



**SRMS**

# 1<sup>st</sup> OBSTETRICS & GYNAECOLOGY UPDATE 2025

**'Womb Life to Healthy Ageing...'**

**1<sup>st</sup> - 2<sup>nd</sup> November 2025**

Awarded  
**12 ICOG**  
Credit Points

Awarded  
**6 UPMC**  
Credit Hours

*AI*  
paving its  
way through...

*Reproductive Medicine &  
IVF: 'Turning hope into life'*

*Still birth prevention:  
'Womb to world'*

*Critical Obstetrics: 'Every  
decision counts, Every  
moment matters'*

*Cosmetic & Urogynaecology:  
'Restoring forms & function'*

*Robotic surgery: 'Precision  
in motion, Excellence in care'*

## **Organized by:**

Department of Obstetrics & Gynaecology

In association with BOGS, Bareilly

Shri Ram Murti Smarak Institute of Medical Sciences, Bareilly

**Venue:** LT-5, 2<sup>nd</sup> Floor, Medical College, SRMSIMS

## CONFERENCE

# Invitation



*Dear colleagues*

The Department of Obstetrics and Gynaecology is pleased to announce its upcoming Continuing Medical Education (CME) and Workshop titled "Updates in Obstetrics and Gynaecology", scheduled for 1<sup>st</sup>-2<sup>nd</sup> November 2025.

In the dynamic and rapidly evolving field of Obstetrics and Gynaecology, keeping abreast with latest evidence-based practices, treatment modalities, and technological innovations are essential for optimal patient care. This academic event aims to provide a comprehensive update on recent advances and evolving trends in the specialty.

The scientific programme has been carefully designed to cover diverse and contemporary topics, including:

- **Cosmetic and Aesthetic Gynaecology**
- **Reproductive Medicine and IVF**
- **Fetal-Maternal Medicine**
- **Role of Robotics in Gynaecology**
- **Critical & High Risk Obstetrics**
- **Uro-Gynaecology**

To complement the plenary sessions, capsule-format workshops and symposia will offer hands-on learning opportunities and interactive discussions. Esteemed faculty and leading experts from across India will share their insights, providing participants with valuable opportunities for professional networking and skill enhancement. We warmly welcome delegates to join us for this academic endeavour-to expand knowledge, exchange ideas, and advance clinical practice. Alongside the scientific sessions, participants can look forward to the warm hospitality our institution is known for.

With warm regards,

**Dr Shashi Bala Arya**

Head of Department - Deptt. of Obstetrics & Gynaecology  
SRMSIMS, Bareilly

# ORGANIZING COMMITTEE

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### PATRON

Shri Aditya Murti

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Dr. Yogesh Kumar Chhatty

# REGISTRATION FORM

(Inclusive of Conference Kit, Meals & Banquet)

Name (in capital letters) \_\_\_\_\_

Institution / Private practitioner \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_

Phone \_\_\_\_\_ E-Mail \_\_\_\_\_

PG Student - YES ☐ NO ☐

Registration fee for Delegates Rs.2000/-

Registration fee for Post Graduates Rs.1500/-

Accommodation per night Rs.2000/-

Shared accommodation per night Rs.1200/-

Mode for Payment ☐

By cash

Online Transaction ID \_\_\_\_\_

Date \_\_\_\_\_ Bank \_\_\_\_\_

Account No. 52241132000386

Account Name SHRI RAM MURTI SMARAK TRUST

IFSC code PUNB0522410

Bank Punjab National Bank

Branch SRMS Bhojipura, Bareilly



Scan QR Code  
for registration

For online registration

visit this link - [https://myportal.srms.ac.in/obs\\_gynae](https://myportal.srms.ac.in/obs_gynae)

*Kindly send duly filled Registration forms along with payment details to:*

**Dr. Mridu Sinha**

Mob.: 9458702315

Organizing Secretary

E-Mail: [obsandgynaeupdate2025@gmail.com](mailto:obsandgynaeupdate2025@gmail.com)

For more details please contact:

