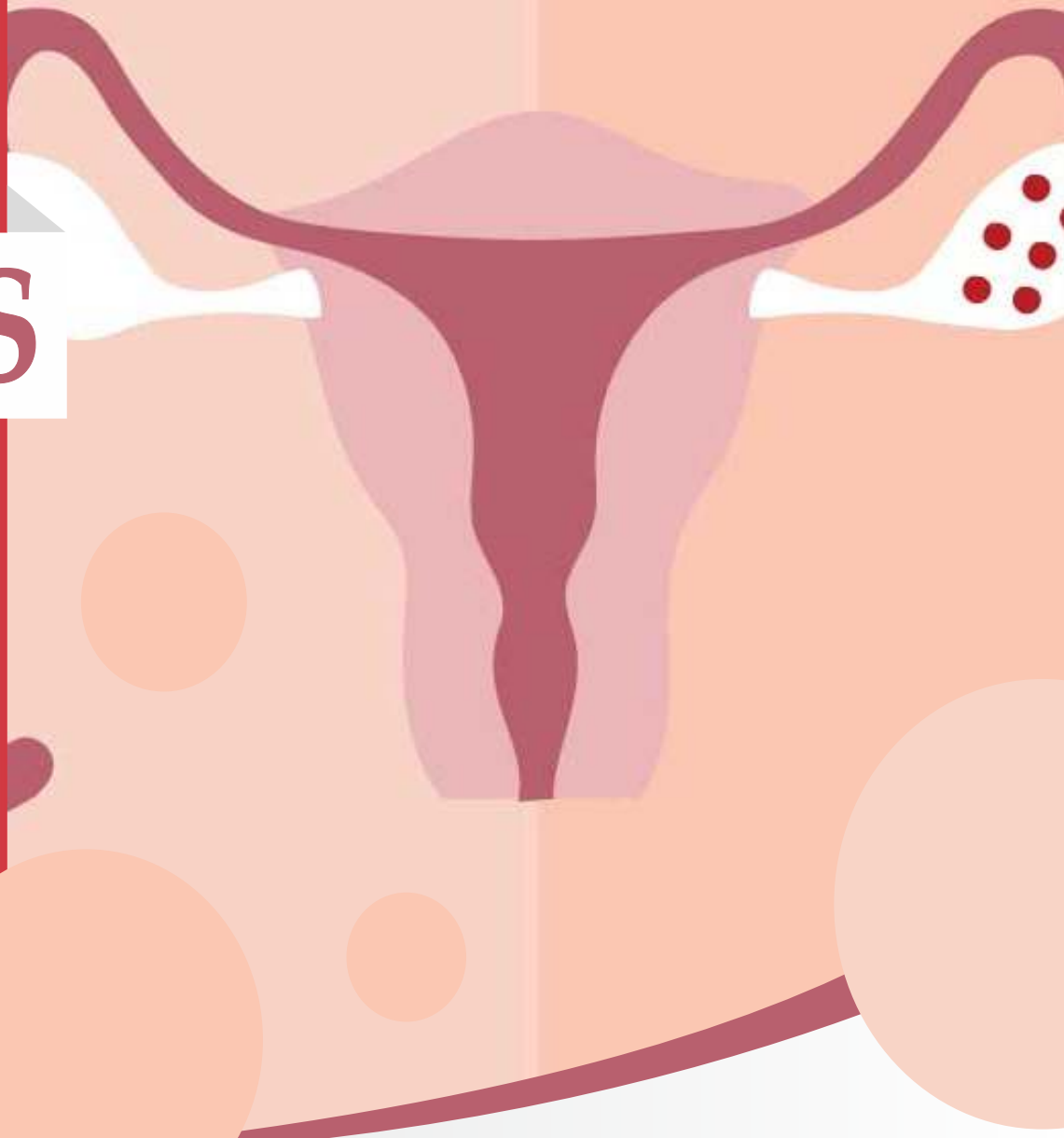




# IFS CONVERSATIONS

Volume 13 & 14 (2020-21)

## PCOS



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## MESSAGE FROM THE PRESIDENT DESK



**DR SUDHA PRASAD**  
President - IFS

### Dear Friends,

Greeting to all of you from the entire executive team 2020-22 of Indian fertility society  
First of all I would like to congratulate the entire team of IFS for working so hard during the difficult time of covid .

The sole purpose of getting these conversations is to showcase the various recent academic activities conducted by our extremely enthusiastic and committed members spread over 28 chapters across India and abroad .The topic of this conversation is PCOS

PCOS is a very prevalent reproductive disorder in women. It leads to hormonal imbalance in the reproductive age group which affects the woman's ability to conceive, causes irregular periods and miscarriages, causes acne and facial hair growth due to relative increase of male hormone and is associated with obesity and insulin resistance in a large percentage of women.

The management of PCOS does not end with the treatment of acne or hirsutism or irregular periods or infertility, it goes much beyond that. We need to prevent metabolic syndrome, and it's associated cardiac problems, cancer of the uterus, severe obesity etc. which commonly occur in PCOS women at an older age. It is extremely important to make a timely and correct diagnosis of PCOS when girls or women come to us with their symptoms, and convince them to have a regular follow up; by self-determination and self-discipline in their own life style, women themselves, can overcome this difficult situation, and live healthy lives.

While we have come a long way from PCOS being a poorly understood condition. in 1990 to present day, there is still much to learn and accomplish. The aim of this conversation is to give our readers an updated knowledge on PCOS.

I congratulate the editorial team for their excellent hard work and dedication to plan and prepare this news bulletin and wish all readers a very rewarding and pleasant reading

Warm Regards and best wishes,

**Dr. Sudha Prasad**  
President- IFS

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# MESSAGE FROM THE SECRETARY DESK



**DR NEENA MALHOTRA** Secretary - IFS

**Dear Friends,**

It is indeed a privilege and pleasure to address you all on this issue of IFS Conversations. I hope you are all in good health and safe. Our editorial team brings you this IFS conversation dealing with various aspects of PCOS.

I would like to congratulate the dynamic team of IFS who have spent their valuable time in compiling this bulletin, the authors and contributors for their efforts in providing in depth information and keeping us all updated with recent advances in the field .

IFS has been doing excellent work by focussing on academic activities all over the country, helping young faculty to learn from experienced senior members. Indian Fertility Society (IFS) has progressed over the few years with nearly 3400 members and 28 chapters. It is an internationally affiliated organization engaged in training and educating clinicians and embryologists by organizing CME, workshops and seminars.

In this conversation we have dealt with "PCOS". With the increasing incidence of PCOS and metabolic syndrome, management of insulin resistance is a dilemma for all clinicians, this edition shall throw light on role of insulin sensitizers, dispel myths and clarify its indications in background of available scientific evidence. Hope you all will find it very useful.

Warm Regards and best wishes,

*Neena Malhotra*

**Dr. Neena Malhotra**  
Secretary - IFS

### WHY TO JOIN IFS

IFS is a Multi-disciplinary Society that values the input and participation of professionals in the scope of Reproductive Medicine.

#### IFS MEMBERSHIP Benefits At A Glance

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\* Please make Cheque / Draft in favour of "INDIAN FERTILITY SOCIETY" payable at New Delhi.  
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Who can apply for IFS Membership : All Professionals with postgraduate qualification such as Obstetricians & Gynaecologists, Clinical embryologists, andrologists, ultrasonologists, counsellors, geneticists and other involved in the care of infertility patients.

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## MESSAGE FROM THE EDITOR'S DESK



**DR. SHWETA MITTAL GUPTA**  
Editor - IFS



**DR RASHMI SHARMA**  
Jt. Editor - IFS

**Dear Memembers of IFS & all Readers,**

Hope you all are keeping safe & healthy.

In this bulletin dedicated to PCOS, one of the most commonly faced situation, yet difficult to treat, we bring you a variety of academic bonanza.

**“The role of vitamin D deficiency in pathogenesis of PCOS”** as well as modulator of insulin deficiency has been elucidly written & discussed by Dr. Prateebha Makhija.

Prof. Dr. Rekha Ratnani has described a **“case report of endometrial carcinoma in a young PCOS women”** and further elaborated on how to preserve fertility in such cases.

Dr. Paulami Dey in detail has described all the **“Different phenotypic presentation of PCOS and the phenotypic approach”**.

Lastly Dr. Neha Mathur wrote about **“Oocyte quality in PCOS women undergoing IVF”**, a yet another important aspect which needs to be understood and dealt with.

Hope all our readers will find all the articles interesting with many important practising tips.

May this season bring in a lot of joy and happiness to all.

Editorial team.



# INDIAN FERTILITY SOCIETY

## IFS RECOMMENDATIONS FOR COVID 19 VACCINATION BEFORE ART



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## INVITED ARTICLES

### Emerging Concept: Role of Vitamin D Deficiency in the Pathogenesis of PCOS



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#### Introduction

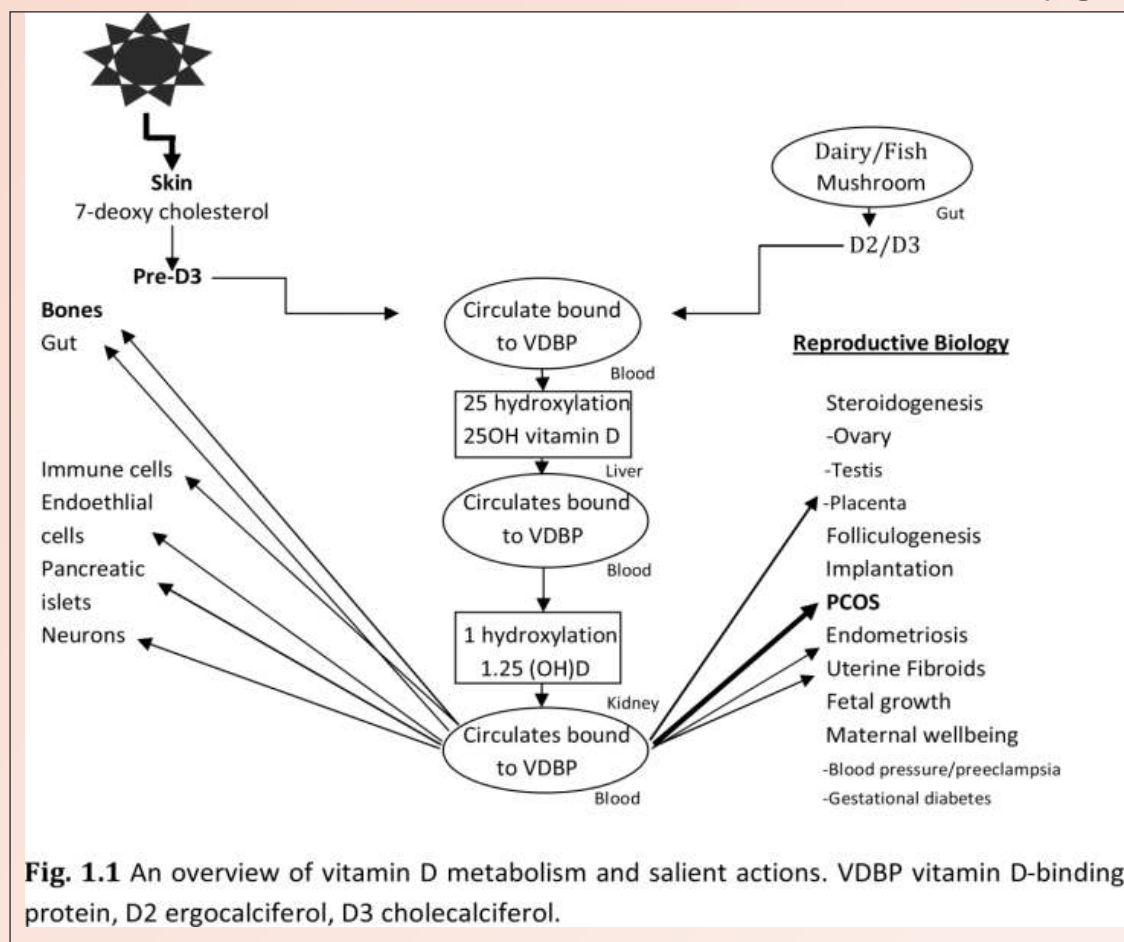
Polycystic ovary syndrome (PCOS), characterized by clinical and biochemical evidence of hyperandrogenism, menstrual irregularities, ovulatory dysfunction, and polycystic appearance of the ovaries, is the most common endocrinopathy of reproductive-age women [1-4]. Insulin resistance (IR) has emerged as being central to the path physiology of PCOS [5, 6], with resulting hyperinsulinemia as a mechanism contributory to both the ovulatory dysfunction and hyperandrogenism that characterize this disorder [6]. The endocrine and metabolic milieu of PCOS places this population at enhanced lifetime risk for a spectrum of morbidities including poor reproductive outcomes, type 2 diabetes mellitus (DM), cardiovascular disease (CVD), mood disorders including depression and anxiety, as well as endometrial cancer [1, 2].

The role of vitamin D in calcium homeostasis and in the maintenance of skeletal health is well recognized [7]. In addition, a growing body of evidence relates deficiency of vitamin D to a number of nonskeletal sequelae, including obesity, DM, dyslipidemia, hypertension, inflammation, CVD, autoimmune disease, and cancers [7-12]. Genes that are critical for glucose and lipid metabolism are recognized to be downstream targets of vitamin D signaling [7-9]. A relationship between vitamin D deficiency and IR has additionally become apparent in recent years. Given that a role of calcium in oocyte activation and maturation is well understood [13-15] and

since PCOS is a state of follicular developmental arrest, abnormalities in vitamin D metabolism and action could be theorized to be linked to the pathogenesis of PCOS. Thus, in PCOS, vitamin D deficiency has emerged as a plausible mechanism to explain some of the metabolic and endocrine features of PCOS. Indeed, multiple studies, observational as well as randomized controlled trials, have explored the relevance of vitamin D in PCOS [16-28]. Accumulating data suggest low levels of vitamin D in PCOS [17, 19, 21, 28], and vitamin D deficiency is shown to be linked to PCOS pathophysiology through its associations

with obesity, insulin resistance, hyperandrogenism, dyslipidemia, inflammation, as well as features of depression and risk for DM and CVD. While impaired folliculogenesis, steroidogenesis, and reproductive compromise are well described in the animal models of vitamin D deficiency, a relevance of vitamin D for human reproductive biology, however, is less well understood. Herein we attempt to provide an overview of our current understanding on the plausible relevance of vitamin D in the pathophysiology of PCOS.

#### Vitamin D: Mechanism of Action (Fig. 1.1)



Humans are primarily dependant on endogenous cutaneous synthesis of vitamin D through exposure to solar ultraviolet B (UVB); dietary sources account for less than 20 % of daily requirements of the vitamin. Exposure to solar UVB converts dehydrocholesterol in the skin to previtamin D<sub>3</sub> which is rapidly converted to vitamin D<sub>3</sub> (cholecalciferol). Dietary vitamin D gets incorporated in the chylomicrons and gets transported via the lymphatics to the circulation. Circulating vitamin D is transported to the liver where it undergoes the first step of activation wherein vitamin D-25-hydroxylase catalyzes the conversion to 25-hydroxy vitamin D (25(OH)D), the major circulating form that reflects the overall vitamin D status. Final activation of 25(OH)D occurs in the kidney as well as at target cell level, via 1- $\alpha$  ( $\alpha$ -hydroxylase to 1,25-dihydroxyvitamin D (1,25(OH)<sub>2</sub>D), the active vitamin D metabolite that promotes intestinal calcium absorption through its interaction with the cognate vitamin D receptor (VDR). Vitamin D acts as a transcription factor via signaling through the nuclear VDR-retinoic acid x-receptor (VDR-

RXR) complex [7] and exerts actions across a host of tissues, including the skeleton, pancreas, parathyroid glands, and even ovary [29, 30]. Serum levels of calcium, phosphorus, parathyroid hormone (PTH), as well as fibroblast-derived growth factor-23 (FGF-23) are recognized modulators of 1 $\alpha$ -hydroxylation of 25(OH)D [7].

#### Obesity, PCOS, and Vitamin D

There is increased prevalence of body mass excess in women with PCOS as compared to age-matched controls [1, 6, 31, 32]. A recent meta-analysis identified women with PCOS as having an increased prevalence of being overweight, obese, and centrally obese compared to non-PCO controls [32]. An inverse relationship between circulating 25(OH)D levels and parameters of body mass excess such as body mass index (BMI) and waist circumference (WC) is well described across populations including women with PCOS [17, 19-21, 23, 25, 33, 34]. Possible rationale for the lower circulating 25(OH)D levels in obesity may include increased sequestration tendency of obese individuals to seek sunlight [35].

### Vitamin D: A Modulator of Insulin Resistance in PCOS

Insulin secretion is a calcium-dependent process [36, 37] and IR and compensatory hyperinsulinemia are well described in the setting of PCOS [5, 6]. The precise mechanism of action whereby vitamin D influences insulin signaling appears to involve genomic stimulation of the insulin receptor mRNA via VDR signaling [38, 39]. Vitamin D signaling appears to promote insulin synthesis and release, enhance insulin receptor expression, and also inhibits pro-inflammatory cytokines that are recognized to play a role in the pathogenesis of IR [40]. The latter mechanisms may explain the observed associations between vitamin D deficiency with impaired glucose and insulin metabolism [41-44] and the recognized high prevalence of hypovitaminosis D in populations with type 2 DM [45-47]. Similar trends and associations have been described in women with PCOS in whom limited data suggest similar relationships between IR and vitamin D deficiency in women with PCOS [20, 21, 24, 25].

### Vitamin D: Relationship with Hyperandrogenemia of PCOS

Vitamin D status can be hypothesized to modulate circulating androgen levels through interactions with sex hormone-binding globulin (SHBG), and PTH. Recognized as a modulator of circulating levels of free androgens, the hepatic SHBG is the dominant carrier protein that binds circulating androgens including testosterone and androstenedione and, hence, minimizes percentage of free androgen available to act at the target tissue; a decline in SHBG levels, as seen in states of IR, is associated with increase in circulating free androgen levels and, hence, worsening features of hyperandrogenism. Serum levels of 25(OH)D are shown to correlate positively with SHBG levels [48]. Conversely, hyperinsulinemia, as in PCOS, promotes hyperandrogenism through inhibition of hepatic synthesis of SHBG [49]. Hirsute PCOS women were reported to have significantly lower 25(OH)D levels compared to the non-hirsute. Serum PTH levels are intimately related to vitamin D status, and are known to be higher in the obese individuals, secondary to vitamin D deficiency [50-54].

