



under the aegis of

The Greater Chandigarh Chapter of IFS

presents

21st ART UPDATE

Abstracts
for
Research
Paper
Invited



Sunday, 31st August 2025



8:30 am-5:30 pm



Hotel Hyatt Centric, Sector 17, Chandigarh

Indian Fertility Society



Dr. Pankaj Talwar
President
IFS



Dr. Shweta Mittal Gupta
Secretary
IFS



Dr. Umesh N Jindal
Patron
IFS GCC



Dr. Yash Bala
Organizing Co-Chair



Dr. Lavleen Sodhi
Chapter Secretary
IFS GCC



Dr. Nidhi Sharma
Joint Secretary
IFS GCC



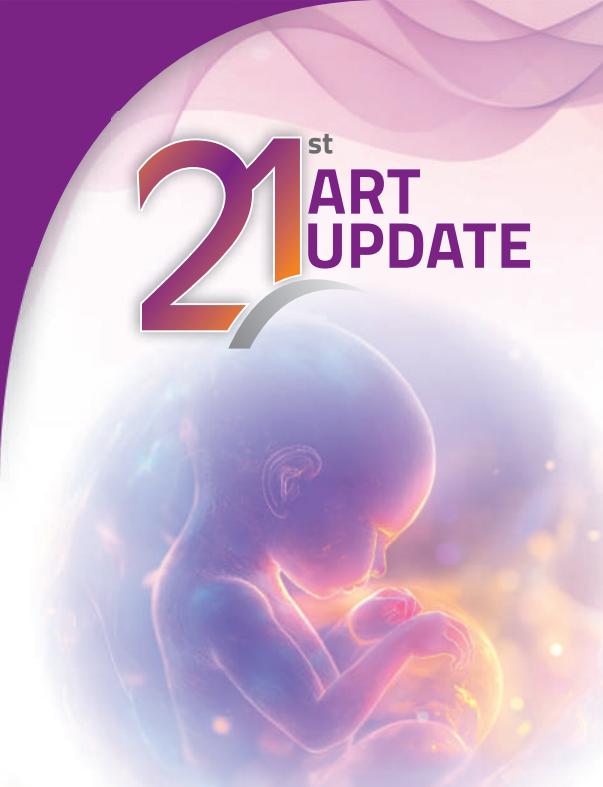
Dr. Sheetal Jindal
Treasurer
IFS GCC

Greater Chandigarh Chapter

Click for registration <https://forms.gle/wGJmUG8sK3JkoXUH9>

Click for Abstract Submission Guidelines <https://shorturl.at/jA55A>

ACCREDITED WITH 4 CME HOURS BY PUNJAB MEDICAL COUNCIL (PMC/CME/2025/1471)



21st ART UPDATE

I N V I T A T I O N

Continuing the tradition of annual ART Update conferences, we are delighted to invite you for the "21st ART Update" which is being organized by The Greater Chandigarh Chapter of IFS and Jindal IVF on 31st August 2025 at Hotel Hyatt Centric, Sector 17, Chandigarh.

This academic feast promises focused scientific sessions, enlightening panel discussions and workshops to polish your infertility management skills.

Looking forward to meet you all.
Team GCC IFS & Jindal IVF Chandigarh

ORGANIZING CHAIR

Umesh N. Jindal

ORGANIZING CO- CHAIR

Yash Bala

ORGANIZING SECRETARY

Nidhi Sharma

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Sheetal Jindal
Simmi Maheshwari
Swati Verma
Sonal Garg

CO-ORDINATORS

Aditya Jindal
Suresh Verma
Sudha Setia

PROGRAMME HIGHLIGHTS

■ Invited Talks

- Immunomodulation in RIF & RPL
- Management strategies of male infertility based upon Aphrodite Classification
- Management of endometriosis related infertility based upon non-invasive EFI Scoring
- Role of GLP - 1 analogue in PCOS

■ Panel Discussions

- Oocyte Freezing for medical and social reasons
- Add-ons in IVF Lab: Evidence based practice

■ Workshops

- Workshop A : PRP preparation and use in ART
- Workshop B: Fine tuning of IVF Stimulation