**Dr. Preeti Singh**

Mob.: 9761669919

Treasurer

# PROGRAMME SCHEDULE

01<sup>st</sup> November 2025 (DAY-1)

| TIME                                                                                                                                                                                                                                         | TOPICS                                                                                                                                    | SPEAKERS                                                                                               |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|
| 08:00-09:00am                                                                                                                                                                                                                                | Registration                                                                                                                              |                                                                                                        |
| 08:00-10:00 am (LT-4 Hall)                                                                                                                                                                                                                   | Free Paper & Poster presentation                                                                                                          |                                                                                                        |
| Judges- Dr Kanchan Dalmia, Dr Tripti Gupta, Dr Surabhi Gupta, Dr (Col.) Manoj Kumar Tangri                                                                                                                                                   |                                                                                                                                           |                                                                                                        |
| <b>Session 1: Critical &amp; High Risk Obstetrics- 'Every decision counts , every moment matters'</b>                                                                                                                                        |                                                                                                                                           |                                                                                                        |
| Chairpersons - Dr Kiran Gangwar, Dr Shalini Gupta, Dr Milan Jaiswal                                                                                                                                                                          |                                                                                                                                           |                                                                                                        |
| 09:00-09:30am                                                                                                                                                                                                                                | From Chaos to Clot: Thromboelastography & Protocol-driven Responses in Obstetric Hemorrhage.                                              | Dr. Anupam Verma                                                                                       |
| 09:30-10:00am                                                                                                                                                                                                                                | Sepsis in Pregnancy – Early Recognition and bundle care                                                                                   | Dr. Rachna Chaudhary                                                                                   |
| 10:00-10:15 am                                                                                                                                                                                                                               | <b>Tea Break</b>                                                                                                                          |                                                                                                        |
| <b>Session 2: Reproductive medicine and IVF- 'Turning hopes into life'</b>                                                                                                                                                                   |                                                                                                                                           |                                                                                                        |
| Chairpersons- Dr Rihana Nazam, Dr Anuja Singh, Dr Archana Agarwal (Vansh)                                                                                                                                                                    |                                                                                                                                           |                                                                                                        |
| 10:15-10:45 am                                                                                                                                                                                                                               | Key note address: Improving implantation and reducing subjectivity: Future trends in AI-assisted IVF laboratories                         | Dr. (Col.) Pankaj Talwar                                                                               |
| 10:45-11:15 am                                                                                                                                                                                                                               | Recurrent Implantation Failure – Practical algorithms for management                                                                      | Dr. M Gouri Devi                                                                                       |
| 11:15-11:45 am                                                                                                                                                                                                                               | Choosing the Right Ovulation Stimulation Protocol in IVF: Individualized strategies                                                       | Dr. Ritu Khanna                                                                                        |
| <b>Session 3: Robotic surgery- 'Precision in motion, Excellence in care'</b>                                                                                                                                                                 |                                                                                                                                           |                                                                                                        |
| Chairpersons- Dr Neera Agarwal, Dr Rajni Agarwal, Dr Alpana Agarwal, Dr S K Sagar                                                                                                                                                            |                                                                                                                                           |                                                                                                        |
| 11:45-12:10 pm                                                                                                                                                                                                                               | Benign gynaecological surgeries with robotics-current practice and future horizon                                                         | Dr. Leena Mehrotra                                                                                     |
| 12:10-12:30 pm                                                                                                                                                                                                                               | Laparoscopic Adenomyomectomy: A new paradigm shift in management                                                                          | Dr. Vandana Jain                                                                                       |
| Chairpersons- Dr Lata Agarwal, Dr Latika Agarwal, Dr Mridula Sharma                                                                                                                                                                          |                                                                                                                                           |                                                                                                        |
| 12:30-01:00 pm                                                                                                                                                                                                                               | Keynote Address: From Laparoscopy to Robotics                                                                                             | Dr. Nutan Jain                                                                                         |
| 01:00-01:30 pm                                                                                                                                                                                                                               | Keynote Address: From Vaginal to Cervical Rejuvenation                                                                                    | Dr. Navneet Magon                                                                                      |
| 01:30-02:30 pm                                                                                                                                                                                                                               | <b>Inauguration &amp; Lunch</b>                                                                                                           |                                                                                                        |
| 02:30-03:30 pm                                                                                                                                                                                                                               | <b>Panel on Reproductive Medicine &amp; IVF</b>                                                                                           | Dr. Ritu Khanna<br>Dr. Monica Agrawal                                                                  |
| Expert- Dr Bharti Maheshwari, Dr Ruchi Shrivastava, Dr Meera Vaish, Dr Garima Singh<br>Panelists- Dr Fahmy Khan, Dr Sabeena Khan, Dr Shradha Maheshwari, Dr Pallavi Bansal, Dr Shruti Ghate, Dr Megha Gupta, Dr Shivi Saxena, Dr Ashu Saxena |                                                                                                                                           |                                                                                                        |
| <b>Session 4: Cosmetic and Aesthetic Gynecology</b>                                                                                                                                                                                          |                                                                                                                                           |                                                                                                        |
| Chairpersons- Dr Bharti Saran, Dr Meenakshi Goel, Dr Alka Agarwal, Dr Sandhya                                                                                                                                                                |                                                                                                                                           |                                                                                                        |
| 03:30-04:00 pm                                                                                                                                                                                                                               | Non-Surgical Aesthetic Procedures in Gynaecology: Current evidence & long-term outcome                                                    | Dr. Nidhi Bansal                                                                                       |
| 04:00-04:30 pm                                                                                                                                                                                                                               | Aesthetic Interventions in Female Genital Rejuvenation Evidence & Ethics                                                                  | Dr. Rashmi Chahar Khandelwal                                                                           |
| 04:30-05:00 pm                                                                                                                                                                                                                               | Interactive Demonstration: Recorded Videos with Step-by-Step on Aesthetic procedures in gynae                                             | Dr. Aastha Agarwal                                                                                     |
| 05:00-06:00 pm(LT-4 Hall)<br>Demonstration Station                                                                                                                                                                                           | AI assisted ultrasound                                                                                                                    | Electromagnetic Chair                                                                                  |
|                                                                                                                                                                                                                                              | Fibroid Mapping<br>Sono AVC antral / AVC follicle<br>Sono pelvic floor<br>Sono list live TIFFA /IEDA<br>Cervical length/Uterine Artery PI | Role in intimacy and incontinence<br>Role in cosmetic and Aesthetic gynaecology<br>Pelvic floor health |
| 07:00 pm onwards                                                                                                                                                                                                                             | <b>Cultural Program &amp; Chairman's Dinner</b><br>Alakhnanda Resort SRMS                                                                 |                                                                                                        |