### Vitamin D: Implications for Ovarian Physiology and Relevance for PCOS

Animal studies have established the role of calcium in oocyte activation and maturation [13-15]. An increase in intracellular free calcium is responsible for progression of oocyte meiosis [13-15]. Given the known association of PCOS with ovulatory dysfunction [55], studies were conducted to investigate the contribution of altered calcium homeostasis in PCOS pathophysiology [16, 19, 26]. Addition of vitamin D and calcium along with metformin is more effective in correcting menstrual disorders and

follicular growth than either metformin or calcium and vitamin D alone.

### Vitamin D: Potential Implications for Cardiovascular Health in PCOS

Epidemiological data identify vitamin D deficiency as a risk factor for enhanced cardiovascular morbidity and mortality [56-58]. Vitamin D receptors are located in the vascular smooth muscle [59] and endothelium [60], and inflammation, dyslipidemia, hypertension, coronary artery disease, cardiac failure, and accelerated carotid atherosclerosis have been described in association with vitamin D insufficiency across populations [56-58]. Limited data are additionally available on the relationship between vitamin D status and CVD risk in the PCOS population [17, 19, 21]. Li et al. identified 25(OH)D levels to relate inversely with C-reactive protein (CRP), a known risk factor for CVD [17], whereas both Li et al. and Hahn et al. identified positive correlations between 25(OH)D and HDL levels [17, 21]. Wehr et al. demonstrated inverse correlations between vitamin D status and serum levels of triglycerides, total cholesterol, and systolic and diastolic blood pressure [19].

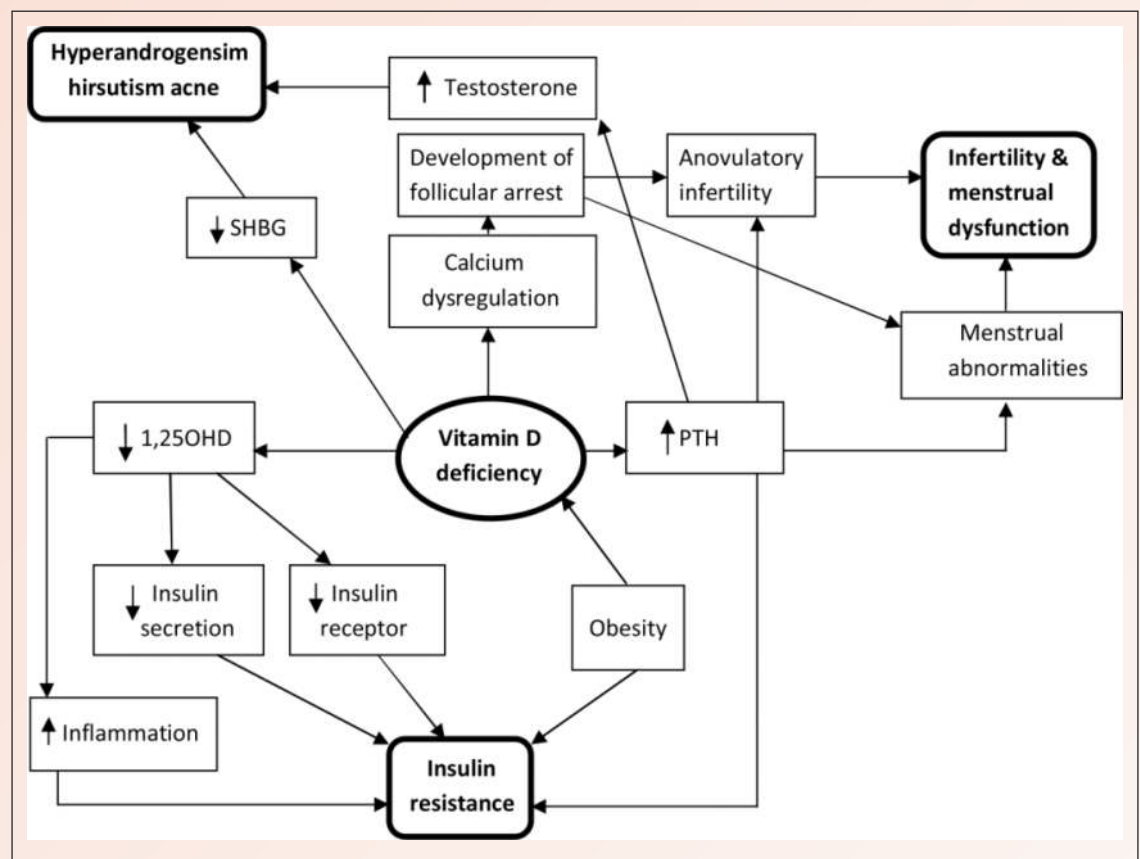
### Vitamin D: Potential Implications for Psychological Well-Being in Women with PCOS

Vitamin D deficiency has been linked to

depression in the non-PCOS populations. Women with PCOS carry a substantial psychological burden; although the exact underpinnings remain unclear, altered physical appearance (obesity, acne, alopecia, hirsutism), menstrual irregularity, and difficulties in conceiving are recognized as potential contributors to the prevalent issues of depression, anxiety disorders, body image dissatisfaction, and sexual dysfunction encountered in women with PCOS [61-64].

### Vitamin D: Potential Implications for Reproductive Success in Women with PCOS

Vitamin D as essential for procreative "success, with recognized effects on folliculogenesis, spermatogenesis, steroidogenesis, and implantation [65-67]. Vitamin D is recognized to enhance action of the enzyme aromatase, which is responsible for conversion of androgens to estrogens in the ovarian granulosa cells [68], and interruption of estrogen signaling is suggested as a mechanism for reproductive disturbances in the setting of vitamin D deficiency [68, 69]. In a study of infertile women undergoing in vitro fertilization, our group had observed significantly higher 25(OH)D levels in the ovarian follicular fluid of women who achieved clinical pregnancy following fresh embryo transfer [70], and this finding was subsequently corroborated by others [71-73].



**Fig. 1.2** The role of vitamin D deficiency in the pathology of PCOS. Adapted from Thomson RL, Spedding S, Buckley JD. Vitamin D in the aetiology and management of polycystic ovary syndrome. Clin Endocrinol 2012;77:343-350, with permission from John Wiley and Sons. © 2012 Blackwell Publishing Ltd

### Summary

A vast body of literature links low vitamin D status to obesity, insulin resistance, menstrual irregularity, depression, and increased CVD risk (Fig. 1.2), and a growing body of literature suggests a relevance of vitamin D insufficiency for the pathophysiology of PCOS. A need for appropriately powered double-blind randomized controlled trials is underscored by the currently existing data so as to definitively address if vitamin D insufficiency may be a modifiable mechanism in the pathophysiology of PCOS, and if normalization of vitamin D status could mitigate the endocrine, metabolic, and clinical stigmata of PCOS.

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### Case Report- Endometrial Carcinoma In A Young Pcos Female With A Successful Pregnancy Outcome Secondary To Medical Management And Art Technique



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#### INTRODUCTION

Polycystic ovarian syndrome (PCOS) is a common endocrinopathy characterized by oligo/anovulation and elevated circulating androgens or evidence of hyperandrogenism after all known potential causes have been excluded. These endocrinologic and metabolic abnormalities expose endometrium to unopposed estrogen for long durations causing infertility and endometrial disorders including hyperplasia and cancer. Endometrial carcinoma in young nulliparous women poses a challenge for the diagnosis and management. This case report illustrates that young subfertile women with PCOS are at risk of developing endometrial carcinoma and medical management combined with ART techniques can be rewarding.

#### CASE REPORT

A 25 year old married woman presented 2 years after her marriage with irregular cycles. She was known case of PCOS but never prescribed any medication. Her pelvic sonography revealed 3.5 cm thickness of endometrium. On MRI study, uterus was found bulky, both ovaries were polycystic and a heterogeneous, non enhancing intermediate signal intensity mass within the expanded endometrial cavity measuring 4.5cm x 3.3 cm x 3.4cm with peripherally situated T2 hyperintensities resembling endometrial polyp was reported. She was posted for hysteroscopic resection. Intraoperatively it was seen as bunch of multiple polyps appearing more like retained products of conception due to its friable nature. Histopathologically it was reported as a case of well differentiated endometrioid adenocarcinoma FIGO grade 1. She was referred to Tata Memorial Hospital and after ruling out myometrial invasion in fresh MRI, she was put on medroxyprogesterone which was gradually increased to 80 mg TDS after all her required blood tests were within normal range. Three monthly hysteroscopic biopsy was planned and response was assessed based on histopathological

findings. After 6 months, dose was decreased to 40 mg TDS and LNG-IUS was inserted. Patient had massive weight gain and mood swings as side effects. After 9 months therapy, biopsy showed mild atypia hence dose was tapered and after full 18 months, she showed no feature of atypia and was only on LNG-IUS. Her FSH was 0.23, LH was 0.12, and E2 was 85.0. Decision was taken to hyperstimulate her with recombinant FSH in step up protocol. She made 24 follicles with 150 iu and leupride was used as trigger. OPU was smooth and 20 good quality oocytes were in hand. ICSI was done and 13 embryos of grade 1-2.5, with 6-8 cells were frozen and FET was planned. She was put on 8mg estradiol hemihydrate from day 3 of next cycle and later dose was increased to 12 mg daily. Her endometrium failed to grow beyond 6mm and instead of trilaminar pattern it showed fluid collection in the endometrial cavity. Decision was taken for hysteroscopy and it revealed suspicious thickened endometrial patches from which biopsy was taken. It revealed complex hyperplasia with mild atypia. Procedure was abandoned and she was referred back to Tata Memorial hospital. She was put on LNG-IUS and kept on follow up. Patient was counselled and decision for surrogacy taken. FET was done and we got success in third attempt. Beautiful twin babies were born in corona times bringing lot of happiness in her life after four years of struggle with the disease.

#### DISCUSSION

An association between polycystic ovary syndrome (PCOS) and endometrial carcinoma was first suggested in 1949. However, obesity, hyperinsulinemia, and hyperandrogenism, which are also the features of PCOS, are risk factors for endometrial carcinoma. Lack of clinical suspicion and reluctance to do an endometrial evaluation may delay this rare diagnosis of endometrial cancer in young women. One of the well-documented effects of estrogen on the endometrium is its growth-stimulating effect, which can produce a progression of changes from benign proliferation to atypical hyperplasia and adenocarcinoma. Anovulation due to unopposed estrogens contributes to this situation. In a normal menstruating woman, progesterone induces regular sloughing of the endometrium, thereby removing endometrial tissue that might otherwise become hyperplastic. Furthermore, progesterone can reverse various degrees of hyperplasia and early stages of adenocarcinoma to normal endometrial histology by causing suppression of endometrial glandular growth, through stromal decidualization and leukocytic infiltration to glandular atrophy and stromal focal necrosis. Due to prolonged treatment, connective tissue fibers increase to some degree and may be accompanied by endometrial fibrosis and calcification. Clinical and histological data have demonstrated that all these changes, including fibrosis and calcification, return to normal in a short period after discontinuing the treatment.

Adenocarcinoma of the endometrium is a morbid condition in women under 40 years of age with an incidence of 25%. The disease is often advanced when diagnosed, thereby depriving the woman of the option for fertility sparing conservative approach. In young women with menstrual abnormalities and polycystic ovarian disease and/or infertility, an endometrial evaluation should be performed. Carcinoma endometrium should be kept in mind while evaluating young women with polycystic ovary syndrome for abnormal uterine bleeding. Only strictly selected patients should, therefore, be indicated for long-

term progestogen treatment and careful evaluation before and after treatment should be performed.

The standard treatment for endometrial carcinoma is total abdominal hysterectomy with bilateral salpingo-oophorectomy. In young women with low histological grade and early stage of the disease, conservative hormonal therapy has been tried with close follow-up. There are reports of high-dose medroxyprogesterone acetate (600 mg/day) treatment with endometrial evaluation in every 3 months to assess the effects of medication but studies suggest that 200mg/day gives similar control. If the response is not satisfactory, hysterectomy is advocated. For a successful outcome following conservative approach, a strict clinical staging in the form of physical examination, Hysteroscopy and imaging with ultrasound, CT or MRI, and a cautious evaluation of histological grading by a pathologist are required. Women with endometrial cancer who want fertility preservation should be counseled regarding the possible risk of advanced disease if surgical therapy is delayed. Nevertheless these young patients should be given fair trial of conservative management and if recurrence occurs, the disease free window should be used for hyperstimulation of ovaries and ovum pick up. While preparing the endometrium for FET, keep suspicion index very high for recurrence and counsel the patient for the need of surrogacy for successful outcome. Multidisciplinary approach while treating such young patients help in formulating the treatment plan with successful outcome. **DO NOT FORGET** that conservative therapy is feasible only in carefully selected young women with endometrial cancer. Recurrence rates are high as quoted by long-term observational studies even after pathologically complete remissions. Therefore, close follow-up is recommended.



**Endometroid carcinoma**



**Successful twin delivery with LNG IUS in situ**

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### POLYCYSTIC OVARIAN SYNDROME- THE PHENOTYPIC APPROACH



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#### INTRODUCTION-

Polycystic ovary syndrome (PCOS) was first described in 1935 by Stein and Leventhal in a case series of seven women with amenorrhea, hirsutism, obesity, and ovaries with a gross polycystic appearance. Polycystic ovary syndrome is a common (4% to 21%) disorder among reproductive age women. Depending on diagnostic criteria, PCOS's prevalence was approximately 4%–6.6% in accordance with NIH 1990 criteria and approximately 4%–21% when Rotterdam 2003 criteria were applied.

Polycystic ovarian syndrome (PCOS) is a highly prevalent disorder affecting multiple aspects of a woman's overall health, with long-term effects that transcend well beyond the reproductive age. The term "polycystic ovarian syndrome" does not fully or accurately reflect the complexity of this disorder given its very broad spectrum of clinical manifestations and associated morbidities. Patients with PCOS demonstrate reproductive abnormalities, marked insulin resistance, increased risk for type 2 diabetes mellitus, coronary heart disease, atherogenic dyslipidemia, cerebrovascular morbidity, and anxiety and depression. If pregnant, these women have substantially increased odds for the development of gestational diabetes, pre-eclampsia, fetal macrosomia, small-for-gestational age infants, and perinatal mortality.

Hospital admissions for women with PCOS are twice as high as for the general population. Over the last several decades, significant efforts have been made to classify PCOS; however, global consensus regarding a PCOS criterion remains controversial. Unfortunately, existing epidemiologic and/or basic research data have not been sufficient in providing the foundation needed to derive an evidence-based definition of the syndrome. Currently proposed criteria are predominantly based on expert opinion, thereby serving as a point of disagreement among researchers: some experts assert it is a disorder predominantly of androgen excess, whereas others believe that it has a broader spectrum of

presentation. Some progress has been achieved more recently with the introduction of a novel phenotypic approach to the diagnosis. A phenotypic approach to classifying PCOS avoids the drawbacks of currently existing criteria, which may be interpreted as "lumping" all phenotypes together, while providing a simple diagnostic instrument and avoiding the need to decide between multiple different PCOS definitions. In the present article we review the controversy around the PCOS definition; the prevalence of the disorder on the basis of these definitions; the distribution and associated morbidity of the PCOS phenotypes; and important phenotypic differences in PCOS according to population source and referral bias

**GLOBAL PREVALENCE OF PCOS**

Understanding the global prevalence and phenotype of PCOS is important, considering that geographic factors and ethnic/racial variations can shape the clinical presentation of the syndrome. The first studies to determine prevalence in a medically unselected (unbiased) population were initiated by Azziz and colleagues, who reported PCOS prevalences ranging from 4% to 6.6% using the NIH 1990 criteria among unselected reproductive-age women residing in the southeastern region of the United States. The prevalence of PCOS among different geographic regions ranges from 5% to 10% according to NIH 1990 criteria; from 10% to 15% according to the AE-PCOS 2006 criteria, and from 6% to 21% when the ESHRE/ASRM 2003 criteria were applied. Greater estimates of PCOS prevalence with the Rotterdam 2003 and AE-PCOS 2006 criteria are largely attributed to their more expansive definition and inclusion of additional phenotypes, compared with NIH 1990 diagnostic criteria, and the PCOS phenotypes were defined.

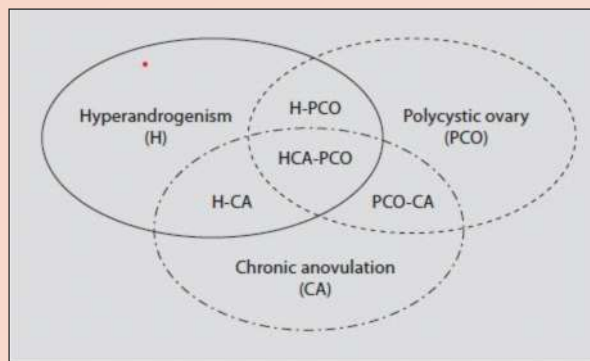
**LIMITATIONS OF STUDIES ASSESSING PCOS PREVELANCE-**

1. **UNDER REPORTING-** assessment of the PCOS phenotype is a complex multistep process, which requires multiple clinical and laboratory assessments, pelvic ultrasound, and possibly several visits for some subjects.
2. **INCOMPLETE DATA**
3. **HETEROGENEITY-** Several limitations in the definition of the outcomes (PCOS and its compounds) leading to heterogeneity in prevalence estimates (e.g., the lack of population-defined normative ranges), androgen measures based on total T only, use of insensitive/inaccurate circulating androgen assays, involvement of multiple observers for the evaluation of hirsutism with unknown interobserver variation, effect of transvaginal ultrasound transducer frequency on the cut-off value for antral follicle count and the absence of standardization in the evaluation for the exclusion of mimicking disorders.

