Sonia Malik, Dr. Sohani Verma and Dr P M Gopinath was honoured during the inaugural function. DR Sonia Malik spoke on Ovulation Induction in PCOS, Dr. Sohani Verma on Management of Poor Responders and Dr P M Gopinath on Ovarian Biomarkers. There were two panel discussions. One on Recurrent pregnancy loss moderated by Dr. Venugopal and 2nd one on 'All about IUI, moderated by Dr. Kunjimoideen. DR Vanitha Devi, Dr Gaurav, Dr. Krishnadas, Dr. Vidhya, Mrs. Thasni, Dr. Bhavani and Dr. Sumathy also spoke on various topics. Dr Sunil Nayar demonstrated ICSI which was live telecasted. Hands on workshop on sperm preparation for IUI was held in the afternoon. 250 delegates participated.



CHATTISGARH CHAPTER

Indian fertility society chhattisgarh chapter organised CME on "Infertility update". Faculties were Dr kuldeep jain past president IFS, Dr Randheer singh chapter secretary madhya pradesh, Dr. Kedar Ganla mumbai and Dr Chaitanya shembekar Nagpur.



Dr. Kuldeep Jain discussed about indications of IVF/ICSI and explained the procedure in detail. He also discussed about ART in difficult situations. Dr. Randheer singh discussed about new ART bill and its implications and urged everyone to share their views with policy makers. Dr. Chaitanya shembekar talked about thin endometrium, its causes and management.

Dr. Kedar Ganla talked about oligoasthenotetrazoospermia in great length and talk was highly appreciated.

Dr Rajnikant Contractor talked about PCPNDT act and also laws related to ART center. He had a discussion with nodal officer of chhattisgarh Dr sonwani and they interacted with audience. CME was huge success and gynaecologist from all over state attended the conference.



FERTIVISION 2016: UNFOLDING

Fertilisation 2016

Fertilisation 2016 is 12th Annual National Conference of Indian Fertility Society to be held on 9th, 10th & 11th Dec. 2016 at Indira Gandhi Pratishthan, Gomti Nagar Lucknow. Lucknow is a major metropolitan and multicultural city of India and the capital of Uttar Pradesh. It has wide connectivity by rail & air and one can reach the city in no time. The high level scientific session, plenary lectures, symposia, interactive pre-congress course and debates will form an integral part of this congress. Young doctors and scientists are especially encouraged to present their recent studies through free communication, poster presentation and young scientist award sessions. During the first meeting held at Hotel Clarks on 3rd Jan 2016, the venue Indira Gandhi Pratishthan was finalized. It has:

- Cover pavilion area for about 1,500 delegates.
- 2 floor building with 4 interconnected halls.
- 2 lawns for about 1,000 guests each.
- 1000 car parking space

It has easy approachability :

- 7 kms from Lucknow Railway Station
- 19 Kms from Air port.

Second meeting was held on 26th Feb at Indore for finalizing members for various committees. Tentative budget was put up. Eight Pre congress workshops were planned to be held simultaneously on 9th Dec. 2016 at the same venue. Various Pre congress are :

1. Ovulation Induction in ART
2. Deciphering Semenology and Advanced Andrology
3. IVF and Embryology for beginner's
4. Fertility Enhancing Endoscopy
5. Ultrasound in ART
6. Newer Innovations & Technology in ART Fertility presentation and PGS/PGD
7. Bio Statistics in ART
8. ART for Paramedics

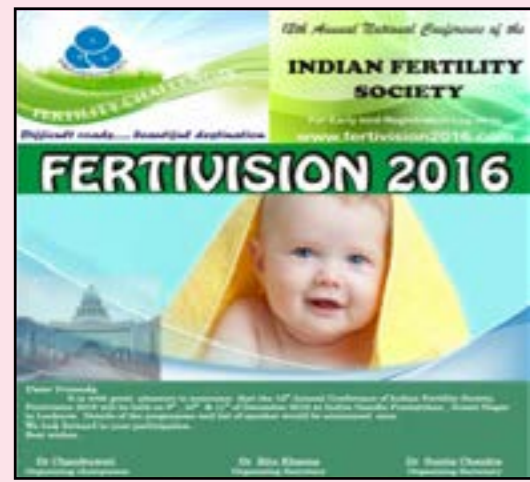
Third meeting was held at Indira Gandhi Pratishthan in Lucknow on 12th March in Pluto auditorium. Over-



Conference Venue - Indira Gandhi Pratishthan Gomti Nagar, Lucknow



whelming enthusiasm was shown by IFS member from Allahabad, Bareilly, Gorakhpur, Kanpur, Varanasi & Lucknow. Presentation from the catering and audio video vendor were appreciated by committee members. There was an open session to discuss the preparations for the conference and appreciable suggestions were received from the members. This was followed by sponsors meet. The layout of the venue was displayed, which was well received by the trade partners. During the upcoming conference opinion leaders from all over the world will share their innovations in their respective fields with impact on diagnosis, treatment and quality of life. However, we will rely on most meaningful participation of our colleagues from all over India and abroad in order to make this conference another milestone in the history of Indian Fertility Society. We look forward to welcome you to the awadh tradition and hospitality at Lucknow and hope the memories of this scientific extravaganza will last forever.





INTERNATIONAL FEDERATION OF FERTILITY SOCIETIES
International Federation of Fertility Societies
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Dr. Dhiraj Gada
Organising Chairperson



Dr. Hrishikesh Pal
Organising Secretary



Dr. Kuldeep Jain
Organising Secretary

Block Your Dates

Online Abstract Submission has Started

Online Registration has started

PRE CONGRESS LIVE WORKSHOPS

- ☐ Infertility Endoscopy
- ☐ Basic ART
- ☐ Infertility Ultrasound
- ☐ Advanced Embryology Procedures

PRE CONGRESS COURSES

- ☐ Male Infertility
- ☐ Ovulation Induction
- ☐ Fertility Preservation
- ☐ QA-QC in ART
- ☐ Cross border reproduction
- ☐ How to present your research paper
- ☐ Counseling in Infertility
- ☐ Recurrent Implantation Failure
- ☐ Reproductive Genetics
- ☐ Managing menopause in this century
- ☐ Poor Ovarian reserve
- ☐ Training paramedics in ART

TRILOGIES

- ☐ Preimplantation Screening
- ☐ Preimplantation Diagnostics
- ☐ Reproductive Toxicants
- ☐ Tools for Embryo Selection
- ☐ Endometriosis
- ☐ Menopause
- ☐ Ethics
- ☐ Ovarian Hyperstimulation Syndrome
- ☐ Outcomes in ART
- ☐ Premature Ovarian Failure
- ☐ WHO: Managing Global Fertility Needs
- ☐ PCOS
- ☐ Contraception
- ☐ Reproductive Endocrine Disorders
- ☐ Recurrent Pregnancy Loss
- ☐ Infections and Infertility
- ☐ Fertility Preservation
- ☐ Reproductive Surgery

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