



HMC 8 CREDIT HOURS GRANTED

IFS HARYANA PRESENTS

FERTICON 2026

(FORM BASICS TO ADVANCE)

21-22 MARCH

Heritage Villages Resort
& Spa Manesar, Gurgaon.



DR. (COL) PANKAJ TALWAR
VSM PhD
PRESIDENT, IFS



DR. (PROF) SHWETA MITTAL
GENERAL SECRETARY, IFS



DR. NEENA MALHOTRA
PRESIDENT, IFS



DR. SEEMA MITTAL
ORGANISING CHAIRPERSON
IFS HARYANA CHAPTER



DR. NITASHA GUPTA
ORGANISING SECRETARY
IFS HARYANA CHAPTER



DR. POOJA
TREASURER
IFS HARYANA CHAPTER





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FERTICON 2026

CALLING OUT FOR ABSTRACT SUBMISSION

LAST DATE : 10th MARCH 2026

21-22 MARCH

Heritage Villages Resort
& Spa Manesar, Gurgaon.

ABSTRACT THEMES :

- > FEMALE INFERTILITY, PCOS, ENDOMETRIOSIS
- > MALE INFERTILITY AND IUI
- > FERTILITY ENHANCING SURGERY [ENDOSCOPY PROCEDURE]
- > IVF PREGNANCY
- > STEM CELL & REGENERATIVE MEDICINE



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GENERAL SECRETARY, IFS



DR. NEENA MALHOTRA
PRESIDENT, IFS

ORGANISING TEAM



DR. SEEMA MITTAL
ORGANISING CHAIRPERSON
IFS HARYANA CHAPTER



DR. DIVYA SARDANA
ORGANISING SECRETARY
IFS HARYANA CHAPTER



DR. NITASHA GUPTA
ORGANISING SECRETARY
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INVITATION

Dear Friends,

It is with great pleasure that we extend to you a warm invitation to the upcoming FERTICON 2026, focusing on pivotal advancements in women's health on 21-22 March 2026 at Heritage Village Resort & Spa Manesar, Gurgaon.

Building upon the success of our previous initiatives, this conference marks another significant step forward in women's healthcare. The event will spotlight innovative and essential topics, including hands on workshops.

The scientific program has been thoughtfully curated to explore a wide spectrum of these emerging fields. We are honored to welcome an esteemed speakers, along with expert panel discussions and interactive sessions designed to foster engaging dialogue and shared learning.

Your presence would greatly enrich our discussions, and we look forward to the opportunity to reconnect and collaborate. We eagerly anticipate welcoming you.

Warm regards,

Team IFS Haryana

Dr. Seema Mittal, Dr. Divya Sardana, Dr. Nitasha Gupta





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SCIENTIFIC PROGRAM

ANDROLOGY & IUI WORKSHOP (Utsav 4 Hall) DATE: 21 MARCH 2026

- Understand and interpret semen analysis according to World Health Organization reference standards.
- Perform and report a complete semen analysis (count, motility, morphology, vitality) with quality control.
- Apply semen preparation techniques (swim-up and density gradient) for optimal sperm recovery.
- Identify clinical indications, patient selection criteria, and timing strategies for IUI cycles.
- Demonstrate step-by-step IUI procedure protocol while maintaining asepsis, documentation, and patient safety.
- Meet the experts 1-3pm

CONVENORS: DR. SHALU GUPTA, DR NITASHA GUPTA

CO-CONVENORS: DR. YOGESH KUMAR, DR. VIKRAMJEET

TIME	WORKSHOP TITLE	SPEAKER
03:00 – 03:10 PM	Introduction to the Workshop	Dr. Shalu Gupta
Chairpersons: Dr. VikramJeet, Dr. Ellora Das Gupta		
03:10 – 03:40 PM	Patient selection and Ovulation Induction Protocols	Dr. Pikee Saxena
03:40 – 04:00 PM	Sperm: Preparation & Washing Technique	BRIG. Sunil Takiar
Chairpersons: Dr. Sandhya Mittal Dr. Suman Sourot, Dr. Nitika Gupta Jindal		
04:00 – 04:20 PM	Tips & Tricks of IUI	Dr. Nitasha gupta
04:20 – 05:00 PM	Panel: Case Discussion: IUI Moderators: Dr. Neeru Thakral, Dr. Bhavna Aggarwal	PANELISTS Dr. <u>Neeti shree</u> Dr. Priyanka, Dr. Vineet Nagpal, Dr. Kunika Chechi, Dr. Santosh yadav, Dr. Pooja Sinha Dr. <u>Jyoti yadav</u>
05:00 PM– onwards	Hands on Training	Dr. Yogesh Kumar, Dr. <u>Shalu Gupta</u> , Dr. <u>Vikramjeet</u>
Take home message		Dr. <u>Yogesh Kumar</u>





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SCIENTIFIC PROGRAM

HYSTEROSCOPY WORKSHOP HANDS ON TRAINING (Utsav 1 Hall)