However, despite all discussed limitations, the prevalence of PCOS by the NIH 1990 criteria is relatively similar among different ethnic and geographic populations, possibly suggesting that, at least for the "classic" PCOS phenotype, the disorder seems to have originated before the separation of Homo sapiens into racial groups.

**PCOS PHENOTYPES**

The presentation of PCOS can be subdivided into four phenotypes: **phenotype A:** HA + OD + PCOM; **phenotype B:** HA + OD; **phenotype C:** HA + PCOM; and **phenotype D:** OD + PCOM. "Classic" PCOS



**(Phenotypes A and B)**

Women with "classic" PCOS (phenotypes A and B) are associated with more pronounced menstrual dysfunction; increased insulin levels, higher rates of insulin resistance, and risk for metabolic syndrome; body mass index and prevalence of obesity; and more severe forms of atherogenic dyslipidemia, increased risk of hepatic steatosis as compared with women diagnosed with non-classic or non-hyperandrogenic PCOS phenotypes (phenotypes C and D).

The highest antimullerian hormone levels are also found in patients with classic PCOS. Menstrual cycle pattern is also more irregular in these women as compared with phenotype D but seems to normalize with ageing.

TABLE 6

"Ovulatory PCOS" (Phenotype C)

Patients with "ovulatory PCOS" generally demonstrate intermediate levels of serum androgens, insulin, atherogenic lipids, hirsutism scores, and prevalence of metabolic syndrome, as compared with patients with "classic" and the non-hyperandrogenic PCOS phenotypes.

Higher socioeconomic status is related to a higher prevalence of the ovulatory phenotype. Differences in ovulation patterns between the social groups could in part be explained by differing insulin levels and fat tissue distribution.

"Nonhyperandrogenic PCOS" (Phenotype D)

In the majority of studies, patients with non-hyperandrogenic PCOS had the mildest degree of endocrine and metabolic dysfunction and the lowest prevalence of metabolic syndrome as compared with healthy controls. These women had lower LH to FSH ratios, lower total and free T levels, and higher sex hormone-binding globulin levels, as compared with subjects with classic PCOS. Besides that, the number of women with regular cycles alternating with irregular cycles is highest in women with phenotype D.

**Distribution of PCOS Phenotypes**

Understanding the distribution of PCOS phenotypes is essential in defining the epidemiology of PCOS in a population. Overall, published data indicate that more than half of PCOS patients identified within the clinical setting demonstrate phenotype A, whereas the other three phenotypes (i.e., B, C, and D) have almost equal prevalence. Overall, it seems that the classic form of PCOS (i.e., phenotypes A and B) constitutes approximately two-thirds of the total of PCOS patients identified within the clinical setting. Few data exist regarding the distribution of phenotypes in women with PCOS identified in *medically unbiased (i.e., unselected) populations*, which would more accurately reflect the distribution of phenotypes in PCOS in the "natural" state. The few studies suggest that approximately two-thirds of PCOS patients identified among unselected populations could be

classified as having phenotypes B and C, whereas phenotype A and phenotype D are almost equally prevalent. Interestingly, these early data suggest that the least prevalent phenotypes are the most (phenotype A) least (phenotype D) metabolically severe phenotypes.

**Comparison of the Different PCOS Phenotypes Based on Clinical Metabolic, and Hormonal Profile, and their Response to Clomiphene**

**Height, weight, BMI, waist circumference-**

Phenotype A has significantly higher weight and BMI ( $P < 0.05$ ) in comparison to phenotypes C and D. Although phenotype B has higher weight and BMI than phenotypes C and D, but the results are not statistically significant ( $P > 0.05$ ). However, there is no significant difference noted in the waist circumference, waist-hip ratio ( $P > 0.05$ ).

**Both clinical and biochemical hyperandrogenism (Ferriman-Gallwey score, total testosterone, and androstenedione levels)**

Significantly more in phenotype A as compared with the phenotype C and D. Although phenotype B has higher Ferriman-Gallwey score, total testosterone, and androstenedione levels than phenotypes C and D but the results are not statistically significant ( $P > 0.05$ ).

**Menstrual irregularities** (cycle length  $>60$  days) significantly more common in phenotype A as compared with phenotype D ( $P = 0.000$ ).

**Ovarian reserve (mean AFC, mean ovarian volume, AMH)** significantly higher in phenotype A ( $P < 0.05$ ) as compared to the phenotypes B and D. Although phenotype A has a higher ovarian reserve than phenotypes C also, but the results are not statistically significant ( $P > 0.05$ ).

**Fasting insulin and HOMA-IR** significantly more in phenotype A as compared to phenotypes B and D ( $P < 0.05$ ). Phenotype B had higher insulin and HOMA-IR values than phenotypes C and D, but the results are not statistically significant ( $P > 0.05$ ).

**Lipid profile** significantly more deranged in phenotype A with higher LDL and total cholesterol and lower HDL values ( $P < 0.005$ ) as compared to phenotype D. Although phenotype B has more deranged lipid profile than phenotypes C and D but the results are not statistically significant ( $P > 0.05$ ).

**waist circumference, waist-hip ratio, blood pressure and blood sugar values (fasting, 1-hour postprandial, 2-hour postprandial), FSH, LH, LH-FSH ratio, 17-hydroxyprogesterone (17-OHP) and vitamin D levels** no significant difference amongst various PCOS phenotypes ( $P > 0.05$ ).

**Clomiphene resistance** significantly Higher in full-blown PCOS (phenotype A) as compared to phenotype D.

**Referral Bias in Defining the PCOS Phenotype** Multiple studies have shown that the difference in the distribution of PCOS phenotype between patients identified in clinical vs. unselected populations suggests that the clinical PCOS cohort may not be truly representative of the disorder in its natural, medically unbiased, state in the general population. The investigators found that the referral cohort of PCOS patients had a higher prevalence of the more severe PCOS phenotypes, greater BMI, more severe hirsutism, and more pronounced hyperandrogenemia, compared with women with PCOS identified in the unselected population. Subjects with PCOS identified in the general population have less severe manifestation of the disorder, higher prevalence of milder

phenotypes, and are different socioeconomically and racially, reflecting the ability to access medical care. Therefore, the use of clinical cohorts for epidemiologic research could possibly produce falsely elevated odds ratios and pseudo-significant associations. These data raise important questions *regarding the validity of epidemiologic research using clinical PCOS cohorts.*

#### SUMMARY-

Despite meaningful limitations of published prevalence studies relevant to sampling and outcome definitions, PCOS prevalence by NIH 1990 criteria remains relatively constant.

***Of the various PCOS criteria, NIH's 2012 phenotypic extension of the Rotterdam definition has been shown to be the most convenient approach when conducting research and clinical practice.*** This approach permits comparisons in epidemiologic studies among different populations and allows researchers to identify high-risk individuals in clinical practice. More epidemiologic data are required among medically unbiased PCOS populations to better understand the natural course of this syndrome, as well as validate any strengths of true associations with comorbid disorders.

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S7  
doi:10.1016/j.fertnstert.2006.03.012 Copyright ©2006 American Society for Reproductive Medicine, Published by Elsevier Inc.

##### 3. Comparison of the Different PCOS Phenotypes Based on Clinical Metabolic, and Hormonal Profile, and their Response to Clomiphene

Garima Sachdeva, Shalini Gainer, Vanita Suri, Naresh Sachdeva1, Seema Chopra  
<http://www.ijem.in> on Sunday, September 27, 2020, IP: 27.62.199.110]

##### 4. Prevalence, phenotype and cardiometabolic risk of polycystic ovary syndrome under different diagnostic criteria.

Yildiz BO, Bozdogan G, Yapici Z, Esinler I, Yarali H. Hum Reprod 2012;27:3067-73.

##### 5. Insulin resistance and the polycystic ovary syndrome revisited: an update on mechanisms and implications.

Diamanti-Kandarakis E, Dunaif A. Endocr Rev 2012;33:981-1030.

## Oocyte Quality in PCOS

Dr Neha Mathur

Polycystic ovarian syndrome is a metabolic disorder affecting the women in reproductive age group. It is a syndrome complex involving hyperandrogenicity, irregular menstruation and oligo ovulation. Different criteria viz National Institute Health in 1990 and Rotterdam criteria 2003 are available that define the syndrome(1).

PCOS is the most common cause of anovulatory infertility in females(2). Prevalence of the syndrome varies according to diagnostic consensus used, with estimates ranging from 9% according to National Institutes of Health consensus, up to 18% with the Rotterdam consensus(3).

The concept of oocyte quality represents the competence of the cell for development i.e its ability to undergo meiotic maturation, fertilisation and proper embryonic development(4).

This competence is acquired during follicular development by cross talks between the follicle and the surrounding granulosa cells. As there is disturbed follicular growth i.e antral follicular growth arrest in polycystic ovarian disease patients, there may be altered microenvironment, especially during controlled ovarian stimulation. Although the pathogenesis of polycystic ovaries is unknown, it is a complex and heterogeneous disorder in which the patients shows marked increase in androgen secretion(5). This hyperandrogenic milieu alters the interfollicular microenvironment, mainly by increasing the reactive oxygen species in the cells thereby leading to aberrant folliculogenesis (6).

There are few studies available at present assessing the association between reactive oxygen species (ROS), oxidative stress, and female infertility(7). Oxidative stress is defined as a disequilibrium between the production and neutralization of reactive oxygen species (ROS), which may occur as a result of excess ROS production and/or as a result of deficiency of antioxidant mechanisms.(8) Higher quantity of ROS is found in follicular fluid of PCOS and this affects the overall quality of oocyte and thereby affecting the fertilisation rate(9).

Oocyte quality can be evaluated based upon morphology, genetics and OMICS(genomics). Morphologically – Metaphase II oocytes can be evaluated for nuclear maturation and morphology of cytoplasm. Along with this other morphological characteristics like perivitelline space, polar body, granular cytoplasm, smooth endoplasmic reticulum incidence, vacuolization and abnormal zona pellucida have also been observed in patients with PCOD(10). Few studies are conducted in vitro fertilisation and ICSI cycles to compare the effect of hormonal stimulation on patient with and without PCOS. No significant differences were noted in the maturity of the oocytes, oocyte dysmorphism, embryo quality, implantation and pregnancy rates between the patients(11,12). Genetically there has not been any increase in the number of aneuploidies in PCOS patients conceived after IVF compared to non PCOS patients(13).

The genomic and proteomics studies have evolved over the course of time and helped a great deal in solving the microenvironment mystery. There has been studies regarding the overall alteration in the global gene expression(14) to overexpression of Hsp27 during oocyte maturation(15).

In spite of repeated studies conducted to assess the difference in oocyte quality of normal patient with PCOS patient, no significant criteria has been developed till now. One important consideration in this is the fact that PCOD is itself a cause of infertility independent of sperm and tubal causes, thus these patients may need controlled ovarian hyperstimulation(COH) more frequently than the others. In cases of artificial reproduction, due to COH, the oocyte quality may be altered due to vascular and inflammatory factors leading to

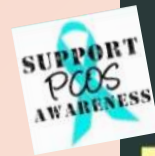
recruitment biases in studies.

Thus to conclude there is little clinical information regarding the poor oocyte quality in PCOD patients. PCOD being a metabolic disorder affects the body at different levels thus creating a hostile environment and hampering the reproductive ability of the patient.

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2. Wood JR, Dumesic DA, Abbott DH, Strauss JF3. Molecular abnormalities in oocytes from women with polycystic ovary syndrome revealed by microarray analysis. J Clin Endocrinol Metab. 2007;92:705-13
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6. Wood J R, Dumesic D A, Abbott D H, Strauss III J F. Molecular abnormalities in oocytes from women with polycystic ovary syndrome revealed by microarray analysis. J Clin Endocrinol Metab. 2007; 92 705-713
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## What is energy?

E - Educate, Exercise  
 N - NO to junk food / Laziness  
 E - Early to bed, Early to rise  
 R - Recharge Yourself, Remove Excess fat  
 G - Gynecologist Consultation.  
 Y - YOGA, LOVE YOURSELF, BE YOURSELF.



**Dr Pooja Kadhi**  
 Consultant OBGY  
 Sparsh Reconstructive Urogynaecology Clinic and  
 Suyash Hospital, Raipur, Chhattisgarh

*\*Wake up Insulin- Be sensitive\**  
 Life me ENERGY KA TADKA lagao.  
 Here is the acronym for controlling PCOD/PCOS .  
 We all know it's a disease which can be controlled  
 but not cured. This acronym ENERGY is to  
 summarise the Lifestyle modifications and anti  
 inflammatory food.  
 E- Educate, Exercise - strength training  
 N- No to junk food/ Laziness  
 E- Early to bed, early to rise- as per body's natural  
 circadian rhythm, Eat right, add Haldi, Cinnamon,  
 plant based diet  
 R- RECHARGE yourself, Remove excess fat/  
 Reduce WC and HC  
 G- Gynecologist consultation  
 Y- Yoga, Love Yourself, Believe in yourself.

10. Oocyte quality and embryo quality of infertile women with polycystic ovarian syndromeS. ChenDOI:https://doi.org/10.1016/j.fertnstert.2008.07.197

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14. Wood JR, Dumesic DA, Abbott DH, Strauss JF 3rd. Molecular abnormalities in oocytes from women with polycystic ovary syndrome revealed by microarray analysis. J Clin Endocrinol Metab 2007;92:705-13.

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# INDIAN FERTILITY SOCIETY STATEMENT


(14 April, 2020)

## COVID-19 & FERTILITY RECOMMENDATIONS FOR CLINICS & PATIENTS


For Details Visit  
[www.indianfertilitysociety.org](http://www.indianfertilitysociety.org)

# IFS ACTIVITIES

## VIBRATE MEETINGS



### Adenomyosis and infertility




**Dr. Jayesh Amin**  
 MBBS, MD (Obst. & Gynec)  
 Clinical Director of WINGS Group of Hospital Ahmedabad.  
 Current Secretary of Indian Fertility Society.

**Date:- 07<sup>th</sup> Oct, 2020 Time:- 3:00pm IST.**


Steps to view the Webinar  
 Go to Link:- [www.docmode.org/ifs](http://www.docmode.org/ifs)  
 1. Scroll down and under "ALL LECTURES" Click on the desired lecture.  
 2. Click "Adenomyosis and infertility"  
 3. This will take you to the lecture page. Now click on "Enroll".  
 4. Register as Doctor and fill all \* Required Details  
 5. Once registered - You can Login on 07th October 2020 for LIVE Event.  
 6. Already registered members can directly sign in, click on "Adenomyosis and infertility" and view the LIVE Event

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### Nuances in ovulation induction of PCOS



**Dr. Ila Gupta**  
 Director & Sr. Consultant Reproductive Medicine  
 Fertility Clinics, Delhi.  
 Co- Convenor - IFS Patient Resource Committee.  
 Former Secretary - IFS Haryana Chapter  
 Reviewer Fertility Science Research Journal

**Date:- 13<sup>th</sup> Oct, 2020 Time:- 3:00pm IST.**

Steps to view the Webinar  
 Go to Link:- <https://docmode.org/ifs/>  
 1. Scroll down and under "ALL LECTURES" Click on the desired lecture.  
 2. Click "Nuances in ovulation induction of PCOS"  
 3. This will take you to the lecture page. Now click on "Enroll".  
 4. Register as Doctor and fill all \* Required Details  
 5. Once registered - You can Login on 13th October 2020 for LIVE Event.  
 6. Already registered members can directly sign in, click on "Nuances in ovulation induction of PCOS" and view the LIVE Event

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### Complications/ troubleshooting in ART



**Dr. Gita Khanna**  
 Scientific Director - ART Unit, Ajanta Hospital & IVF Centre, Lucknow  
 Founder Secretary - Indian Fertility Society, U.P. Chapter  
 Past Secretary IFS - U.P. chapter  
 President - Association of Private Gynaecologists of Lucknow  
 Vice-President, Lucknow Obstetrics and Gynaecology Society

**Date:- 21<sup>st</sup> Oct, 2020 Time:- 3:00pm IST.**

Steps to view the Webinar  
 Go to Link:- <https://docmode.org/ifs/>  
 1. Scroll down and under "ALL LECTURES" Click on the desired lecture.  
 2. Click "Complications/ troubleshooting in ART"  
 3. This will take you to the lecture page. Now click on "Enroll".  
 4. Register as Doctor and fill all \* Required Details  
 5. Once registered - You can Login on 21st October 2020 for LIVE Event.  
 6. Already registered members can directly sign in, click on "Complications/ troubleshooting in ART" and view the LIVE Event

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### Ovarian reserve markers- How relevant in infertility practice?



**Dr. Sandeep (Sonu) Talwar**  
 Sr. Consultant, Southend Fertility & IVF  
 Executive Body Member - IFS (Indian Fertility Society)  
 & FPSI (Fertility Preservation Society of India).

**Date:- 27<sup>th</sup> Oct, 2020 Time:- 3:00pm IST.**

Steps to view the Webinar  
 Go to Link:- <https://docmode.org/ifs/>  
 1. Scroll down and under "ALL LECTURES" Click on the desired lecture.  
 2. Click "Ovarian reserve markers- How relevant in infertility practice?"  
 3. This will take you to the lecture page. Now click on "Enroll".  
 4. Register as Doctor and fill all \* Required Details  
 5. Once registered - You can Login on 27th October 2020 for LIVE Event.  
 6. Already registered members can directly sign in, click on "Ovarian reserve markers- How relevant in infertility practice?" and view the LIVE Event

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### Fertility preservation techniques Basic understanding




**Dr. (Mrs) Puneet Rana Arora**  
 MBBS,PGD,PGO,MRCD,DUKLM,SC, Reproduction & Development(SUK)  
 Senior Consultant: Reproductive Medicine & Assisted Reproduction (Infertility, Oncofertility)  
 Director-Centre for Infertility & Assisted Reproduction  
 Senior Consultant: Main Fertility Society  
 Executive Member-Indian Fertility Society  
 Founder Member & Founder Joint Secretary-Fertility Preservation Society (India)  
 Advisor: Fertility- Carikis Kolkata, TVAcas foundation

**Date:- 10<sup>th</sup> Nov, 2020 Time:- 3:00pm IST.**


Steps to view the Webinar  
 Go to Link:- <https://docmode.org/ifs/>  
 1. Scroll down and under "ALL LECTURES" Click on the desired lecture.  
 2. Click "Fertility preservation techniques-Basic understanding"  
 3. This will take you to the lecture page. Now click on "Enroll".  
 4. Register as Doctor and fill all \* Required Details  
 5. Once registered - You can Login on 10th November 2020 for LIVE Event.  
 6. Already registered members can directly sign in, click on "Fertility preservation techniques-Basic understanding" and view the LIVE Event

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### Sperm function test- How relevant in fertility practice?