# PROGRAMME SCHEDULE

02<sup>nd</sup> November 2025 (DAY-2)

| TIME                                                                                                                                                                                                          | TOPICS                                                                                                                                                                                  | SPEAKERS                                                                                                                                                        |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 08:00-09:00 am                                                                                                                                                                                                | Registration                                                                                                                                                                            |                                                                                                                                                                 |
| 08:00-10:00 am<br>(LT-4 hall)                                                                                                                                                                                 | Free Paper & Poster presentation                                                                                                                                                        |                                                                                                                                                                 |
| Judges- Dr Ranjana Gupta, Dr Rashmi Prasad, Dr Anita Nath, Dr Shilpi Singh, Dr Namita Agarwal                                                                                                                 |                                                                                                                                                                                         |                                                                                                                                                                 |
| <b>Session 5: Still birth prevention- 'Womb to world'</b>                                                                                                                                                     |                                                                                                                                                                                         |                                                                                                                                                                 |
| Chairpersons- Dr Neelesh Doshi , Dr Shalini Maheshwari , Dr Darakhshan Abbas                                                                                                                                  |                                                                                                                                                                                         |                                                                                                                                                                 |
| 09:00-09:25 am                                                                                                                                                                                                | Fetal Growth Restriction: Evidence-Based Approach and Strategies to Prevent Still birth                                                                                                 | Dr. Indu Lata                                                                                                                                                   |
| 09:25-09:50 am                                                                                                                                                                                                | Balancing Risk of preterm vs Stillbirth: Evidences and Clinical recommendation                                                                                                          | Dr. Apala Priyadarshini                                                                                                                                         |
| 09:50-10:15 am                                                                                                                                                                                                | Non-invasive markers of placental health: Role of emerging technologies                                                                                                                 | Dr. Ayesha Ahmad                                                                                                                                                |
| 10:15-10:35 am                                                                                                                                                                                                | CTG : Evidence-Based Approach and Strategies to Prevent Stillbirth                                                                                                                      | Dr. Bharti Maheshwari                                                                                                                                           |
| 10:35-10:45 am                                                                                                                                                                                                | <b>Tea Break</b>                                                                                                                                                                        |                                                                                                                                                                 |
| <b>Session 6: Urogynaecology - 'Restoring forms and function'</b>                                                                                                                                             |                                                                                                                                                                                         |                                                                                                                                                                 |
| Chairpersons- Dr Godawari Joshi, Dr Mridula Sharma, Dr Gayatri Singh                                                                                                                                          |                                                                                                                                                                                         |                                                                                                                                                                 |
| 10:45-11:15 am                                                                                                                                                                                                | Approach to urinary incontinence in female                                                                                                                                              | Dr. Kishan Kapur                                                                                                                                                |