Scientific Programme

21st ART Update , 31st August 2025

Venue: Hotel Hyatt Centric, Sector 17, Chandigarh

09:00 - 09:25 am	Registration			
08:30 - 09:25 am	Oral Paper Presentation	JUDGES Dr. Lavleen Sodhi, TBA		
09:25 - 09:30 am	Welcome address	Dr Umesh N. Jindal		
9:30 am - 11:15 am	Session 1 Hall Managers: Dr Geetika Sharma, Dr Prabhneet Kaur			
Time	Session/Topic	Speaker/ Moderator	CHAIRPERSON/ EXPERT	PANELIST
09:30 - 10.00 am 20 + 10 Minutes	Management of Endometriosis related Infertility based upon Non-Invasive EFI Scoring	Dr Umesh N. Jindal	Dr Mangla Dogra, Dr Neerja Chawla, Dr Sushmita Singh, Dr Reeti Mehra	
10:00 - 10:45 am (45min)	Panel Discussion Oocyte Freezing for Fertility Preservation	Moderators Dr Puneet Rana Arora, Dr Nidhi Sharma	Experts Dr U.N. Jindal TBA	Dr Preeti Jindal, Dr Pooja Mehta, Dr Swati Verma, Dr Gautam Goyal, Dr Shikha Gupta, Dr Nitasha Gupta, Dr Shefali Agnihotri
10:45 - 11:15 am 20 + 10 Minutes	Role of GLP - 1 analogue in PCOS	Dr Rama Walia	Prof Vanita Jain, Dr Yashbala, Dr Poonam Goel, Dr Gagan Priya	
11:15 - 11:30 am	INAUGURATION	Dr Sheetal Jindal		
11:30 - 12:00 pm	High Tea			
12:00 - 02:00 pm	Session 2 Hall Managers: Dr Geetika Sharma, Dr Prabhneet Kaur			
Time	Session/Topic	Speaker/ Moderator	CHAIRPERSON/ EXPERT	PANELIST
12:00 - 12:30 pm	Immunomodulation in RIF & RPL	Dr Chaitanya Ganapule	Dr Deepa Goel, Prof Rashmi Bagga, Prof Suman Puri, Dr Seema Sharma, Dr Neerja Chandel	
12:30 - 01:00 pm	Management strategies in Male Infertility based upon Aphrodite Classification	Prof (Col.) Pankaj Talwar	Prof Vanita Suri, Dr Dilpreet Sandhu, Dr Sarabjeet Singh, Dr Karun Singla	

01:00 - 01:45 pm (45 min)	Panel Discussion Add-ons in IVF Lab: Evidence based practice	Moderators Dr Lavleen Sodhi, Dr Sheetal Jindal	Experts Prof (Col.) Pankaj Talwar, Dr Sanjeev Maheshwari	Dr Monika Verma, Dr Nirmal Bhasin, Dr Anupam Gupta, Dr Harpreet Sidhu, Dr Nupur Sharma, Dr Rimmy Singla,
01:45 - 02:00 pm	Audience Quiz Basic Genetics: FAQ	Dr Sangeeta Khatter, Dr Ridhima Dhamija		
02:00 - 03:00 pm	LUNCH			
3:00 pm - 5:30pm	Workshop-A PRP use & Preparation in ART Hall Managers: Dr Binakshi, Dr Ridhima Dhamija			
Time	Session/Topic	Speaker/ Moderator	CHAIRPERSON/ EXPERT	PANELIST
3:00 - 3:30 pm	Use of PRP in ART	Dr Chaitanya Ganapule	Dr U.N Jindal, Mrs. Simmi Maheshwari, Dr Tejinder Kaur, Dr Jasleen Mavi	
3:30 - 04:00 pm	PRP Preparation step by step guide	Dr. Surleen Kaur	Dr Sanjeev Maheshwari, Dr. Vandana Narula Dr Nidhi Sharma, Dr Sheetal Jindal	
04:00 - 5:30 pm	Practical Demonstration of PRP Preparation + Q & A Session	Dr. Surleen Kaur, Dr. Vikash Kumar	Co-ordinators Mrs. Simmi Maheshwari Ms Shalu Mr Alok	
3:00 pm - 5:30pm	Workshop-B Fine tuning of IVF Stimulation Hall Managers: Dr Sonal Garg, Dr. Aashima Rana			
Time	Session/Topic	Speaker/ Moderator	CHAIRPERSON/ EXPERT	PANELIST
3:00 - 03:45pm	Panel Discussion Nuances of Ovarian Stimulation in IVF	Moderators Dr Anupam Gupta, Dr Jasneet Kaur	Experts Prof (Col.) Pankaj Talwar, Prof Suman Puri	Dr Sumita Sofat Dr Rakhi Goyal Dr Kanchi Khurana Dr Japleen Kaur Dr Pallavi Pasricha Dr Prabhneet Kaur Dr Bhawna Agarwal
3:45- 4:15 pm (20+10)	Is it time to shift to Fresh Embryo Transfer in nomal & poor responders	Dr. Puneet Rana Arora	Prof Lakhbir K Dhaliwal, Dr Anandita Thakur Dr. Reema Sarkar Dr Renu Lamba	
4:15 -05:00pm	Panel Discussion Challenges in Frozen Embryo Transfer Cycles	Moderators Dr Monika Verma Dr Swati Verma	Expert Prof Lakhbir K Dhaliwal, Dr Lavleen Sodhi	Dr Shweta Nanda, Dr Bharti Joshi, Dr Shikha Sardana, Dr Alka Singla, Dr Manisha Jain, Dr Geetika Sharma, Dr Peri Parkhiya
5:00 -5:30pm	Open house discussion			