**Dr. Ruma Satwik**  
 DGO, DNB, FNB(Reproductive Medicine)  
 Consultant, Centre of IVF and Human Reproduction  
 Sir Gangaram Hospital, New Delhi (since 2010)  
 Co-Convenor: IFS Special Interest group in Research Methodology

**Date:- 24<sup>th</sup> Nov, 2020 Time:- 3:00pm IST.**

Steps to view the Webinar  
 Go to Link:- <https://docmode.org/ifs/>  
 1. Scroll down and under "ALL LECTURES" Click on the desired lecture.  
 2. Click "Sperm function test- How relevant in fertility practice?"  
 3. This will take you to the lecture page. Now click on "Enroll".  
 4. Register as Doctor and fill all \* Required Details  
 5. Once registered - You can Login on 24th November 2020 for LIVE Event.  
 6. Already registered members can directly sign in, click on "Sperm function test- How relevant in fertility practice?" and view the LIVE Event

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### Implantation failure




**Dr. Divyashree**  
 Medical Director at Geneva Fertility Centre, Bengaluru  
 Secretary - Indian Fertility Society Karnataka Chapter

**Date:- 08<sup>th</sup> Dec, 2020 Time:- 3:00pm IST.**


Steps to view the Webinar  
 Go to Link:- <https://docmode.org/ifs/>  
 1. Scroll down and under "ALL LECTURES" Click on the desired lecture.  
 2. Click "Implantation failure"  
 3. This will take you to the lecture page. Now click on "Enroll".  
 4. Register as Doctor and fill all \* Required Details  
 5. Once registered - You can Login on 08th December 2020 for LIVE Event.  
 6. Already registered members can directly sign in, click on "Implantation failure" and view the LIVE Event

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### Tackling High LH in patients with PCOS



**Dr. Reeta Mahey**  
 Additional Professor, OBGYN (ART)  
 All India Institute of Medical Sciences (AIIMS), New Delhi  
 Department of Obstetrics & Gynaecology  
 Award: Young Gynaecologist award (AOFGO 2017)  
 Dr. Mangla Telang Best Research paper award (FERTIVISION 2018)

**Date:- 16<sup>th</sup> Dec, 2020 Time:- 3:00pm IST.**

Steps to view the Webinar  
 Go to Link:- <https://docmode.org/ifs/>  
 1. Scroll down and under "ALL LECTURES" Click on the desired lecture.  
 2. Click "Tackling High LH in patients with PCOS"  
 3. This will take you to the lecture page. Now click on "Enroll".  
 4. Register as Doctor and fill all \* Required Details  
 5. Once registered - You can Login on 16th December 2020 for LIVE Event.  
 6. Already registered members can directly sign in, click on "Tackling High LH in patients with PCOS" and view the LIVE Event

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### Adjuvants in Infertility What does Evidence tell us?



**Dr. Rupali**  
 DNB ( Obs & Gynaec), MNAMS, Dip. In USG  
 Senior Consultant (IVF & Laparoscopy)  
 Indraprastha Apollo Hospital, New Delhi &  
 Apollo Cradle Royale, New Delhi  
 Web Editor, Indian Fertility Society

**Date:- 22<sup>nd</sup> Dec, 2020 Time:- 3:00pm IST.**


Steps to view the Webinar  
 Go to Link:- <https://docmode.org/ifs/>  
 1. Scroll down and under "ALL LECTURES" Click on the desired lecture.  
 2. Click "Adjuvants in Infertility - What does Evidence tell us?"  
 3. This will take you to the lecture page. Now click on "Enroll".  
 4. Register as Doctor and fill all \* Required Details  
 5. Once registered - You can Login on 22nd December 2020 for LIVE Event.  
 6. Already registered members can directly sign in, click on "Adjuvants in Infertility - What does Evidence tell us?" and view the LIVE Event

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# IFS ACTIVITIES

## VIBRATE MEETINGS



### Genetics in infertility- How much should a clinician know?



**Dr. M VENUGOPAL**  
MD, DNB  
Executive Director - ARMC IVF Fertility Centre, Ayyanthole, Thrissur  
Secretary General - Kerala Federation of Obstetrics & Gynecology  
Secretary - Kerala Chapter of Indian Fertility Society

**Date:-** 06<sup>th</sup> Jan, 2020 **Time:-** 3:00pm IST.



**Steps to view the Webinar**

Go to Link:- <https://docmode.org/ifs/>


1. Scroll down and under "ALL LECTURES" Click on the desired lecture.
2. Click "Genetics in infertility- How much should a clinician know?"
3. This will take you to the lecture page. Now click on "Enroll".
3. Register as Doctor and fill all \* Required Details
4. Verify by clicking on Link sent to you by Email
5. Once registered - You can Login on 06th January 2021 for LIVE Event.
6. Already registered members can directly sign in, click on "Genetics in infertility- How much should a clinician know?" and view the LIVE Event

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### OHSS- Prevention and Troubleshooting



**Dr. Tanya Buckshee Rohatgi**  
MD FRCOG (LONDON) DFFP (London)  
MSc (Distinction) in Reproduction and IVF (Bristol, UK)  
Principal Consultant in IVF, Reproductive Medicine & Surgery & Onco-Fertility  
Consultant Training in High-risk Obstetrics & Gynaecology/VFLeads Teaching Hospitals, NHS, UK

**Date:-** 12<sup>th</sup> Jan, 2021 **Time:-** 3:00pm IST.


**Steps to view the Webinar**

Go to Link:- <https://docmode.org/ifs/>

1. Scroll down and under "ALL LECTURES" Click on the desired lecture.
2. Click "OHSS- Prevention and Troubleshooting"
3. This will take you to the lecture page. Now click on "Enroll".
3. Register as Doctor and fill all \* Required Details
4. Verify by clicking on Link sent to you by Email
5. Once registered - You can Login on 12th January 2021 for LIVE Event.
6. Already registered members can directly sign in, click on "OHSS- Prevention and Troubleshooting" and view the LIVE Event

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### Counselling in ART



**Dr. Poonam Nayar**  
Consultant Clinical Psychology  
Akansha IVF Centre  
Chairperson: Pre-Congress workshop on Counselling and Psychological support- International Conference of IFS, December 2017-2020

**Date:-** 20<sup>th</sup> Jan 2021 **Time:-** 3:00pm IST.

**Steps to view the Webinar**

Go to Link:- [www.docmode.org/ifs/](http://www.docmode.org/ifs/)

1. Scroll down and under "ALL LECTURES" Click on the desired lecture.
2. Click "Counselling in ART"
3. This will take you to the lecture page. Now click on "Enroll".
3. Register as Doctor and fill all \* Required Details
4. Verify by clicking on Link sent to you by Email
5. Once registered - You can Login on 20th Jan 2021 for LIVE Event.
6. Already registered members can directly sign in, click on "Counselling in ART" and view the LIVE Event

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### Recurrent Pregnancy Loss: Evidence-based management - Case file



**Dr. Anupama Bahadur**  
Additional Professor  
Department of Obstetrics & Gynecology  
All India Institute of Medical Sciences (AIIMS)  
Rishikesh (Uttarakhand)-249 203

**Date:-** 03<sup>rd</sup> Feb, 2021 **Time:-** 3:00pm IST.

**Steps to view the Webinar**

Go to Link:- <https://docmode.org/ifs/>

1. Scroll down and under "ALL LECTURES" Click on the desired lecture.
2. Click "Recurrent Pregnancy Loss: Evidence-based management - Case file"
3. This will take you to the lecture page. Now click on "Enroll".
3. Register as Doctor and fill all \* Required Details
4. Verify by clicking on Link sent to you by Email
5. Once registered - You can Login on 03rd February 2021 for LIVE Event.
6. Already registered members can directly sign in, click on "Recurrent Pregnancy Loss: Evidence-based management - Case file" and view the LIVE Event

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### Handling hyper-stimulation in PCOS



**Dr. Sunita Chandra**  
Chairperson and Director - Rajendra Nagar Hospital & IVF Hospital  
Director - Marpheus Lucknow Fertility Centre  
Member GCI - Quality Council of India  
Secretary IFS UP Chapter  
Executive Member LOSS ( Lucknow Obstetrics and Gynecological Society)

**Date:-** 09<sup>th</sup> Feb, 2021 **Time:-** 3:00pm IST.

**Steps to view the Webinar**

Go to Link:- <https://docmode.org/ifs/>

1. Scroll down and under "ALL LECTURES" Click on the desired lecture.
2. Click "Handling hyper-stimulation in PCOS"
3. This will take you to the lecture page. Now click on "Enroll".
3. Register as Doctor and fill all \* Required Details
4. Verify by clicking on Link sent to you by Email
5. Once registered - You can Login on 09th February 2021 for LIVE Event.
6. Already registered members can directly sign in, click on "Handling hyper-stimulation in PCOS" and view the LIVE Event

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### Reducing TIME and INVESTIGATIONS in fertility Management



**Dr Aswathy Kumaran**  
Consultant Reproductive Medicine - Aster MIRAKL  
Aster MIMS Kottakkal, Kerala  
MBBS, DGO, M.S.DNB, FNB (Reproductive Medicine)  
Contributed to ESHRE CPU guidelines 2019  
14 years experience as Obstetrician and Gynaecologist

**Date:-** 17<sup>th</sup> Feb, 2021 **Time:-** 3:00pm IST.


**Steps to view the Webinar**

Go to Link:- <https://docmode.org/ifs/>


1. Scroll down and under "ALL LECTURES" Click on the desired lecture.
2. Click "Reducing TIME and INVESTIGATIONS in fertility Management"
3. This will take you to the lecture page. Now click on "Enroll".
3. Register as Doctor and fill all \* Required Details
4. Verify by clicking on Link sent to you by Email
5. Once registered - You can Login on 17th February 2021 for LIVE Event.
6. Already registered members can directly sign in, click on "Reducing TIME and INVESTIGATIONS in fertility Management" and view the LIVE Event

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### Troubleshooting in Ovarian Stimulation in IUI - Case Files



**Dr. Neeru Thakral**  
DNB, DGO, MHAMS, Dip Endoscopy ( France)  
Director Thakral Hospital And Fertility Center & Morpheus Thakral International IVF Center, GURGAON.  
Secretary IFS Haryana chapter  
Clinical secretary H IAGE  
Local Organising secretary Fertilisation 2020

**Date:-** Tuesday 23<sup>rd</sup> February, 2021 **Time:-** 03:00 P.M IST.



**Steps to view the Webinar**

Go to Link:- <https://docmode.org/ifs/>


1. Scroll down and under "ALL LECTURES" Click on the desired lecture.
2. Click "Troubleshooting in Ovarian Stimulation in IUI - Case Files"
3. This will take you to the lecture page. Now click on "Enroll".
3. Register as Doctor and fill all \* Required Details
4. Verify by clicking on Link sent to you by Email
5. Once registered - You can Login on 23rd February 2021 for LIVE Event.
6. Already registered members can directly sign in, click on "Troubleshooting in Ovarian Stimulation in IUI - Case Files" and view the LIVE Event

**Certificate Per Lecture**

Supported by an unrestricted educational grant from

### Endometrioma during IVF Cycle - Lecture



**Dr. Nympha Walecha**  
M.B.B.S., M.S.  
Consultant Incharge - Fortis Ridge IVF, Shalimar Bag, Delhi.  
Executive Member - IFS and FPSI  
Co-convenor - SIG IFS (Environment and Fertility)  
Vice President - DGF (North)

**Date:-** 09<sup>th</sup> March, 2021 **Time:-** 03:00 P.M IST.


**Steps to view the Webinar**

Go to Link:- <https://docmode.org/ifs/>

1. Scroll down and under "ALL LECTURES" Click on the desired lecture.
2. Click "Endometrioma during IVF Cycle - Lecture"
3. This will take you to the lecture page. Now click on "Enroll".
3. Register as Doctor and fill all \* Required Details
4. Verify by clicking on Link sent to you by Email
5. Once registered - You can Login on 09th March 2021 for LIVE Event.
6. Already registered members can directly sign in, click on "Endometrioma during IVF Cycle - Lecture" and view the LIVE Event

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### Hysteroscopy and Uterine Factor-Is Removal must for Septum, Polyp & Adhesions?



**Dr. Shalini Chawla Khanna**  
M.B.B.S., D.G.O., D.N.B., M.N.A.M.S  
Senior IVF & Laparoscopic Consultant - Max Hospitals, Delhi & NCR  
Executive Member - Indian Fertility Society 2020-2022.

**Date:-** 17<sup>th</sup> March, 2021 **Time:-** 03:00 P.M IST.

**Steps to view the Webinar**

Go to Link:- <https://docmode.org/ifs/>

1. Scroll down and under "ALL LECTURES" Click on the desired lecture.
2. Click "Hysteroscopy and Uterine Factor-Is Removal must for Septum, Polyp & Adhesions?"
3. This will take you to the lecture page. Now click on "Enroll".
3. Register as Doctor and fill all \* Required Details
4. Verify by clicking on Link sent to you by Email
5. Once registered - You can Login on 17th March 2021 for LIVE Event.
6. Already registered members can directly sign in, click on "Hysteroscopy and Uterine Factor-Is Removal must for Septum, Polyp & Adhesions?" and view the LIVE Event

**Certificate Per Lecture**

Supported by an unrestricted educational grant from



# IFS ACTIVITIES

## VIBRATE MEETINGS

### ICMR Regulations in ART

**Dr. Vandana Bhatia**  
 Degree: M.D. (Gynaec & Obstetrics)  
 Designation: Sr. Consultant IVF  
 Affiliation: Nova Southend Fertility & IVF, New Delhi

07<sup>th</sup> April, 2021 | 03:00 P.M IST.

**Steps to view the Webinar**  
 Go to Link:- <https://docmode.org/ifs/>  
 1. Scroll down and under "ALL LECTURES" Click on the desired lecture.  
 2. Click "ICMR Regulations in ART"  
 3. This will take you to the lecture page. Now click on "Enroll".  
 4. Register as Doctor and fill all \* Required Details  
 5. Once registered - You can Login on 07th April 2021 for LIVE Event.  
 6. Already registered members can directly sign in, click on "ICMR Regulations in ART" and view the LIVE Event

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### Iatrogenic Multiple Pregnancies & MFPR (Multi-fetal Pregnancy Reduction)

**Dr. Rhythm Ahuja Gupta**  
 M.B.B.S., M.S., D.N.B., Fellowship in Clinical ART Consultant, Reproductive Medicine and Surgery  
 Excel IVF, Shalimar Bagh, Delhi  
 Executive Member - Indian Fertility Society  
 Treasurer - Delhi Gynecologist Forum (North)

13<sup>th</sup> April, 2021 | 03:00 P.M IST.

**Steps to view the Webinar**  
 Go to Link:- <https://docmode.org/ifs/>  
 1. Scroll down and under "ALL LECTURES" Click on the desired lecture.  
 2. Click "Iatrogenic Multiple Pregnancies & MFPR (Multi-fetal Pregnancy Reduction)"  
 3. This will take you to the lecture page. Now click on "Enroll".  
 4. Register as Doctor and fill all \* Required Details  
 5. Once registered - You can Login on 13th April 2021 for LIVE Event.  
 6. Already registered members can directly sign in, click on "Iatrogenic Multiple Pregnancies & MFPR (Multi-fetal Pregnancy Reduction)" and view the LIVE Event

Certificate Per Lecture

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### Uterine Anomalies - treatment options for infertile patient

**Dr. Shilpi Sud**  
 MD(Ob & Gyn), DNB, Fellow Gynaec Endoscopy  
 Fellowship in Reproductive Medicine (UK)  
 Consultant & Managing Director - Safal Hospital and Diva Fertility Centre  
 Consultant - Woodhatch Hospital, Nagpur  
 Imm Past Secretary - Indian Fertility Society, Vidharbha Chapter (2018-20)  
 Past Vice President - Nagpur Obst & Gyn Society (2019-20)

21<sup>st</sup> April, 2021 | 03:00 P.M IST.

**Steps to view the Webinar**  
 Go to Link:- <https://docmode.org/ifs/>  
 1. Scroll down and under "ALL LECTURES" Click on the desired lecture.  
 2. Click "Uterine Anomalies - treatment options for infertile patient"  
 3. This will take you to the lecture page. Now click on "Enroll".  
 4. Register as Doctor and fill all \* Required Details  
 5. Once registered - You can Login on 21st April 2021 for LIVE Event.  
 6. Already registered members can directly sign in, click on "Uterine Anomalies - treatment options for infertile patient" and view the LIVE Event

Certificate Per Lecture

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### Understanding Semen Analysis

**Dr. Aanchal Agarwal**  
 MBBS, DGO, DNB, FNB, MNAMS  
 Sr Consultant and Head, Infertility and IVF, BLK-MAX Superspecialty Hospital

27<sup>th</sup> April, 2021 | 03:00 P.M IST.

**Steps to view the Webinar**  
 Go to Link:- <https://docmode.org/ifs/>  
 1. Scroll down and under "ALL LECTURES" Click on the desired lecture.  
 2. Click "Understanding Semen Analysis"  
 3. This will take you to the lecture page. Now click on "Enroll".  
 4. Register as Doctor and fill all \* Required Details  
 5. Once registered - You can Login on 27th April 2021 for LIVE Event.  
 6. Already registered members can directly sign in, click on "Understanding Semen Analysis" and view the LIVE Event

Certificate Per Lecture

Supported by an unrestricted educational grant from **Zydus** dedicated to life. The makers of **Naturogest SR**, **Briogyn**, **ZyhMG HP**.

### Clomiphene Resistance What next ?

**Dr. Ritu Khanna**  
 MBBS, MS(OBST. & GYNAEC.) GOLD MEDALIST  
 Fertility Specialist & Endoscopic Surgeon  
 Director - Khanna Medical Centre Fertility Clinic  
 ART Consultant - Khanna Medical Centre Fertility Clinic, Varanasi

05<sup>th</sup> May, 2021 | 03:00 P.M IST.