| 11:15-11:45 am                                                                                                                                                                                                | Modern surgical Approaches to Pelvic Organ Prolapse: Restoring Anatomy and function                                                                                                     | Dr. Aruna Nigam                                                                                                                                                 |
| 11:45-12:15 pm                                                                                                                                                                                                | Varied approach to Urogenital Fistula repair: An Institutional Experience                                                                                                               | Dr. (Col) MK Tangri                                                                                                                                             |
| 12:15-01:15 pm                                                                                                                                                                                                | <b>Panel: Case scenario on critical obstetrics</b>                                                                                                                                      | Dr Aastha Lalwani,<br>Dr Shubra Agrawal                                                                                                                         |
| Expert-Dr Pragati Agarwal, Dr Shobha Mukherjee, Dr Seema Saran<br>Panelists - Dr Mahima Rani Mourya, Dr Deepa Tandon, Dr Jaya Bharti, Dr Divya Agarwal,<br>Dr Shruti Singh, Dr Pragya Mishra, Dr. Rupal Khare |                                                                                                                                                                                         |                                                                                                                                                                 |
| 01:15-02:00 pm                                                                                                                                                                                                | <b>Lunch</b>                                                                                                                                                                            |                                                                                                                                                                 |
| Chairpersons- Dr S K Sagar, Dr (Col.) Manoj Kumar Tangri                                                                                                                                                      |                                                                                                                                                                                         |                                                                                                                                                                 |
| 02:00-03:00 pm                                                                                                                                                                                                | Evolution of Robotic Surgery in Gynaecology- From Concept to clinical practice                                                                                                          | Dr. RK Mishra                                                                                                                                                   |
| 03:00-03:30 pm                                                                                                                                                                                                | Role of 2D/3D/Doppler in the field of obstetrics and gynaecology: technical talk                                                                                                        | GE health care                                                                                                                                                  |
| 03:30-04:30 pm                                                                                                                                                                                                | Post Graduate Quiz                                                                                                                                                                      | Dr. Jyoti Baghel<br>Dr. Ayushi Shukla                                                                                                                           |
| 04:30-05:00 pm<br>(LT-4 Hall)<br><br>Demonstration Station                                                                                                                                                    | Triad Laser                                                                                                                                                                             | Diode Laser                                                                                                                                                     |
|                                                                                                                                                                                                               | Role in cosmetic and Aesthetic gynaecology<br>Pelvic floor health<br>Laser Vaginal Rejuvenation<br>Stress Urinary Incontinence<br>GSM of Menopause<br>Role in intimacy and incontinence | Laser Vaginal Rejuvenation<br>Stress Urinary Incontinence<br>GSM of Menopause<br>Post RT vaginal stenosis<br>Recurrent UTI<br>Role in intimacy and incontinence |
| 05:00-06:00 pm                                                                                                                                                                                                | <b>Valedictory function &amp; Prize Distribution</b>                                                                                                                                    |                                                                                                                                                                 |

## Abstracts are invited for 1st Obs & Gynae update 2025

Abstracts should be submitted in the following format

- *Presenting Author:* (Surname, Initials, bold and underline) affiliation details (designation, name of institution, city), email and phone number. Co-authors: (Surname initials)
- *Title:* It should be short and indicative of the research paper.
- The abstract should have an Introduction, Aims and Objectives, Materials and method, Results and Conclusion (total no. of words should not exceed 300),
- *In case report* - Introduction, Case history, Discussion (discuss rationale for decisions that were made and the lesson from the case), Conclusion (total no. of words should not exceed 250)
- Font size standard Times New Roman 12, single line spacing. Use only standard abbreviations. Place special or unusual abbreviations in parentheses after the full word appear first time.

The abstract should be in MS Word file. Paper should be original and authentic work of author and it should not have been presented in any forum or published in any journal/media. Only one abstract will be accepted per presenting author.

All abstracts submitted as case report will be eligible for poster presentation only.

The abstracts submitted as case series will be reviewed by scientific committee for oral or poster presentation and informed accordingly to the presenting author.