21 March 2026 Hotel Heritage resort, Manesar.

Training goals

- Understand the indications and contraindications for diagnostic and operative hysteroscopy
- Review uterine anatomy as visualised hysteroscopically
- Recognise common intrauterine pathologies (polyps, fibroids, adhesions, septum, endometrial hyperplasia)
- Understand instrumentation (rigid vs flexible scopes, resectoscope systems, energy sources)
- Perform safe cervical entry and uterine cavity distension
- Learn fluid management principles and prevention of fluid overload
- Early recognition and management of complications
- Meet The Experts 1-3 PM

CONVENORS: Dr Renu Mishra, Dr B B Dash

CO-CONVENORS : Dr Manishi Mittal , Dr Reema Goel , , Dr. Vatsal Thakral

TIME	WORKSHOP TITLE	SPEAKER
03:00 – 03:10 PM	Introduction to the workshop	Dr Manishi Mittal
	Chairpersons	Dr Alka Yadav , Dr Ritu Sethi , Dr Richa Kansal
03:10 – 03:40 PM	Equipment and instrumentation in hysteroscopy (25 min + 05 min discussion)	Dr Renu Mishra
03:40 – 04:10 PM	Negotiating difficult cervical canal (25 min +5 min discussion) Video session	Dr B B Dash
04:10 – 04:20 PM	<ul style="list-style-type: none">• From the desk of Novice	Dr Vatsal Thakral
04:20 – 05:00 PM	Panel discussion with video case presentation <ul style="list-style-type: none">• Moderators : Dr Ritu Jain Dr. Nisha Aggarwal	Panelists Dr Kiran yadav Dr Leena Yadav Dr Meenakshi Chauhan Dr. Anubhuti Singla Dr Manishi Mittal Dr Reema Goel Dr Anu Sidana
05:00-05:15pm	Question Answers	
5:15 PM onwards	Facilitators for Hands on :- Dr Renu Mishra ,Dr BB Dash	
	Concluding Remarks	Dr Reema Goel





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OOCYTE PICK UP (OPU) AND EMBRYO TRANSFER (ET) (Utsav 2 Hall)

21st March 2026

Training goals

- Learn how to identify and locate key anatomical structures.
- Practice how to safely puncture, efficiently aspirate the follicular fluid.
- Develop motor and coordination skills required to perform the procedure with a team.
- Correct ET technique with minimal trauma and manipulation.
- Navigating in difficult situations arising at OPU and ET.

Meet The Experts 1-3 PM

CONVENORS: Dr Meenakshi Dua , Dr Abha Khurana

CO-CONVENORS: Dr Sarita Choudhary, Dr.Veenu Kadian

Time	Topic	Speaker
1-3pm	Meet the experts	
3-3:10pm	Introduction to the workshop	Dr <u>Meenakshi Dua</u>
Chair persons: Dr Anju Yadav, Dr <u>Nisha Aggrawal</u>		
3:10-3:30pm	OPU <u>Procedure</u> - instruments, Setup & coordination, Technique	Dr <u>Umesh Jindal</u>
3:30-3:50pm	Navigating Ovary in difficult situations: POR, PCOS, <u>Endometriotic cyst</u> , ovary post to uterus, mobile ovary	Dr Renu <u>Tanwar</u>
3:50-4:10 pm	After OPU Checklist & Complications	Dr Rashmi Sharma
Chairpersons: Dr. Kiran Arora, Dr. Prachi Benara, Dr. Jatinder Chaddha		
4:10-4:30 pm	ET Procedure - Prerequisites, instruments, and technique	Dr <u>Puneet Arora</u>
4:30-4:50 Pm	ET in difficult different scenarios- RV uterus, Pulled up <u>ut</u> , cervical stenosis/negotiations	Dr <u>Abha Khurana</u>
4:50 -5:05pm	Question & Answer session	
Facilitators for Hands on workshop: Dr <u>Meenakshi Dua</u>, Dr <u>Veenu Kadian</u>, Dr <u>Sarita Chaudhary</u>		
05:05pm - onwards	Hands on training session	
	Take home message	Dr <u>Veenu Kadian</u>





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MAIN CONFERENCE AGENDA (Sabha Hall)