**Steps to view the Webinar**  
 Go to Link:- <https://docmode.org/ifs/>  
 1. Scroll down and under "ALL LECTURES" Click on the desired lecture.  
 2. Click "Clomiphene Resistance What next ?"  
 3. This will take you to the lecture page. Now click on "Enroll".  
 4. Register as Doctor and fill all \* Required Details  
 5. Once registered - You can Login on 05th May 2021 for LIVE Event.  
 6. Already registered members can directly sign in, click on "Clomiphene Resistance What next ?" and view the LIVE Event

Certificate Per Lecture

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### AMH in ART and beyond

**Dr. Sweta Gupta**  
 MBBS, MD(Ob & Gynaec, Delhi), MRCOG (London, UK), DFRM (UK),  
 MSc (Reproduction & Development, Bristol, UK)  
 Fellowship in Reproductive medicine & ART (London, UK)  
 Clinical Director & Sr Consultant (Reproductive Med. & IVF) - Medico Fertility, Delhi  
 Joint Treasurer, Indian Fertility Society 20-22  
 Executive member, Indian Fertility Society 2016-20  
 Member representative RCOG NZ  
 Asst. Editor Fertility science and Research Journal

11<sup>th</sup> May, 2021 | 03:00 P.M IST.

**Steps to view the Webinar**  
 Go to Link:- <https://docmode.org/ifs/>  
 1. Scroll down and under "ALL LECTURES" Click on the desired lecture.  
 2. Click "AMH in ART and beyond"  
 3. This will take you to the lecture page. Now click on "Enroll".  
 4. Register as Doctor and fill all \* Required Details  
 5. Once registered - You can Login on 11th May 2021 for LIVE Event.  
 6. Already registered members can directly sign in, click on "AMH in ART and beyond" and view the LIVE Event

Certificate Per Lecture

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### Fetal reduction - Lecture

**Dr. Shalini Gaider**  
 Additional Professor - Dept. of Obstetrics and Gynaecology, PGIMER, Chandigarh

19<sup>th</sup> May, 2021 | 03:00 P.M IST.

**Steps to view the Webinar**  
 Go to Link:- <https://docmode.org/ifs/>  
 1. Scroll down and under "ALL LECTURES" Click on the desired lecture.  
 2. Click "Fetal reduction - Lecture"  
 3. This will take you to the lecture page. Now click on "Enroll".  
 4. Register as Doctor and fill all \* Required Details  
 5. Once registered - You can Login on 19th May 2021 for LIVE Event.  
 6. Already registered members can directly sign in, click on "Fetal reduction - Lecture" and view the LIVE Event

Certificate Per Lecture

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### Individualised Ovarian Stimulation in IVF (Case Files)

**Dr. Rita Bakshi**  
 MBBS, DGO, MD (Obs & Gynaec)  
 Diploma in ART - RAIIV Hospital, (Singapore)  
 Diploma in Endoscopy Kiel, (Germany)  
 WHO Fellowship AIIMS, (Delhi)  
 Chairperson International Fertility Centre (IIFC IVF)  
 Chairperson Institutional Committee for Stem Cell Research (CSCR)  
 Principal Investigator for clinical trials with her own institutional Ethical Committee for clinical trials  
 Chairperson International Institute of Reproduction and Fertility Training

25<sup>th</sup> May, 2021 | 03:00 P.M IST.

**Steps to view the Webinar**  
 Go to Link:- <https://docmode.org/ifs/>  
 1. Scroll down and under "ALL LECTURES" Click on the desired lecture.  
 2. Click "Individualised Ovarian Stimulation in IVF (Case Files)"  
 3. This will take you to the lecture page. Now click on "Enroll".  
 4. Register as Doctor and fill all \* Required Details  
 5. Once registered - You can Login on 25th May 2021 for LIVE Event.  
 6. Already registered members can directly sign in, click on "Individualised Ovarian Stimulation in IVF (Case Files)" and view the LIVE Event

Certificate Per Lecture

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### "Complications in IVF pregnancy"

**Dr. Renu Tanwar**  
 Professor & IVF Consultant, IVF & Reproductive Biology Centre, Dept of Obs & Gynaec - MAMC, New Delhi

16<sup>th</sup> June, 2021 | 03:00 P.M IST.

**Steps to view the Webinar**  
 Go to Link:- <https://docmode.org/ifs/>  
 1. Scroll down and under "ALL LECTURES" Click on the desired lecture.  
 2. Click "Complications in IVF pregnancy"  
 3. This will take you to the lecture page. Now click on "Enroll".  
 4. Register as Doctor and fill all \* Required Details  
 5. Once registered - You can Login on 16th June 2021 for LIVE Event.  
 6. Already registered members can directly sign in, click on "Complications in IVF pregnancy" and view the LIVE Event

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# IFS ACTIVITIES

## VIBRATE MEETINGS

**TORCH infection: The current perspective**

**Dr. K. Aparna Sharma**  
 MD, DNB, FICOG, MNAMS  
 Additional Professor (Division of Maternal Fetal Medicine) - Obstetrics and Gynaecology - AIIMS, Delhi  
 Co-convener, Early pregnancy S.I.O., Indian Fertility Society

08<sup>th</sup> June, 2021 | 03:00 P.M IST.

Go to Link:- <https://docmode.org/ifs/>

1. Scroll down and under "ALL LECTURES" Click on the desired lecture.
2. Click "TORCH infection: The current perspective"
3. This will take you to the lecture page. Now click on "Enroll".
4. Register as Doctor and fill all \* Required Details
5. Verify by clicking on Link sent to you by Email
6. Once registered - You can Login on 08th June 2021 for LIVE Event.
7. Already registered members can directly sign in, click on "TORCH infection: The current perspective" and view the LIVE Event.

Certificate Per Lecture

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**IVF in Women after 40**  
 Challenges and Clinical Strategies to Maximize Success

**Dr. Sohani Verma**  
 MBBS, MRCOG, FRCOG, FICOG, FIFSA, PGDMLS, PGDHHM, FHAS  
 Sr. Consultant Obstetrician & Gynaecologist  
 Infertility and Assisted Reproduction Technology (ART / IVF) Specialist - Indraprastha Apollo Hospitals, Barshi Vihar, New Delhi, India  
 President - Indian Fertility Society 2016 - 2018  
 Chairperson - North Zone AICC RCOG 2012-2017

02<sup>nd</sup> June, 2021 | 03:00 P.M IST.

Go to Link:- <https://docmode.org/ifs/>

1. Scroll down and under "ALL LECTURES" Click on the desired lecture.
2. Click "IVF in Women after 40"
3. This will take you to the lecture page. Now click on "Enroll".
4. Register as Doctor and fill all \* Required Details
5. Verify by clicking on Link sent to you by Email
6. Once registered - You can Login on 02nd June 2021 for LIVE Event.
7. Already registered members can directly sign in, click on "IVF in Women after 40" and view the LIVE Event.

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# IFS ACTIVITIES

## CHAPTER ACTIVITIES

**Western Maharashtra Chapter**  
 Date: 4th October, 2020

**Vidarbha Chapter**  
 Date: 30th January, 2021

**Indian Fertility Society**  
 IFS Western Maharashtra Chapter  
**IUI LAB SETUP... A Virtual Tour**  
 Sunday, 4th October, 2020  
 10:30 AM - 12:45 PM

<b>President, IFS</b> Dr. Sudha Prasad	<b>Secretary General IFS</b> Dr. Neena Malhotra	<b>Guest of Honour</b> Dr. Bharati Dhorepatil	<b>Secretary Western Maharashtra Chapter</b> Dr. Nitin Lad	<b>Moderator Co Convener SIG</b> Dr. Manjiri Valsangkar
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**Invited Faculty**

Dr. Rajan S Vaidya	Dr. Chaitanya Nagori	Dr. K D Nayar	Dr. Pankaj Talwar	Dr. Priya Kannan
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**Chairpersons**

Dr. Anjali Patil	Dr. Sunil Tidke	Dr. Reshma Khan
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Join e-CME with the link  
<https://us02web.zoom.us/j/89398695156?pwd=MS9kb1N0cEYwbUFGUTVzTTdTzZ5dz09>

Meeting ID: 893 9869 5156  
 Password: 681083

Sponsored By **FERRING PHARMACEUTICALS**

**BLOCK YOUR DATE**  
 Sunday 4th October

**IFS Vidarbha Chapter**  
 Cordially invite you to  
**COR CONNECT-Live WEBINAR**

**THEME**  
 Endometrium updates in Infertility

**TO JOIN**  
[www.corconnect.org/1](http://www.corconnect.org/1)

Existing User: Login with E-mail & Password  
 New User: Register with E-mail & other details

On Saturday, 30th January 2021  
 At 6:00 PM

**Session 1: Thin Endometrium**

<b>Speaker</b> Dr. Shilpi Sud IVF Specialist & Secretary IFS - Vidarbha Chapter	<b>Chairpersons</b> Dr. Sadhana Patwardhan IVF Specialist, Nagpur Dr. Atul Padmawar IVF Specialist, Yavatmal
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**Session 2: TBC and Hysteroscopy**

<b>Speaker</b> Dr. Sushma Deshmukh IVF Specialist, Nagpur	<b>Chairpersons</b> Dr. Laxmi Shrikhande IVF Specialist, Nagpur Dr. Ashwinikumar Deshmukh IVF Specialist, Amravati
---	--

**Session 3: Embryo- Endometrial dialogue**

<b>Speaker</b> Dr. Binu Chirmote Consultant Clinical Embryologist, Nagpur	<b>Chairpersons</b> Dr. Rajalaxmi Shembekar IVF Consultant & Director Omega Hospital, Nagpur Dr. Rakesh Isare Embryologist, Nagpur
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Participation Benefits: Learning from experts, Open for all, Practice changing updates, Clarify your queries from experts

From the makers of: **COR-3**, **Trazer fertec**, **Stimu-let**, **FEMGOLD**

# IFS ACTIVITIES CHAPTER ACTIVITIES

**Odisha Chapter**  
Date: 24th February, 2021

**Indian Fertility Society**  
**ODISHA CHAPTER INAUGURAL WEBINAR**  
Wednesday, 24 February, 2021  
6:00 PM - 7:00 PM

**President, IFS**  
Dr. Sudha Prasad

**Secretary General, IFS**  
Dr. Neena Malhotra

**President Elect, IFS**  
Dr. K. D. Nayak

**Dr. Akshay Kumar Mohapatro**  
Chapter Secretary

**Dr. Rohani Nayak**  
Chapter Joint Secretary

**Dr. Surendra Mohanty**  
Chapter Treasurer

**Programme**

- 6:00 pm - 6:05 pm Welcome Address - Dr. Akshay Kumar Mohapatro
- 6:05 pm - 6:15 pm Lamp Lighting & Saraswati Vandana
- President's Address - Dr. Sudha Prasad
- Introduction to IFS - Dr. Neena Malhotra
- 6:15 pm - 6:35 pm Complications of ART Cycles - Dr. Sudha Prasad
- 6:35 pm - 6:50 pm Ovulation Induction In Normal Responders - Dr. K. D. Nayak
- 6:50 pm - 6:55 pm Discussion
- 6:55 pm - 7:00 pm Vote of Thanks

**Venue for Inauguration in Delhi - IFS Secretariat**

**IFS SECRETARIAT**  
Flat No. 302, 3rd Floor, Kalish Building  
26, Kasturba Gandhi Marg, C.P. New Delhi - 110001  
+91 9667742015 | +91 9899308083 | +91 11 40018184

Meeting ID: 837 7597 4622  
Passcode: 643139

Zoom Meeting: <https://us02web.zoom.us/j/81405398168?pwd=RkJSbFNiZkFES1pDwJZ6Q59pRGMrdz09>

Meeting ID: 814 0539 8168  
Passcode: 759084

Sponsored By: **SANOFI**

**Karnataka Chapter**  
Date: 21st March, 2021

**Indian Fertility Society**  
**INDIAN FERTILITY SOCIETY**  
Invites you for  
**Webinar**

**IFS Karnataka Chapter**  
Date : 21<sup>st</sup> March 2021 (Sunday)  
Time: 09.50 AM to 12.30 PM

**COVERING DIAGNOSTIC TESTS TO UNCOVER PUTATIVE CAUSES OF INFERTILITY**

**EC Members**

- Dr. Chaitra Nayak
- Mr. Hemant Kumar M.A
- Dr. Jyothi Patil
- Dr. Yugta Rao
- Dr. Mangala Devi
- Dr. Mir Jaffar
- Dr. Rekha Rajendrakumar

**Indian Fertility Society Office Bearers**

- Dr. Sudha Prasad, President IFS
- Dr. Neena Malhotra, Secretary General IFS
- Dr. Divyashree P.S., Secretary IFS Karnataka Chapter
- Dr. Vyshnavi Rao, Joint Secretary IFS Karnataka Chapter
- Dr. Chandrika Kulkarni, Treasurer IFS Karnataka Chapter

**Invited Faculty**

- Dr. Mariano
- Dr. Rajapriya Ayyappan
- Dr. Aravali Nair
- Dr. Navyashri
- Dr. Sri
- Dr. Madhu
- Dr. Asha S. Vijay
- Dr. Rashmi Yogish
- Dr. Ashwini G.B

**Program Details**

- 9.50 am - 10.00 am Welcome Address
- 10.00 am - 10.20 am Beyond the routine semen analysis - Dr. Mariano
- 10.30 am - 10.50 am Approaches to improve the diagnosis of female infertility - Dr. Rajapriya Ayyappan
- 11.00 am - 11.20 am Impact of missing information on management of infertility - Dr. Aravali Nair
- 11.30 am - 12.30 pm Panel Discussion: Persistent infertility after conventional treatment... What next? - Dr. Asha S Vijay, Dr. Rashmi Yogish, Dr. Sri, Dr. Madhu, Dr. Navyashri

**Moderators**  
Dr. Mariano  
Dr. Ashwini G.B

**Panelists**  
Dr. Asha S Vijay  
Dr. Rashmi Yogish  
Dr. Sri  
Dr. Madhu  
Dr. Navyashri

Meeting ID: 814 0539 8168  
Passcode: 759084

Sponsored By: **SANOFI**

**IFS SECRETARIAT**  
Flat No. 302, 3rd Floor, Kalish Building  
26, Kasturba Gandhi Marg, C.P. New Delhi - 110001  
+91 9667742015 | +91 9899308083 | +91 11 40018184

**Vidarbha Chapter**  
Date: 10th June, 2021

**INDIAN FERTILITY SOCIETY**  
**Vidarbha Chapter (IFS-VC)**  
In Association with IFS Telangana Chapter and Nagpur Obstetrics and Gynecological Society (NOGS)  
Presents  
**Sizzling Masterstroke Fertility Web-Series**

**Series 2: Understanding the Mis-Understood and Ignored Male**

**COR CONNECT- Live Show**  
Thursday, 10th June, 2021  
6:00 PM

**TO JOIN**  
[www.corconnect.org/ifsvidarbha](http://www.corconnect.org/ifsvidarbha)  
HELP LINE: +91-9661027191

**Lecture: Evaluating the Male Partner - Are we doing enough?**

**Chairpersons**  
Dr. Neena Malhotra  
Dr. Rupa Razzoli

**Panel Discussion: Beyond 'Routine & Count' - Let's Discuss Semen Analysis**

**Moderators**  
Dr. Binu ChinnoteMr. Nishad Chinnote

**Panelists**  
Dr. Chandrika Chatterjee  
Dr. Gaurav Kant  
Dr. Krishna Chatterjee  
Dr. Rubesh Sharma  
Dr. Sanjay Malhotra  
Dr. Sanjay Shukla  
Dr. Sapna Shrivastava  
Dr. Shweta Agrawal  
Dr. Vijaykumar Chatur

**Q & A Session**

**Materna**, **Ciscure**, **Emplogest**

**U.K. Chapter**  
Date: 12th June, 2021

**Indian Fertility Society U.K. Chapter 2021**  
**Virtual Meet**

**Executive Council**

- Dr. Jaya Chatterjee
- Dr. Bita Prasad
- Dr. Sankar Bhowmik
- Dr. Aditi Gupta
- Dr. Ananya Bhatnagar

**Chief Guests**

- Dr. Sanjay Malik
- Dr. Sudha Prasad
- Dr. Neena Malhotra
- Dr. Rajdeep Jain

**Speakers**

- Dr. Binu Prasad
- Dr. Binu Chinnote
- Dr. Purnima Chakrabarti

**When is time Jolly your WEBEX MEETING**  
Meeting No (Access Code): 146874392  
Password: 819021  
**JOIN**

**Date**  
12th June (Saturday)

**Timing**  
5:30 PM to 7:30 PM

**Rajasthan Chapter**  
Date: 19th June, 2021

**Indian Fertility Society Rajasthan Chapter and SIG Early Pregnancy**  
Saturday, 19<sup>th</sup> June 2021 | 5:00 PM - 7:00 PM

**OFFICE BEARERS**

- Dr. Sudha Prasad, President IFS
- Dr. Neena Malhotra, Secretary IFS

**CHAIRPERSON**  
Dr. Sonia Malik, Southern Clinics, New Delhi

**SPEAKER**  
Dr. Aparna Sharma, Additional Professor, AIIMS, Delhi  
Topic: Counselling in Early Pregnancy in IVF

**Panel**  
**TOPIC: Challenging Scenarios in Infertility Counselling Case Based Discussion**

**MODERATORS**

- Dr. Puneet R Arora, Director, CIFAR, Gurgaon
- Dr. Anju Mathur, Secretary, IFS, Rajasthan Chapter

**PANELIST**

- Dr. Narender Gupta
- Dr. Gunjan Jain
- Dr. Taru Chaya Bansal

**Dr. Ritu Khanna**  
VOTE OF THANKS

**Gaurav Kant (Embryologist)**  
PROGRAM COORDINATOR

**Dr. Neelam Bafna**  
Joint Secretary

**Dr. Harpreet Bajwa**  
Treasurer

**IFS RAJASTHAN CHAPTER**  
Academic Partner **Materna** A Division of **Emcure**

**Register In Advance For This Meeting**

[https://emcure.zoom.us/webinar/register/WN\\_AEihYApNRICxH78NoT12ng](https://emcure.zoom.us/webinar/register/WN_AEihYApNRICxH78NoT12ng)  
Meeting ID: 915 2854 9645 | Password: MATERNAhmg

After registering, you will receive a confirmation email containing information about joining the meeting.