The last date for submission is **15/10/2025**

Please mail the abstract to **obsandgynaeupdate2025@gmail.com**

**Paper presentation:** The time allotted for paper presentation is 5 minutes followed by 2 minutes of question answer session. The presentation should be in MS-Power point 16:9 layout in PPT format.

**Poster presentation:** The dimensions of the poster panel in portrait format are 90 cm wide x120 cm high.

**Quiz guidelines:** One team of two residents per institution is allowed. **Last date for confirmation of participation in quiz is 25th October 2025.**

**Award category:** 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> cash prizes in junior resident category and senior category each would be given for paper and poster. Top three teams would be awarded cash prizes in Quiz.

**\*Presenting author and quiz participants should be registered for conference**

*For More Information Please Contact Us-*

**DR RUCHICA GOEL**  
M.: 9997779691

**DR AYUSHI SHUKLA**  
M.: 7798230541

**DR NIVEDITA GUPTA**  
M.: 7765083303

## NEARBY TOURIST DESTINATIONS



### **NAINITAL** (Distance from Bareilly - 130 km)

Situated amidst Kumaon Hills and blessed with beautiful lakes Nainital has earned the epithet of "Lake district of India". It is known as paradise for tourists because of its beautiful landscape and serene surroundings.

### **RANIKHET** (Distance from Bareilly - 170 km)

Ranikhet, widely known as "Queen's Meadow" is a scenic hill station of Almora district. According to folklore, Queen Padmini of Kumaon region once visited the town. The places to visit are Jhula Devi Temple, Binsar Mahadev, Kumaon Regimental Centre Museum and Memorial.

### **ALMORA** (Distance from Bareilly - 175 km)

Almora is a picturesque district in the Kumaon region, in the state of Uttarakhand. Almora with a breathtaking panoramic view of Himalayas is a town bustling with activity and a rich cultural heritage history, unique handicrafts, sumptuous cuisine and magnificent wildlife.

### **CORBETT PARK** (Distance from Bareilly - 130 km)

Jim Corbett National Park can be fittingly called the paradise of Tigers for the fact that it holds a large population of tigers in its breathtaking landscapes that consists of different varieties of flora and fauna. 'Jim Corbett National Park' was the first national park of India, which was established in 1936 in the hill state of Uttarakhand in Northern India.



*Glimpses  
of  
Bareilly*



## ABOUT THE INSTITUTE

Shri Ram Murti Smarak Institute of Medical Sciences, Bareilly, a mission conceptualised in year 2002 is the most modern 1200 bedded multi super speciality tertiary care hospital and a medical college, catering for health needs in a radius of 250 kms of Bareilly zone reaching up to farthest border towns of Uttarakhand and Nepal. The Medical College (recognized by Ministry of Health, Govt. of India and approved by NMC, New Delhi, offers Undergraduate (MBBS), Postgraduate courses in all departments along with super speciality courses in Neurology and in Neurosurgery.

The institute in twenty three years of its establishment has grown multi fold in terms of facilities, expertise and medical education. It is the only medical college among the self-funded ones to house one of the best medical technologies available in the country for diagnosis and intervention. Among them are 3 Tesla 48 channel MRI, 256 Slice Dual Source CT Scan, High Energy Linear Accelerator, HDR Brachytherapy along with 19 ultramodern fully equipped modular laminar flow OTs, SICU, ICU, ICCU, NICU, PICU, Cath lab with DSA and SSI Mantra Surgical Robotic system, supported by high tech computerized clinical labs and blood bank with component separation facility.

## DEPARTMENT OF OBSTETRICS & GYNAECOLOGY

The department of Obstetrics and Gynaecology has been an integral part of this institute since its inception. We provide evidence-based treatment according to standard guidelines and cater as a tertiary care referral centre for wide area population in the Rohilkhand region. Our team of dedicated doctors handle life-threatening emergencies, unprecedented number of deliveries even in unearthly working hours with ease and expertise. We are one of the most active departments of this institute running specialized clinics in high-risk pregnancy, infertility, reproductive medicine & IVF, endocrinology, family welfare, cosmetic & urogynaecology, gynaecological cancer and menopause under the able guidance of proficient obstetrician and gynaecologist, oncologist, fetal medicine & reproductive medicine specialist. Department is also a nodal centre for Regional Resource Training for doctors working in FRU/PHC/CHC and a secretariat for western UP chapter of Indian Fertility Society.