DATE: 22 MARCH 2026

TIME	TOPIC	JUDGES
08:30 – 10:00 AM	Free Papers Presentations (UTSAV 4 HALL)	Dr. Sunil Takiar, Dr. Savita Singhal, Dr. Nupur Sharma, Dr. Kunika Chechi, Dr. Nikita Naredi, Dr. Manishi Mittal
TIME	TOPIC	SPEAKERS
10:00 – 10:30 AM	Medical Management of Azoospermia	Dr. Vineet Malhotra
Chairpersons: - Dr. Nupur Sharma, Dr. Surender Yadav, Dr. Jyoti Gupta, Dr. Ritu Sharma		
TIME	TOPIC	SPEAKERS
10:30 – 10:50 AM	Basic Ultrasound Assessment of an Infertile Woman	Dr. Poonam Bajaj
Chairpersons: Dr. Santosh Yadav, Dr. Savita Singhal, Dr. Anvika Bansal, Dr. Himanshu Lall		
TIME	TOPIC	SPEAKERS
10:55–11:20 AM	Road Map to Advanced Imaging Techniques in Infertility	Dr. Reeta Mahey
Chairpersons: Dr. Suman Bishnoi, Dr. Vandana Narula, Dr. Atesh Singh, Dr. Pooja Sinha, Dr. Krishna Dahiya		
TIME	TOPIC	SPEAKERS
11:25–11:55 AM	Conventional Ovarian Stimulation	Dr. Abha Mazumdar/ Dr. Bhawani Shekhar
Chairpersons: Dr. Nisha Aggarwal, Dr. Neeru Thakral, Dr. Pooja Sarana, Dr. Kapil Lall		
TIME	TOPIC	SPEAKERS
12:00–12:30 PM	Nonconventional Ovarian Stimulation Protocols	Dr. Nikita Naredi
Chairpersons: Dr. Beena Muktesh, Dr. Neerika Sobti, Dr. Rupali Bassi, Dr. Parvita Sardana		
12:30–1:15 PM – INAUGURATION		
1:15–1:45 PM–LUNCH		
TIME	TOPIC	SPEAKERS
01:50–02:10 PM	Balancing ACT : The Synergistic effects of rFSH and LH in Ovarian Stimulation.	Dr. Meenakshi Dua
Chairpersons: Brig. (Dr.) Sunil Takiar, Dr. Promila Malik, Dr. Neeru Kiran, Dr. Rashmi Sharma		
TIME	TOPIC	SPEAKERS
02:15–02:45 PM	Artificial Intelligence in Infertility	Dr. Pankaj Talwar
Chairpersons: Dr. Prabhjot Kaur, Dr. Anita Kant, Dr. Meenakshi Chauhan, Dr. Kiran Chandra		
TIME	TOPIC	SPEAKERS
02:50–03:10 PM	IVF failure at a glance : Experience of every clinician managing IVF Lab	Dr. Seema Mittal
Chairpersons: Dr. Nikita Naredi, Dr. Divya Sardana, Dr. Aitabh Shukla, Dr. Anubhuti Singla, Dr. Pooja Dahiya		
03:15–04:00 PM	Managing endometrium in IVF cycle Panel discussion Moderator: Dr. Sweta Gupta, Dr. Sonu Balhara	PANELISTS: Dr. Beema Goel, Dr. Anshu Yadav, Dr. Astha Chakraborty, Dr. Rita Bansiwal, Dr. Jatinder Chaudha, Dr. Rakhee Malhotra, Dr. Rachita Munjal, Dr. Nandini Jain EXPERTS Dr. Jyoti Malik Dr. Shalu Gupta, Dr. Divya Sardana
04:00–4:30 PM	Embryology debates: IVF vs ICSI – Dr. Pooja Awasthi, Dr. Sarabpreet Blastocyst Vitrification and FET vs cleavage stage Vitrification, extended culture and subsequent FET - Dr. Parul Garg, Dr. Sanjeev Maheshwari	EXPERTS Dr. Pankaj Talwar, Dr. Neeru Thakral
4:30–5:15 PM	Improving IVF outcomes in poor responders Panel discussion: Moderators: Dr. Umesh Jindal, Dr. Leena Wadhwa	PANELISTS: Dr. Dr. Jaya Sharma, Dr. Sarita Chaudhary, Dr. Sakshi Bansal, Dr. Veenu Kadian, Dr. Ritu Yadav, Dr. Aakriti Aggarwal, Dr. Ellora Das Gupta, Dr. Jyoti Malik EXPERTS Dr. Ritu Jain, Dr. Abha Khurana
05:15 PM ONWARDS– FELICITATION		





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REGISTRATION FORM

Name of the Member. :
 Designation :Mobile:
 Address:
 CityState:
 Pin :Email Id

REGISTRATION FEE

	EARLY BIRD	SPOT REGISTRATION
<input type="checkbox"/> ANY ONE WORKSHOP AND CONFERENCE	3500/-	4000/-
<input type="checkbox"/> WITH ACCOMMODATION	11000/-	12000/-
<input type="checkbox"/> ACCOMPANYING PERSON	8000/-	10000/-
<input type="checkbox"/> PG STUDENT	1800/-	

LINK

<https://forms.gle/NK2fmnxcbGLtw4Qp8>

FOR REGISTRATION

ACCOUNT NAME :
 IFSC CODE : UTIB0000707
 A/C NO. : 918010057398876
 NAME : INDIAN FERTILITY SOCIETY
 FORUM BANK : AXIS BANK LTD

(PLEASE SHARE SCREEN SHOT TO THE NUMBER BELOW)

For Registration Please Contact;

For Any Other Queries:

Mr Manjeet : +91 812 760 4172

Dr Seema Mittal : +91 941 603 1985

Scan QR Code & make this payment



UPI ID: manjityadav119-3@okhdfcbank