**Materna**, **Ciscure**, **Emplogest**

# IFS ACTIVITIES MISCELLANEOUS

**eCME Organized by Abbott**  
In Collaboration with Indian Fertility Society (North Zone)

Date: 6th OCTOBER 2020 (Tuesday)  
Time: 06:30pm to 07:30pm

Dr. Sudha Prasad (President, IFS) | Dr. Neena Malhotra (General Secretary, IFS)

### Recurrent Pregnancy Loss and Genetics: Case Discussion

**Moderators:**  
Dr. Leena Wadhwa (Additional Joint Secretary, IFS) | Dr. Rashmi Sharma (Joint Editor, IFS)

**Panelists:**  
Dr. Renu Tanwar (Professor & IVF Consultant, Dept of OBG, MAMC) | Dr. Bharti Dhorepatil (Director & Chief Consultant, PFC, Ssmile IVF) | Dr. Anju Mathur (Secretary, IFS, Rajasthan Chapter) | Dr. Karuna Mandal Yadav (Consultant, Maternal Fetal Medicine, IFS Rajasthan Chapter) | Dr. Surveen Ghumman (Treasurer, IFS) | Dr. Vandana Chaddha (Consultant, Fetal & Genetic Medicine, Saltva/Edelberg)

### Role of Dydrogesterone in Recurrent Pregnancy Loss

Dr. Gautam Arora (Regional Medical Advisor, Women's Health Division, Abbott India Limited)

When it's time, join your Webex meeting here.  
Meeting number (access code): 146 986 7639  
Meeting password: 12345

Join by phone: +91-40-6400-2006 India (Global call-in numbers | Toll-free calling restrictions)

WEBINAR ORGANISED BY  
**INDIAN MENOPAUSE SOCIETY (IMS)**  
In association with  
**IFS TELANGANA CHAPTER**  
On 08 January 2021 from 7:00pm to 8:20pm

### PANEL DISCUSSION ON "EARLY PREGNANCY LOSS"

**Moderator:** Dr. K.D. Nayar (MBBS, DGO, M.D., Dip. Obs (Ireland), FICOG)

**Moderator:** Dr. Neena Malhotra (MBBS, MD, DNB, MRCOG)

**Moderator:** Dr. Ambuja (MBBS, MD, DGO, President elects IMS 2021)

**Panelists:**  
Dr. Tripti Sundari (MBBS, MD, FRCOG (London), Director MHRIT Hospital & Research Centre)  
Dr. Alia Reddy (MBBS, MD, DGO)  
Dr. Sriatha Gorshi (MBBS, MD, DGO)  
Dr. Swetha Agarwal (MBBS, MD, DGO)  
Dr. Swetha Thumula (MBBS, MD, DGO)  
Dr. Swagna Chekuri (MBBS, MD, DGO)

AGENDA	SPEAKER	TIME
Welcome address & Introduction of panel discussion	Dr. Ambuja	7:00 PM
Introduction of panel Moderators	Dr. K.D. Nayar	7:05 PM
Introduction of panelists by the Moderators	Dr. Swetha Agarwal	7:10 PM
Panel Discussion on "Early Pregnancy Loss"	Dr. Tripti Sundari, Dr. Alia Reddy, Dr. Sriatha Gorshi, Dr. Swetha Thumula, Dr. Swagna Chekuri	7:15-8:00 PM
Questions & Answers	-	8:00-8:15 PM
Vote of Thanks	Dr. K.D. Nayar	8:15-8:20 PM

Zoom Meeting ID: 825 4709 7331 | Password: 525235

invites you to webinar on

Date: 6th February 2021 | Time: 5:00 - 6:30

**Speakers:**  
Dr. Sudha Prasad (President, IFS) | Dr. Neena Malhotra (General Secretary, IFS) | Dr. Smiti Devi (MBBS, MD, DGO, FRCOG, Director, Gynae & IVF, PFC, Ssmile IVF) | Dr. Nymphaea Walecha (MBBS, MD, DGO, FRCOG, Director, Gynae & IVF, PFC, Ssmile IVF)

**Topics:**  
An Overview on Alcohol Abuse in Fertility | Tobacco Products in Fertility | Substances Abuse in Fertility

Dr. M. Smiti Devi (Speaker) | Dr. Alia Reddy (Speaker) | Dr. Swetha Thumula (Speaker)

We request you to mark your presence just by connecting & following the below mentioned link  
<https://us02web.zoom.us/j/83656485111?pwd=MANRbVU5HTQ0eUZOReWdrRVlRPSk3ZjZkZ0pB>

Meeting ID : 836 5648 5111 | Password : RICHAR CR

**Indian Fertility Society**  
Online Tutorials- Learn Hysteroscopy

**Who Should Attend:** Gynaecologists, ART Specialists, ART Fellows

19 February, 2021	OT setup and Instrumentation
26 February, 2021	Navigating The Hysteroscope
5 March, 2021	Hysteroscopic Polypectomy and Myomectomy
12 March, 2021	Hysteroscopic Septum Incision
19 March, 2021	Hysteroscopic Tubal Canulation
26 March, 2021	Hysteroscopic Adhesiolysis

Registration Fees: Indian Nationals: INR 1500 | NRIs and Foreign Nationals: \$ 50

For Online Transter: Account Name: Indian fertility Society | Bank: Axis Bank | Branch: Statesman House, Barakhamba Road, Connaught Place, New Delhi-110001

Organised by: **Indian Fertility Society** & **ILIAA: Insights**

### Genetic Counselling in Reproductive Medicine

DATE: 12<sup>th</sup> February 2021 | TIMING: 5 pm - 6 pm

**LIVE WEBCAST**

**Moderators:** Dr. Sudha Prasad (President, IFS) | Dr. Neena Malhotra (General Secretary, IFS) | Dr. Sarabpreet Singh (Co-convenor, SIG Applied Genetics) | Dr. Rakesh Kumar (Co-convenor, SIG Applied Genetics)

**SPEAKER:** Dr. Chaitanya Datar (MBBS, MD (Medical Genetics), Clinical & Metabolic Geneticist, Program Director of SUJANAN Clinics)

**MODERATOR:** Ms. Pooja Rayasam (M.Sc. Biomedical Genetics, Specialisation in Genetic Counselling, from VIT University, Vellore, Certified Genetic Counselor (BGGCI))

**EVENT COORDINATOR:** Dr. Sam Balu (Deputy General Manager of Genomics at ILIAA: Insights)

AN EDUCATIONAL GRANT FROM **BSV** (Supporting life to be Fertilized)

**CONVERGENCE**

### ENDOMETRIOSIS AWARENESS MONTH

IFS-BSV Webinar Series

#### PROGRAMME 1

### PANEL DISCUSSION ON ENDOMETRIOSIS AND INFERTILITY

4<sup>th</sup> March 2021, 5:00 PM to 6:00 PM IST

**Moderators:** Dr. Kuldeep Jain (Director IUPH and Superspecialty centre, Delhi Post President IFS) | Dr. Surveen Ghumman (Director of IFS, IFS and Reproductive Medicine, All India Multispecialty Group)

**Panelists:** Dr. Sonia Malik (Programme Director & HCO, Southend Fertility & IVF Post President IFS) | Dr. Pralop Kumar (Head, Dept of Reproductive medicine and surgery, Kasturba Medical College, Mumbai) | Dr. Ameer Parki (Medical Director of Fertility Associates, President elect ISAR 22-23)

Dr. Neena Malhotra (General Secretary IFS) | Dr. K D Nayar (President elect IFS)

CERTIFICATION OF PARTICIPATION FOR ALL VIEWERS

CLICK HERE TO REGISTER

**Delhi University**

### Environment Toxins : Where Are We Heading ?

Date: 15<sup>th</sup> March, 2021 | Time: 4:00 PM - 5:30 PM

**CHAIRPERSONS:** Dr. Sudha Prasad (President, IFS) | Dr. Neena Malhotra (Secretary General, IFS) | Dr. Neena Agnimitra (Professor and Former Head, Department of Social Work, University of Delhi)

**SPEAKERS:**  
Dr. Gouri Devi (SD Environment & Fertility, President IFS (2019-20), Convener) | Dr. Nymphaea Walecha (SIG Environment & Fertility, Executive Member IFS, Co-Convener) | Dr. Rita Singh (Professor and Chair, Division of Molecular Endocrinology and Reproduction, Department of Zoology, University of Delhi)

Meeting ID: 825 4659 9134 | Password: 892847

**ALIVE** (All Learning Activities for IVF) | **MERCK**

### Scientific Panel Discussion

### Management of Low Prognosis Patients in ART

Date: Friday, 14<sup>th</sup> May 2021, Time: 4-5:30 PM IST

**Moderator & Speaker:** Dr. Puneet Arora

**Panelists:** Dr. K.D. Nayar | Dr. Rajul Tyagi | Dr. Sudha Prasad

TIME	TOPIC	PRESENTERS
4:00 - 4:05 PM	Welcome	Merck
4:05 - 5:05 PM	Management of Low Prognosis Patients in ART	Dr. Puneet Arora and all participants
5:05 - 5:25 PM	Discussion and Q&A	All Participants
5:25 - 5:30 PM	Closing	Merck

**Indian Fertility Society**

### INAUGURAL CEREMONY OF IFS

### HARYANA 2021 TEAM & FERTILITY CME

Date: 24<sup>th</sup> June, 2021 | Time: 4:30pm - 6:30pm

**Guest of Honour:** Dr. Sudha Prasad & Dr. K D Nayar

Webinar Registration/Viewer Link: [www.streamteach.in/IFS-Haryana-Chapter](http://www.streamteach.in/IFS-Haryana-Chapter)

IFS ACTIVITIES

e-CMES


## Indian Fertility Society

### e-CME On Improving Implantation


**Date: 21 January, 2021**  
**Time: 4:00 PM - 6:00 PM**

**Endometrium Is The Partially Resolved Riddle Between Best Embryo & Complete Success**

**Join Us For Dealing With Implantation Failures With Senior Faculty From IFS**




President, IFS



**Dr Sudha Prasad**

Secretary General, IFS




**Dr Neena Malhotra**






Time	Topic	Speaker
4:00PM - 4:05PM	Welcome	Dr Sudha Prasad & Dr Neena Malhotra
4:05PM - 4:25PM	Understanding Implantation	Dr (Brig.) RK Sharma
4:30PM - 4:50PM	Refractory Endometrium	Dr Ritu Jain
4:50PM - 6:00PM	<b>Panel Discussion</b> Recurrent Implantation Failure With Focus On Endometrium	

**Moderator:**  
Dr Ritu Jain & Dr Puneet Arora

**Panelists:**  
Dr Shweta Mittal, Dr Aanchal Agarwal, Dr Nympha Walecha, Dr Renu Mishra, Dr Laxmi Goyal, Dr Nikita Banerjee, Dr Sonu Balhara

**Expert**  
Dr Gouri Devi, Dr Sudha Prasad, Dr Kuldeep Jain, Dr K D Nayar

[www.indianfertilitysociety.org](http://www.indianfertilitysociety.org) Sponsored By 

## Indian Fertility Society

### U.P. Chapter e CME

### Ovulation Induction from A to Z

**Wednesday, 27th January 2021**  
**5.30 PM to 7.30 PM**

Patron



Prof. Chandravati

Guest of Honour



Dr. Manju Shukla

Moderator



Dr. Amita Pandey

Co-Ordinator



Dr. Smriti Agrawal

**Speakers**



Dr. Vinita Das



Dr. K D Nayar



Dr. Sunita Chandra

**Chairpersons**



Dr. Renu Makker



Dr. Surheeta Kareem



Dr. Gita Khanna



Dr. Sangeeta Jain



Dr. Rajul Tyagi



Dr. Anshu Jindal

**Guest of honour** - Dr. Manju Shukla  
**Welcome address** - Dr. Amita Pandey  
**Blessings By** - Dr. Chandravati

**Speaker**  
Dr. K D Nayar

**Topics**  
Ovulation Induction in normal and poor responders  
Antagonist protocol for hyper responders  
Handling OHSS in hyper responders

**Chairperson**  
Dr. Renu Makker  
Dr. Surheeta Kareem  
Dr. Gita Khanna  
Dr. Sangeeta Jain  
Dr. Rajul Tyagi  
Dr. Anshu Jindal

Q&A - Dr. Manjusha, Dr. Amita, Dr. Smriti  
Vote of Thanks - Dr. Smriti Agrawal

## ARTiculating IVF eCME

### Organized by Abbott

**Date: 18th March 2021 (Thursday)**  
**Time: 04:30pm to 05:30pm**

Speaker

Luteal Phase Support in FET Cycles





Dr. Sonia Malik

(DGO, MD, FICOG, FIAMS)  
Program Director & HOD, Southend Fertility & IVF  
Renowned IVF Specialist with multiple prestigious awards and numerous publications to her name  
President, Indian Fertility Society (2014-2016)  
Chairperson, Infertility Committee of FOGSI (2014-2016)  
Member, Editorial Board, Fertility Sterility, the Journal of Human Reproductive Sciences  
Member, ICMR Task Force for Genital TB

When it's time, join your Webex meeting here.

Join

Meeting number (access code): 187 370 3094

Join by phone  
Tap to call in from a mobile device (attendees only)  
**+91-40-6480-2006 India**  
Global call-in numbers | Toll-free calling restrictions

### Indian Fertility Society Jharkhand Chapter

Invites You for a CME on  
"Fertility related Issues"

Sunday, 02<sup>nd</sup> May 2021 | 12:00 PM - 01:30 PM

**PRESIDENT**



Dr. Sudha Prasad

**SECRETARY**



Dr. Neena Malhotra

**Patron**



Dr. Karuna Jha

**Secretary**



Dr. Archana Kumari

**Joint Secretary**



Dr. Sanita Jha

**Treasurer**



Dr. Rupashree Parshottam

**GUEST OF HONOR**



Dr. Sudha Prasad

Academic Partner  A Division of 

Register In Advance For This Meeting  
<https://emcure.zoom.us/join/1873703094>  
Meeting ID: 972 8618 4137 | Password: MATERNAMG  
After registering, you will receive a confirmation email containing information about joining the meeting.

**TOPIC 1**

Medico Legal Issues in ART



Dr. M.C. Patel



Dr. Karuna Jha



Dr. Ajay More

**TOPIC 2**

Fertility Preservation in Cancer (Onco-Fertility)



Dr. Archana Kumari



Dr. Rupashree Parshottam



Dr. Sangeeta Sinha

**TOPIC 3**

Troubleshooting in IUI



Dr. Anubha Vidyanthi



Dr. Suman Sinha



Dr. Neeraj Palshajni

**PROGRAMME COORDINATOR**



Dr. Archana Kumari  
Chapter Secretary, IFS






# IFS ACTIVITIES WEBINARS

**INVITATION TO SIG ENDOMETRIOSIS WEBINAR**  
**"ENDOMETRIOSIS IS NOT A ONE POINT CARE"**  
 Organized by: IFS TELANGANA CHAPTER  
 On 20<sup>th</sup>, February 2021, Saturday 6:30 to 7:45 pm

**President, IFS**  
  
 Dr. Sudha Prasad  
 MBBS, MD, FIMCH, FICOG

**Secretary General, IFS**  
  
 Dr. Neena Malhotra  
 MBBS, MD, DNB, MRCOG

**Convenor**  
  
 Introduction & Address by  
 Prof. Roya Rozati @ 6:30pm  
 Director MHRT, Hyderabad

**Co-Convenor**  
  
 Dr. Neeti Tiwari  
 MD - Obs. & Gyne., MBBS

**"Impact of Diagnosis Delay & Long Term Follow Up of Pain in Endometriosis"**  
 Chairperson | 10min. Discussion  
  
 Dr. Rooma Sinha  
 MBBS, MD, DNB, FICOG & MICOG, PGDMLS, MNAMS  
 Timing: 6:40 - 7:00 pm  
  
 Dr. Lakshmi Krishnaleela  
  
 Dr. Narmada  
  
 Dr. Jyothi K

**"Practical Tips for Classification and Management of Fertility"**  
 Chairperson | 10min. Discussion  
  
 Dr. Ephia Yasmin  
 MBBS, MD, MRCOG  
 Timing: 7:10 - 7:30 pm  
  
 Dr. Roya Rozati  
  
 Dr. Sweta Agarwal  
  
 Dr. Neeru Thakral

**Vote of Thanks**  
  
 Dr. Sriatha Gorthi

AGENDA	SPEAKER	TIME
Introduction & Address	Dr. Roya Rozati	6:30 pm
Impact of diagnosis delay & long term follow up of pain in Endometriosis	Dr. Rooma Sinha Dr. Lakshmi Krishnaleela, Dr. Narmada & Dr. Jyothi K	6:40 - 7:00 pm
Practical tips for classification & management of fertility	Dr. Ephia Yasmin Dr. Roya Rozati, Dr. Sweta Agarwal, Dr. Neeru Thakral	7:10 - 7:30 pm
Vote of Thanks	Dr. Sriatha Gorthi	7:40 pm

**PROGRAMME**

**zoom** ID: 896 5564 3629  
 Password: ifsts

**For the First Time Ever  
Joint Webinar**

Date: 25<sup>th</sup> Feb 2021 Thursday  
 Time: 3.00 pm - 6.00 pm

**Session 1: IFS BELIEVE IT OR NOT case scenarios** Time: 3 pm - 4.30 pm

**Chairperson**  
  
 Dr. Sudha Prasad  
 President, IFS

  
 Dr. Neena Malhotra  
 Secretary General, IFS

**Speakers**  
  
 Dr. Bharthi Dhore Patil  
 Challenges with OHSS

  
 Dr. K D Nayar  
 Challenges in OPU

  
 Dr. Sonia Malik  
 Challenges in ET

**Session 2: ATNRCOG One Disaster One Miracle** Time: 4.30 pm - 6.00 pm

**Chairperson**  
  
 Dr. Jeyashree Gajaraj  
 President, ATNRCOG

  
 Dr. Rajapriya Ayyappan  
 Secretary IFS, TN Chapter

**Speakers**  
**My personal experience story**  
  
 Dr. Geetha Haripriya

  
 Dr. Rajapriya Ayyappan

  
 Dr. Vani Soundara Pandlyan

**venue: zoom** Participant Meeting ID: 840 6099 6301 Password: FOLSAFE

In association with **Gynnext** Makers of **Naturogest** **Folsafe** **Sypitin-CR**

**Emcure**  
**OBSTETRIC & GYNAECOLOGICAL SOCIETY OF SOUTHERN INDIA / INDIAN FERTILITY SOCIETY**  
**INVITE YOU FOR A WEBINAR**

**THEME - A CHALLENGEING DECADE TO DEAL - AGE 20-30 YEARS**  
 Date : 16.03.2021 (Tuesday) Time: 03.00 p.m. to 06.00 p.m.

**SESSION I - CHAIRPERSONS**  
  
 Dr. Vijayalakshmi Seshadri  
 President OGSSI

  
 DR. D. Geetha  
 Hon'y. Secretary, OGSSI

  
 DR. Laxmi Shrikhande

**SESSION II - CHAIRPERSONS**  
  
 Dr. Rajapriya Ayyappan  
 Secretary IFS, TN Chapter

  
 Dr. Aarathy Paari  
 Joint Secretary

**SPEAKERS**  
  
 Dr. K.S. Jeyarani Kamaraj

  
 Dr. P.M. Gopinath

  
 Dr. Radha Vembu

  
 Dr. K.M. Kundavi Shankar

  
 Dr. Surakshith Battina





  
 Dr. Shravya Monohar

  
 Dr. Priya Kannappan

**INDIAN FERTILITY SOCIETY**  
**IFS-PUNJAB CHAPTER'S WEBINAR ON**

**COVID 19 ENOUGH IS ENOUGH**



**29TH MAY**  
 4:00PM-6:00 PM

**ZOOM MEETING ID:**  
 942 4852 3021

**PASSWORD:**  
 306613

# IFS ACTIVITIES SIG ACTIVITIES

## IFS SIG- Embryology

Date: 1st October, 2020

**Indian Fertility Society**  
Vitrification: Knowhow, Tips and Tricks and the Latest from the Eminent Experts  
**Webinar**  
Thursday, 1st October, 2020  
6:00 PM - 8:00 PM

**President, IFS:** Dr. Sudha Prasad  
**Secretary General, IFS:** Dr. Neena Malhotra  
**Chairperson - Convener SIG:** Dr. Geeta Goswami  
**Moderator - Co Convener SIG:** Dr. Parag Nandi

**Invited Faculty:**  
Dr. Sujatha Ramakrishnan, Dr. Vijay Mangoli

**Programme:**  
06:00 PM - 06:05 PM -----Introduction to Webinar ----- Dr. Geeta Goswami  
06:05 PM - 06:10 PM -----Welcome Address ----- Dr. Parag Nandi  
06:10 PM - 06:55 PM -----"Vitrification, Application in reproductive tissues and Current Progress" ----- Dr. Sujatha Ramakrishnan, PhD, ELD  
06:55 PM - 07:40 PM -----"What can go wrong in vitrification and the KPIs in Vitrification" ----- Dr. Vijay Mangoli, PhD  
07:40 PM - 08:00 PM -----Discussion / Question and answer session

Join e-CME with the link  
<https://us02web.zoom.us/j/88124628663?pwd=ZHZFa00vb040QXh4UGh4RUUzU0FQdz09>

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Meeting ID: 881 2462 8663  
Password: 880531

## IFS SIG- Holistic Medicine

Date: 5th October, 2020

**Indian Fertility Society**  
Holistic Approach to Manage Menstrual Pain  
**Webinar**  
Monday, 5th October, 2020  
5:00 PM - 6:30 PM

**President, IFS:** Dr. Sudha Prasad  
**Secretary General, IFS:** Dr. Neena Malhotra  
**Convener SIG:** Dr. Rajvi H Mehta

**Invited Faculty:**  
Ms. Rujuta Diwekar

**Programme:**

Time	Topic	Speaker
5.00 to 5.30 pm	Role of Diet	Ms. Rujuta Diwekar
5.30 to 6.15 pm	Role of Iyengar Yoga	Dr. Rajvi H Mehta
6.15 to 6.30 pm	Question and Answers	

**Free Registration**  
<https://tinyurl.com/IFS-HM>

**BLOCK YOUR DATE**  
Monday  
5th October

## IFS SIG- ENDOMETRIOSIS

Date: 10th October, 2020

**RECENT ADVANCES IN MANAGEMENT OF ENDOMETRIOSIS**  
2<sup>nd</sup> WEBINAR ORGANIZED BY  
SIG ENDOMETRIOSIS, (IFS) in association with  
Indian Society for The Study of Reproduction & Fertility (ISSRF)  
ON 10<sup>th</sup> October 2020, Saturday, 3:00pm to 6:00pm

**President, IFS:** Dr. Sudha Prasad  
**Secretary General, IFS:** Dr. Neena Malhotra  
**Chief Guest:** Dr. R.S. Sharma  
**Chief Guest:** Dr. N.K. LOHIYA

**Convener:** Dr. ROYA ROZATI  
**Co-Convener:** Dr. NEETI TIWARI

**PROGRAMME:**  
3:00pm - 3:05pm Introduction of Webinar by DR. NEETI TIWARI  
3:05pm - 3:10pm Welcome address by DR. ROYA ROZATI  
3:10pm - 3:15pm Address by President IFS DR. SUDHA PRASAD & Secretary General IFS DR. NEENA MALHOTRA  
3:15pm - 3:20pm Address by Chief Guests DR. R.S. SHARMA & DR. N.K. LOHIYA  
3:20pm - 3:50pm Medical Management of Endometriosis By : DR. ROYA ROZATI  
3:50pm - 4:20pm "HOW TO OPTIMIZE IVF OUTCOMES IN ENDOMETRIOSIS" By : DR. JAIDEEP MALHOTRA

**PANEL DISCUSSION:**  
4:20pm - 5:40pm Challenges in Infertility management in endometriosis

**MODERATORS:**  
DR. K.D. NAYAR, DR. NEETI TIWARI

**PANELISTS:**  
DR. BHARTI DHOEPATIL, DR. UMESH JINTAL, DR. SHWETA MITTAL, DR. RENU TANWAR, DR. SRILATHA GORTHI, DR. NANCY, DR. KRISHANLEELA, DR. KESHAV MALHOTRA

5:40pm - 5:55pm Audience Interaction  
5:55pm - 6:00pm AstraZeneca Representative  
Vote of Thanks by : DR. ROYA ROZATI

Educational grant by:  
AstraZeneca

Meeting ID: 820 5171 2028  
Password : I F S T S O 2

## IFS SIG- POR

Date: 17th October, 2020

**Indian Fertility Society**  
IFS SIG - Poor Ovarian Reserve  
**Webinar**  
Saturday, 17 October, 2020  
5:00 PM - 7:00 PM

**President, IFS:** Dr. Sudha Prasad  
**Secretary General, IFS:** Dr. Neena Malhotra  
**Chairperson - Convener SIG:** Dr. Nalini Kaul Mahajan  
**Moderator - Co Convener SIG:** Dr. Shalu Gupta

**Invited Faculty:**  
Dr. Aanchal Agarwal, Dr. Jasneet Kaur, Dr. M Gouri Devi, Dr. Mohan Kamath, Dr. Nymphhea Walecha, Dr. Radha V, Dr. Swati Verma, Dr. Sankalp Singh, Dr. Tanya Buckshee

**Programme:**  
5pm - 5:05pm ----- Introduction to Webinar ----- Dr. Nalini Mahajan  
5:05pm - 5:10pm ----- Welcome Address ----- Dr. Sudha Prasad  
5:10pm - 5:15pm ----- Introduction to IFS ----- Dr. Neena Malhotra  
5:15pm - 5:20pm ----- Introduction of Speakers ----- Dr. Shalu Gupta  
5:20pm - 5:45pm ----- Overview of Poor Ovarian Reserve ----- Dr. Nalini Kaul Mahajan  
5:45pm - 6:45pm ----- Panel Discussion- Challenges in the Management of Poor Ovarian Reserve and Response

**Moderators:** Dr. Shalu Gupta  
**Experts:** Dr. Nalini Kaul Mahajan, Dr. Mohan Kamath  
**Panelists:** Dr. Gouri Devi, Dr. Aanchal Agarwal, Dr. Nymphhea Walecha, Dr. Radha V, Dr. Swati Verma, Dr. Jasneet Kaur, Dr. Sankalp Singh, Dr. Tanya Buckshee

6.45 pm onwards ----- Discussion / Question and answer session

Join e-CME with the link  
<https://us02web.zoom.us/j/86796092941?pwd=Z3lhWwpiUORhakkNT3BDcjFKVUVVdD09>

Meeting ID: 867 9609 2941  
Password: 204599

# IFS ACTIVITIES SIG ACTIVITIES

## IFS SIG-PCOS Date: 18th October, 2020

**Indian Fertility Society**  
IFS SIG- PCOS- How to Improve Fertility Outcomes  
Webinar  
Sunday, 18 October, 2020  
12:00 PM - 02:00 PM

**President, IFS:** Dr. Sudha Prasad  
**Secretary General, IFS:** Dr. Neena Malhotra  
**Convenor, SIG PCOS:** Dr. Sandeep Talwar  
**Co Convenor, SIG PCOS:** Dr. Reeta Mahey

**Guest of Honour:** Dr. M. Kochhar  
**Invited Faculty:** Dr. Mohan Kamath, Dr. Sonia Malik

**Programme**

- 12.00 PM----- Welcome Address ----- Dr Sonu Talwar
- 12.10-12.30 PM---Ovulation Induction in PCOS- Letrozole or Clomiphene Citrate? --- Dr Mohan Kamath
- 12.30-12.35 PM----- Audience Interaction
- 12.35- 12.55 PM -----Myo-Inositol- New player for Treatment ---- Dr Neena Malhotra of PCOS- The Evidence!
- 12.55-01.00 PM----- Audience Interaction
- 01.00- 02.00 PM -----Panel Discussion ----- Nuances if IVF in PCOS

**Moderators:** Dr sonia malik  
**Panelists:** Dr Neena Malhotra, Dr Sonu Talwar, Dr Mohan Kamath, Dr Reeta Mahey

02.00 PM----- Vote of Thanks -----Dr Reeta Mahey

Join e-CME with the link  
<https://us02web.zoom.us/j/85429032855?pwd=cFpHR2ZHUkZnOUxpQ0pHbXRtbFJKZz09>

Meeting ID: 854 2903 2855  
Password: 856792

A Scientific Initiative by: **inca**, **Makers of: Letrozol**, **NORMOZ**, **Freedase 30**, **Prohance-Mom**

## IFS SIG- Fertility Preservation Date: 20 October, 2020

**Indian Fertility Society**  
IFS SIG- Fertility Preservation  
Webinar  
Tuesday, 20 October, 2020  
6:45 PM - 8:30 PM

**President, IFS:** Dr. Sudha Prasad  
**Secretary General, IFS:** Dr. Neena Malhotra  
**Senior Vice President, IFS Convenor, SIG:** Dr. Pankaj Talwar  
**Co Convenor, SIG:** Dr. Prajnanika Gurung

**Invited Faculty:** Dr. Rashmi Sharma, Dr. Puneet Rana Arora, Dr. Joydeep Ghosh, Dr. Kausiki Ray, Dr. Rupali Bassi, Dr. Papa Dassari, Dr. Sweta Rai

**Programme**

- 6:45-7:00pm----- Welcome Address and Introduction to Webinar----- Dr. Pankaj Talwar  
Inaugural Address by President IFS and Secretary General IFS  
Introduction to speakers
- 7:00-7:25pm ---- Fertility Preservation: Recent Updates and Guidelines----- Dr. Rashmi Sharma, Delhi
- 7:30-7:55pm----- Effect of Chemoradiation on Fertility----- Dr. Joydeep Ghosh (Medical Oncology) Tata medical, kolkata
- 8:00-8:30pm-----Panel Discussion : Fertility Preservation Overcoming Hurdles (Different Case Scenarios)

**Moderators:** Dr. Pankaj Talwar  
**Panelists:** Dr. Rupali Bassa (Delhi), Dr. Puneet Rana Arora (Delhi), Dr. Papa Dassari (JIPMER, Pondicherry), Dr. Kausiki Ray (Kolkata), Dr. Sweta Rai (Gynaecologist , TMC, Kolkata)

8:30 PM----- Vote of Thanks ----- Dr. Prajnanika Gurung

Join e-CME with the link  
<https://us02web.zoom.us/j/84872799585?pwd=YWVsaVhNRWV4S1ZtNHZlMWVxblBkdz09>

Meeting ID: 848 7279 9585  
Password: 147447

Sponsored By **AstraZeneca**

## IFS SIG-APPLIED GENETICS Date: 31st October, 2020

**Webinar Series**  
**Era of Genomics: Clues to Fertility**  
SIG (Applied Genetics)  
31st October, 2020

**DR. SUDHA PRASAD** (President, IFS)  
**DR. NEENA MALHOTRA** (General Secretary, IFS)  
**DR. SARABPREET SINGH** (Convenor, SIG Applied Genetics)  
**DR. RAKESH KUMAR** (Co-Convenor, SIG Applied Genetics)

**DR. SONIA MALIK** (Director and HOD, Southend Fertility and IVF, New Delhi) (Chairperson)  
**DR. M TELANG** (Director Fertility Research and IVF Centre) (Guest of honor)  
**DR. FIRUZA PARINKH** (Director FertiTree- Jasko International Fertility Centre) (Chairperson)

**SESSION 1**

Time	Topic	Speaker
5:00 to 5:20 PM	Male Infertility -impact of yoga- unravelling the pharmacy within	Dr. Rima Dada, Professor, Department of Anatomy, AIIMS (New Delhi)
5:20 to 5:40 PM	Role of genomics in female infertility	Dr. Ashutosh Halder, Head of Department, Reproductive Biology, AIIMS (New Delhi)

**SESSION 2 - DEBATE**  
Topic: Preimplantation Genetic Testing: Hope or Hype

**Hope:** DR. CARMEN RUBIO (PCOS Research Senior Director, Igenomix)  
**Hype:** DR. MOHAN KAMATH (Professor of Reproductive Medicine, CMC, Vellore)

Debate - 5:45 to 6:15 PM | Rebuttal- 6:15 to 6:20 PM | Discussion- 6:20 PM onwards

31st October 2020 (Saturday), 5pm onwards, Registrations Open

## IFS SIG-APPLIED GENETICS Date: 30th January, 2021

**WEBINAR SERIES**  
**GENETIC DEFECTS IN IVF BABIES**  
SPECIAL INTEREST GROUP (APPLIED GENETICS)

**DR. SUDHA PRASAD** (President, IFS)  
**DR. NEENA MALHOTRA** (General Secretary, IFS)  
**DR. SARABPREET SINGH** (Convenor, SIG Applied Genetics)  
**DR. RAKESH KUMAR** (Co-Convenor, SIG Applied Genetics)

**SESSION 1 - LECTURES**

- DR. VATSILA BADDHWAL - ART, PREGNANCY COMPLICATIONS & BIRTH DEFECTS (5:00 PM TO 5:20 PM)
- DR. NEERJA GUPTA - GENETIC RISKS OF IVF/ICSI IN NEWBORNS (5:25 PM TO 5:45 PM)

**SESSION 2 - ASK THE EXPERT**  
THEME: THE RISK OF BIRTH DEFECTS IN CONCEPTION BY ART (5:45 PM TO 6:45 PM)

**Moderators:** Dr. Mona Sharma (Associate Professor, Dept of Reproductive Biology, AIIMS, New Delhi), Dr. Rajni Khajuria (Sr. Consultant, Human Genetics & Scientific Affairs)

**30TH OF JANUARY 2021**  
SATURDAY || 5:00 PM ONWARD  
REGISTRATION OPENS

ACADEMIC PARTNER **INDNA LIFE SCIENCES**

# IFS ACTIVITIES SIG ACTIVITIES

## IFS SIG-APPLIED GENETICS Date: 30th January, 2021

**WEBINAR SERIES**  
**GENETIC DEFECTS IN IVF BABIES**

**SESSION 1 - LECTURES**

- Dr. Vatsla Dadhwal - ART, PREGNANCY COMPLICATIONS & BIRTH DEFECTS (5:00 PM TO 5:20 PM)
- Dr. Neerja Gupta - GENETIC RISKS OF IVF/ICSI IN NEWBORNS (5:25 PM TO 5:45 PM)

**SESSION 2 - ASK THE EXPERT**  
**THEME: THE RISK OF BIRTH DEFECTS IN CONCEPTION BY ART**  
5:45 PM TO 6:45 PM

**MODERATORS**  
Dr. Mona Sharma, Dr. Rajni Khajuria

**30TH OF JANUARY' 2021**  
SATURDAY || 5:00 PM ONWARD  
REGISTRATION OPENS

ACADEMIC PARTNER: INDNA LIFE SCIENCES

## IFS SIG-PCOS Date: 20th February, 2021

**INVITATION TO SIG ENDOMETRIOSIS WEBINAR**  
**"ENDOMETRIOSIS IS NOT A ONE POINT CARE"**  
Organized by: IFS TELANGANA CHAPTER  
On 20<sup>th</sup>, February 2021, Saturday 6:30 to 7:45 pm

**PROGRAMME**

AGENDA	SPEAKER	TIME
Introduction & Address	Dr. Roya Rozati	6:30 pm
Impact of diagnosis delay & long term follow up of pain in Endometriosis	Dr. Roama Sinha, Dr. Lakshmi Kishnaleela, Dr. Narmada & Dr. Jyothi K	6:40 - 7:00 pm
Practical tips for classification & management of fertility	Dr. Ephra Yasmin, Dr. Roya Rozati, Dr. Sweta Agarwal, Dr. Neeru Thakral	7:10 - 7:30 pm
Vote of Thanks	Dr. Sriatho Gorthi	7:40 pm

Zoom ID: 896 5564 3629  
Password: ifsts

## IFS SIG-Search Methodology Date: 1st & 2nd April, 2021

**Indian Fertility Society**  
**Literature Search and Paper Critiquing Workshop**  
Organized by - IFS Special Interest Group in Research Methodology in collaboration with Prof. S.V. Moses Center for Informed Healthcare and Health Policy

1st & 2nd April, 2021  
4:00 PM - 6:00 PM

**Invited Faculty**  
Dr. E. Jeeba Paul Banerjee, Dr. Ahy K. Kishy, Dr. Sunita Sharma

**Day 1 | Thursday, 1st April 2021 | Programme**

- 4:00-4:05pm - Welcome and Introduction - Dr. Sunitha Prasad/Dr. Neena Malhotra
- 4:05-4:20pm - Why literature search? - Dr. Mohan S. Kamath (Wellness)
- 4:25-4:35pm - Audience Interaction
- 4:35-5:15pm - Task and demonstration on - Dr. E. Jeeba Paul Banerjee (Literature review)
- 5:15-5:55pm - Exercise and Audience Interaction - Dr. Jeeba Paul, Dr. Mohan Kamath

**Day 2 | Friday, 2nd April 2021 | Programme**

- 4:00-4:05pm - Welcome and Introduction - Dr. Sunitha Prasad/Dr. Neena Malhotra
- 4:05-4:25pm - Understanding and critiquing retrospective study - Dr. Ruma Satish (Delhi)
- 4:25-5:00pm - Exercise - Experts: 1. Dr. Ahy Kishy (Kochi), 2. Dr. Ruma Satish (Delhi)
- 5:00-5:20pm - Understanding and critiquing an RCT - Dr. Sunita Sharma (Kolkata)
- 5:20-5:55pm - Exercise - Experts: 1. Dr. Mohan Kamath (Wellness), 2. Dr. Sunita Sharma (Kolkata)
- 5:55-6:00pm - Rounding up and conclusions - Dr. Mohan Kamath

To Register, Contact +91-989 930 8083, 011-40018184

## IFS SIG-Applied Genetics Date: 16th April, 2021

**WEBINAR SERIES**  
**ALTERNATIVE MEDICINE & INFERTILITY**

**LECTURES**

- ROLE OF ALTERNATIVE MEDICINE IN INFERTILITY MANAGEMENT: A FERTILITY AND ANDROLOGICAL PERSPECTIVE (5:15 PM TO 5:30 PM)
- MALE FACTOR INFERTILITY AND CONTRACEPTION: MANAGEMENT BY YOGA (5:40 PM TO 6:00 PM)
- RIGHT AVENUE OF DIAGNOSIS AND BETTER PERSPECTIVE FOR INFERTILITY (6:05 PM TO 6:30 PM)

**16TH OF APRIL' 2021**  
FRIDAY || 5:15 PM ONWARDS  
REGISTRATION OPENS

## IFS SIG-APPLIED GENETICS Date: 18th June, 2021

**Webinar Series**  
**Preimplantation Genetic Testing: Where We Stand Today**  
SIG (Applied Genetics)  
18<sup>th</sup> Jun, 2021

**SESSION 1**

Time	Topic	Speaker
5:00PM - 5:30PM	Preimplantation Genetic Testing for Monogenic disorders	Dr. Ana Carreno Barja
5:30PM - 5:45PM	Discussion	Dr. Ana Carreno Barja

**SESSION 2 - PANEL DISCUSSIONS**  
Topic: Recent Advances in PGT-A  
Time: 5:45pm onwards

**MODERATORS**  
Dr. Ashish Paszard, Dr. Rajni Khajuria



# INTERNATIONAL PRESENTATION FROM IFS MEMBERS- ASRM 2020

1



## Milind RAMCHANDRA Ubale

Professor and Head Department of Microbiology  
Rajiv Gandhi Medical College & Chatrapati Shivaji Maharaj Hospital  
Thane, India

**Reduction of Bacterial Colony Forming Units in an Obstetrics Operation Theater using Cold-Plasma based Dielectric Barrier Discharge Air**

<sup>1</sup>Dr. Milind Ubale M.D. <sup>2</sup>Dr. Rajvi H. Mehta Ph.D  
<sup>1</sup>RGM College & CSM Hospital, Kalwa, Thane  
<sup>2</sup>Trivector Biomed LLP, Mumbai, INDIA

2



## Satish Manohar Patki

Head of the Institute  
Patki Hospital, IVF Consultant  
Kolhapur, India



**IMPROVEMENT IN THE BLASTOCYST FORMATION AND SUBSEQUENT CLINICAL PREGNANCY RATES FOLLOWING THE USE OF COLD-PLASMA BASED AIR PURIFICATION SYSTEM IN THE EMBRYO CULTURE LABORATORY**

Dr. Satish M Patki, MD,  
Dr. Rajvi Mehta Ph.D.,

3

**Retrospective study to compare between hyaluronan enriched medium and blastocyst transfer medium for frozen embryo transfer and its impact on CPR in patients with 2 or more in vitro fertilization/intracytoplasmic sperm injection (IVF-ICSI) cycle failures .**

R.Sharma, A.Gupta, F. Rahman, N.Kaur, Rohan  
ORIGYN FERTILITY & IVF CENTER, NEW DELHI, INDIA



P-194

4



## Role of blastocyst morphology in predicting clinical outcomes in single frozen blastocyst transfers

Majumdar G, Sehgal S, Gupta S, Tiwari N, Satwik R and Majumdar A  
Center of IVF and Human Reproduction, Sir Ganga Ram Hospital, New Delhi, India

5

**IMPACT OF ENDOMETRIOSIS ON ANXIETY, DEPRESSION AND QUALITY OF LIFE AND ITS ASSOCIATION WITH PREGNANCY OUTCOMES IN INFERTILE PATIENTS AT A TERTIARY LEVEL INFERTILITY CENTRE IN INDIA.**

Kanad Dev Nayar, Poonam Nayar, Shweta Gupta, Minal Singh, Ratnaboli Bhattacharya, Gaurav Kant, Rahul Gahlot, Kapil Dev Nayar  
Akanksha IVF Centre, Delhi, India



6

**DOES CONTROLLED OVARIAN HYPERSTIMULATION RESPONSE VARIES WITH PCOS PHENOTYPES: A PROSPECTIVE COHORT STUDY AT A TERTIARY INFERTILITY CENTRE IN INDIA.**



Kanad Dev Nayar, Shweta Gupta, Minal Singh, Ratnaboli Bhattacharya, Eshna Gupta, Rahul Gahlot, Kapil Dev Nayar  
Akanksha IVF Centre, Delhi, India

## INTERNATIONAL PRESENTATION FROM IFS MEMBERS- ASRM 2020

7 ▲

DETERIORATION IN BASELINE REPRODUCTIVE HORMONE PROFILE IS ASSOCIATED WITH INCREASE IN REPRODUCTIVE ENDOCRINE DISORDERS: DATA EVALUATION IN INDIAN WOMEN OVER A 15-YEAR DURATION

Poster No.P-829

Dr. Bindu N. Chimote, Dr. Natchandra M. Chimote

Vaunshdhara Fertility Centre, Nagpur-India

8 ▲

VITAMIN D3 (25 OH D) LEVELS IN FOLLICULAR FLUID STRONGLY CORRELATE WITH DEVELOPMENTAL POTENTIAL AND GRADES OF EMBRYO IN IVF CYCLES

Poster No.P- 109

Dr. Natchandra M. Chimote. Dr. Bindu N. Chimote. Vaunshdhara Fertility Centre, Nagpur-India

9 ▲

THE POSITION OF POINT OF HATCHING (POH) AND ITS ANGLE VIS-À-VIS THE INNER CELL MASS IS A ROBUST CRITERIA FOR SELECTION OF HATCHING BLASTOCYST FOR ENHANCED LIVE BIRTH RATES IN IVF CYCLES

Poster No.P-942

Dr. Bindu N. Chimote, Nishad Chimote, Dr. Amogh Chimote, Dr. Riju Chimote, Dr. Natchandra M. Chimote

Vaunshdhara Fertility Centre, Nagpur-India

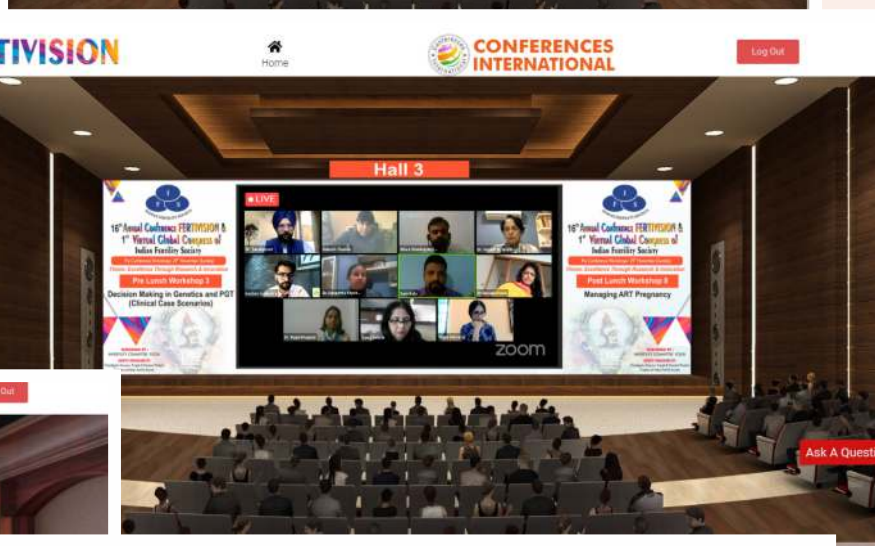
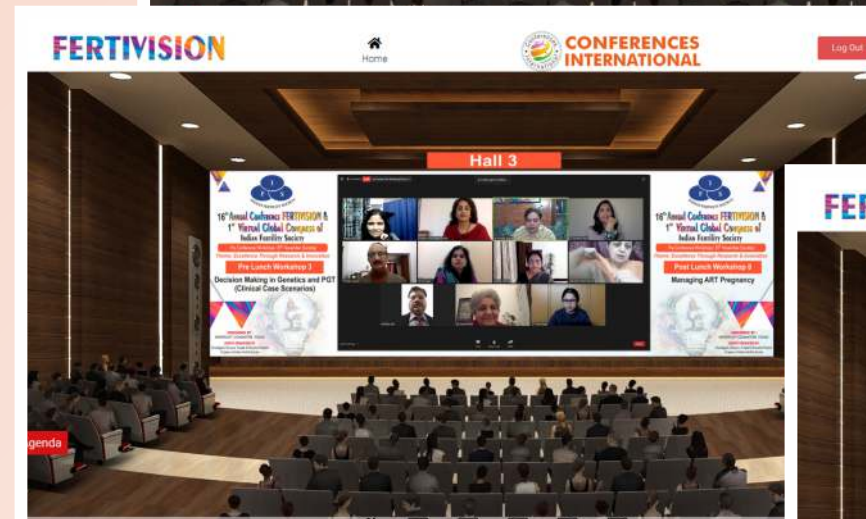
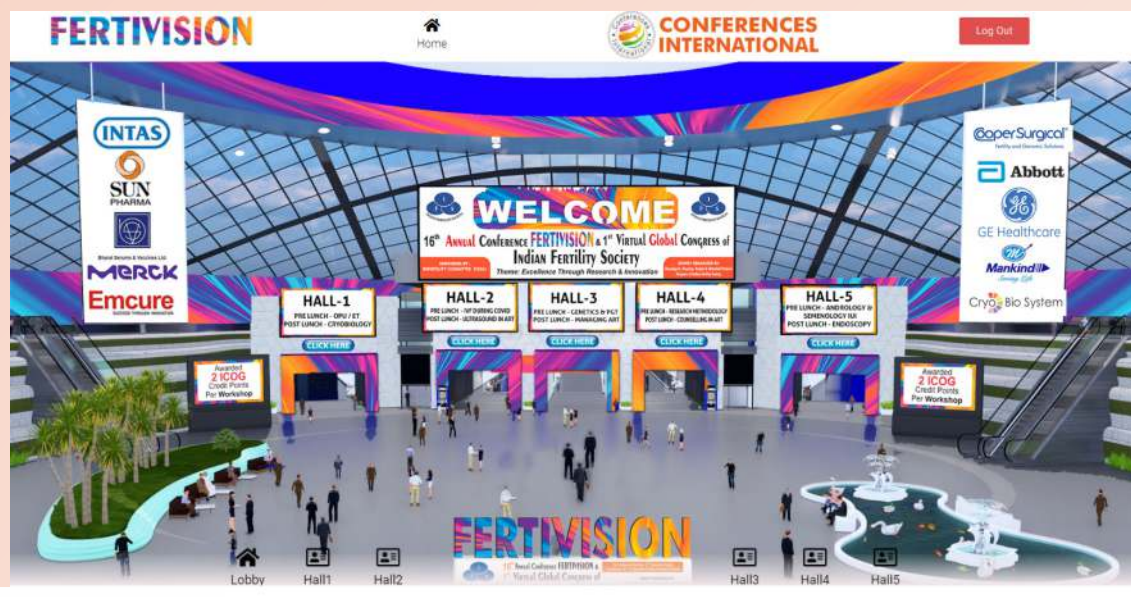
Corresponding Author: Dr. Bindu N. Chimote

email: [bindunm10@yahoo.com](mailto:bindunm10@yahoo.com)

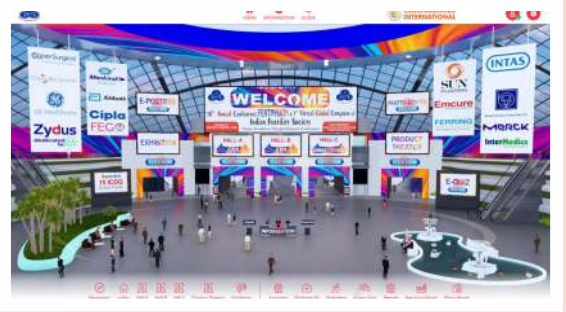
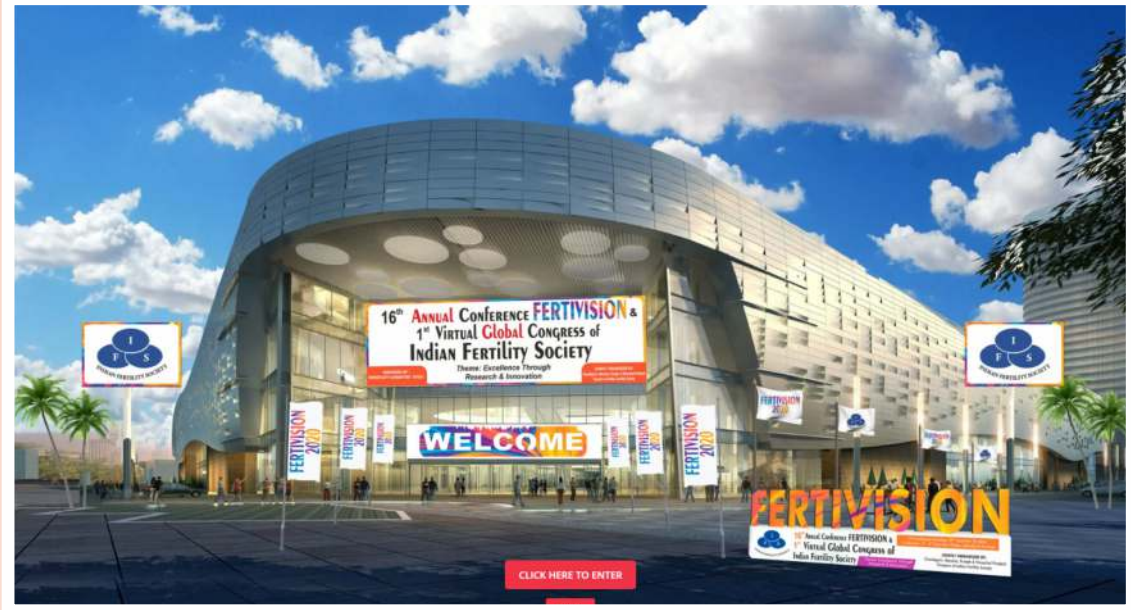
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# Workshop Memories

## FERTIVISION 2020



# Conference Memories FERTIVISION 2020





*16<sup>th</sup> Annual Conference of Indian Fertility Society which was also 1<sup>st</sup> Virtual and Global conference **FERTIVISION 2020** and was hosted jointly by the four northern chapters Chandigarh, Punjab, Haryana & Himachal Pradesh.*

### *Participated by*

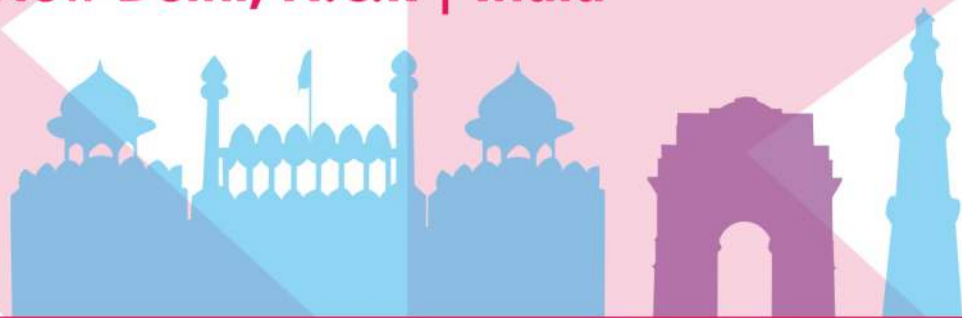
- ★ 70+ International Faculties*
- ★ 300 National Faculties*
- ★ Nearly 2000 Delegates participated in the 10 workshops organized*
- ★ More than 3000 logins for the main conference*
- ★ 130 Original Research Papers were Presented*

17<sup>th</sup> Annual Conference  
of Indian Fertility Society

# FERTIVISION

# 2021

New Delhi, N.C.R | India



# Block Your Dates

10 - 12

December  
2021

# Stay Tuned

Organising  
Chairman



Dr Sudha Prasad

Organising  
Secretary



Dr Neena Malhotra

Scientific  
Chair



Dr K.D. Nayar